

# Gazetta Del Carre's



Issue 8 March 2008 Carre's Grammar School Sports College Sporting Newsletter

## Cup run comes to an end in Liverpool



**Carre's Grammar School 1<sup>st</sup> XI squad**

**Back row: Mr Wilkinson, Joe Braithwaite, David Sampson, Tom Siddons, Josh Bryan, Dom Fieldhouse, Tom Ward, Gareth Tomlinson, Joel Barlow and Mr. Cossins**  
**Front row: Liam Hargreaves, Will Allen, Paul Crampton, Ali Godbolt, David Broadbent, Chris Bates, Jonny Green, Ben Thompson, Michael Neaverson and Damon Tunnicliffe**

### **National Cup Quarter Final Maghull High School vs. Carre's Grammar School 1<sup>st</sup> XI**

Carre's Grammar School's dreams of reaching a third semi final in four years were shattered as they went down 3-2 at the hands of Liverpool's Maghull High School.

After knocking out the highly rated Lutterworth Grammar School, many thought it was Carre's' year to go on and lift the cup and they travelled down to Liverpool in high spirits. Carre's had almost a fully fit squad to choose from, with Ben Thompson the only absentee. Ben Elkington was carrying a slight knock but was considered fit enough to start the most important game of the season. The game's first real chance fell to Dom Fieldhouse from a corner but he fluffed the opportunity and his shot went wide. The centre half wasn't going to be deterred though and from the very next corner he made no mistake in volleying the ball into the top corner from the near post to give Carre's the lead. Maghull rarely threatened Tom Maplethorpe's goal, with Chris Bates' clearance off the line their best opportunity, and when Tom Siddons found himself through on goal, he coolly side footed home to put Carre's very much in the ascendancy. Carre's had chances to go in at half time three goals to the good but Tom Ward was perhaps not the first person you would want the ball to fall to eight yards out, and he duely sliced the ball past the far post.

With the score 2-0 at half time, no-one could really see how Maghull could get back into the game and the next goal was crucial. The home side came out after the break full of energy and determination to get the next goal and they did so in extraordinary circumstances. Maghull's central midfielder picked up the ball 40 yards out and smashed it into the top corner. The goal put Carre's very much on the back foot and it looked as if they would need something special to regain their two goal lead. However it was the Maghull's central midfielder that was to provide something special; for the second time in the game. The talented number eight curled the ball past the helpless Tom Maplethorpe from 30 yards to the astonishment of the Carre's players and staff. Maghull had all the momentum and it didn't take the home side long to take the lead for the very first time. A Carre's attack was broken up and Maghull swept down the right hand side and a brilliant cross was met firmly by the number nine's head to send Maghull delirious. There didn't seem to be a way back into the game for Carre's and although the Carre's management did their best to raise everybody's heads a feeling of dejection was flooding through the team towards the end of the match.

When the final whistle was blown, Carre's players sunk to their knees, but their achievements for the season shouldn't be forgotten.

### **Message from the manager**

It is with huge disappointment but great pride that another glorious 1<sup>st</sup> XI soccer national cup run came to an end at the quarter finals stage. All staff and squad members stayed overnight at the Swallow Hotel in Preston in true Champions League style preparation for the big game in Liverpool. Training on a Monday night under the floodlights throughout the season had been great for fitness and tactics and the players were at their best throughout the game. Despite controlling possession for much of the game two fantastic (lucky!!) shots and a header flew into the top corner and we ended up losing 3-2.

This has been the fourth season in a row that Carre's have got to at least the last 16 stage, with two semi finals included. We are still the only school in Lincolnshire to have ever reached the last 32!!!

It has been a brilliant season and the students have represented the school superbly. All players should be very proud of their achievements and the way they have conducted themselves all year. BRING ON NEXT SEASON!!

**Bosworth College (Leicester) 1 – 3 Carre's  
Carre's 3 – 0 Countesthorpe College  
(Leicester)**

**Garibaldi School (Mansfield) 3 – 5 Carre's  
All Saints High School (Sheffield) 2 – 3  
Carre's**

**Marlborough School (St Albans) 2 – 5  
Carre's**

**Lutterworth Grammar (Leicester) 1 – 3  
Carre's**

**Maghull High School (Liverpool) 3 – 2  
Carre's**

## Year 11 Football Carre's v St. George's

The game between the two teams produced high expectations from both schools, and the players didn't let them down. The match was played in quite a strong wind and it made it difficult when heading and kicking in the air. The match was not at all one sided, both teams had chances, but most were sent wide or saved by the keepers. The match started off at a high tempo and both teams were winning the ball and passing it around the pitch with ease. Carre's were winning the ball almost every time in the air, but St. Georges were a bit more commanding on the floor.

The first chance for St. George's came when a neatly placed ball was put over the left back, where the striker latched onto it, just to see it saved but also to realise he was offside. The first chance for Carre's came and went, when the St. Georges keeper just didn't seem to be easily beaten. However on one of the attacks Carre's were successful, a ball in from the left from Callum Faulder saw the ball go to the back of the six yard box where Sam Burrows was only too happy to see it into the back of the goal from a well placed header. However there was confusion with the linesman, Tom Mapeltoft, as he had raised his flag for an offside. The offside was from a person who was further forward than Burrows, and the ref overruled the offside as the player was deemed not to be interfering with play.

St. George's were quick to reply in testing the Carre's keeper. Another well placed ball over the left back saw a shot fly just over the bar. Play went on in the first half, with both teams playing good football and creating good opportunities but failing to capitalise. In the second half the wind was going against Carre's which made it difficult to clear the ball as St. George's started to push on the Carre's defence, but credit to, Best, Bicknell, Faulder and Monson for keeping a solid line.

Throughout the second half both teams were creating chances; Carre's saw strikes from Wattam and Pollard saved by the keeper. St. George's took advantage of the wind and wherever possible they were shooting from the edge of the 18 yard box but just to see them saved. The last real move of the game was when St. Georges put a through ball to one of the strikers who was in on goal, closely followed and well pressured by Steele the striker hit it producing a game saving save from Chambers. The overall standard of the game was high and was good to watch, but also it was a good last match for the year 11's. The man of the match was given to yours truly, Chambers.

## Yr 9 Rugby Game Vs Bourne Grammar.

We had played Bourne Grammar twice this season so far. We had won one and lost one so this was the decider. It was a grudge match and we all really wanted to win. We were playing some good rugby in the forwards and the backs. We were tackling well and their strong runners hadn't yet broken through our defensive line.

After a good run from Ollie Watts our forwards rucked over and we kept possession of the ball. Andrew Loadman got the ball and went on a good run down the wing breaking through some tackles for our second try. The forwards were playing well and we were driving Bourne off the ball in the scrums and rucks. From some quick penalties we got some good runs and the whole team was playing extremely well despite us giving away lots of silly penalties, quite a few of which were debateable decisions. Ade Aguinaldo made an extremely good dump tackle on their inside centre which made their whole team want to not get the ball near him. George Seabrook got a held up try from a good offload from Connor Holmes just before the end of the half.

At half time we were feeling very confident and looking like we were going to beat Bourne comfortably. We came on in the second half and we could tell that they really wanted to win it. In the beginning of the second half they got two good tries in the first 15 minutes. During these 15 minutes we were still playing well but we were just giving the ball away too easily and not working as hard as we were in the first half. They got their third try from a lucky interception ten metres away from the line. This put them further in the lead and they also got their conversion, but we had missed an earlier very hard conversion. This meant we needed more than a converted try to win. We were all very angry that we had let them get in the lead and were determined to get a try back. With this anger there were some extremely good tackles from Will Britten, Andrew Loadman and George Seabrook. We were on about the half way line when Ade got the ball and broke through the line. He was tiring but just managed to make it to the line with his speed before he was tackled. We got this conversion which meant we were just two points behind. It was the last play of the game after the restart so we needed some points. Andrew Loadman went on a good run down the wing but was unfortunately tackled. We gave away a knock on then from their scrum they kicked the ball straight out into touch so it was the end of the match.

Final score was 21-19 to Bourne Grammar after a very good and close match. Everyone played well but the stand out performance was from Ade Aguinaldo for some big hits and two great tries.

## Carre's 3<sup>rd</sup> XI v Skegness 3<sup>rd</sup> XI

Keen to reverse a 4-1 score which occurred last time the two teams met, Carre's were determined to win what may turn out to be their last game for the school. Initially, Carre's looked shaky with the absence of their captain and top scorer and midfield dynamo Danny Hill. However, they defended stoutly and spurred on by a large crowd (ten or so) they were determined to not concede any chances to the away team. Kev Lloyd was putting his punishing tackles in left, right and centre while up front Fred Allen and Chris Ireland were causing the Skegness defenders trouble whenever they got the ball. On a pitch lacking in width, long throws were causing many problems but strong defensive headers kept the goal intact. Skegness were looking most threatening from set pieces with some quality deliveries causing the Carre's defence many problems. However against the run of play, Carre's took the lead half way through the first half. A throw in from the right led to a missed clearance which fell to Kev Lloyd. From 20 yards, he took a touch to control the ball before expertly finding the bottom corner, not giving the Skegness goalkeeper any chance. Carre's raised their game after this, and after switching to a 4-3-3 formation they started to take control of the game. The Skegness defence were starting to look disorganised with the three men up front, and Carre's took advantage of this when Liam Sylvester broke through to put Carre's in control. H/T 2-0

After a reshuffle from the Skegness team they put Carre's under a lot of pressure in the second half. Carre's were unable to keep the ball like they had done in the first half and Skegness were starting to put the pressure on from the set pieces. However goalkeeper Paul Fawcett was determined to keep a clean sheet, and was performing with that aim in mind. The Carre's midfield were looking disorganised so Ross Mawson came on for his first and last appearance this season. Daniel Hutson was clearly missed for his strength upfront and when Phil Smith decided to make a dangerous tackle in the box, and got it completely wrong, Skegness had a chance to get themselves back in the game. They converted the penalty to put Carre's under even more pressure. However Carre's were determined to win the game, so with a mix of excellent defending and some poor finishing, they held on to deservedly win the game. F/T 2-1

## Boston Grammar v Carre's 2<sup>nd</sup> XI – 6/2

After an excellent performance in their previous game against Horncastle, the Carre's 2<sup>nd</sup> XI were brought back down to earth with a poor performance against a decent Boston Grammar team, with the teams playing out a 1-1 draw back in 2007. With Damon Tunnicliffe and Joel Barlow playing for the first team a defensive reshuffle was needed, so Liam Atkins dropped in at centre back and Josh Bryan starting at left back. Carre's started like they were still on the bus and their problems were increased when Atkins had to go off injured, meaning Ollie Smith partnered Nick Keeble in the centre of defence. Playing into a strong wind, the first 20 minutes was the worst the team has played all season, with the team being 4-0 down after this period. However 4-0 certainly flattered the home team as two of the goals looked offside, but with no linesman the goals were given. This seemed to anger the team and spur them into life, with Liam Hargrave having a header saved from a corner. The team continued to press, and after Rob Titmus beat a defender, his shot was too hard for the keeper to handle, and Chris Ireland easily finished the rebound. Carre's kept pushing forward, but on a Boston counter attack, the Carre's defence seem scared to make a tackle, allowing a Boston player free on goal to score. This was the last action of the first half. H/T 5-1

The second half saw Carre's playing with more confidence and conviction, but a lack of finishing meant that Carre's were never really able to get themselves back into the game. Liam Sylvester, a half time substitute had a chance early on, but unfortunately he showed his rugby experience by blazing over the bar – 3 points! Rob Macdonald then hit the bar from a tight angle and no matter how hard the team tried they just couldn't seem to find a way to score. Nick Keeble went up front for the last twenty minutes, and to his credit created himself three good chances. However, despite one of them being an open goal he conspired to miss all of them. The second half performance showed that Boston were no better than Carre's, but the damage had already been done. Josh Bryan had a decent attempt from a free kick and Liam Sylvester shot over again (surprise) so when the game finished Carre's had lost 5-1, but the second half performance was encouraging and showed the teams character. F/T 5-1



**Ben Clarke practices his Tae Kwon Do kicks**

## **Carre's Grammar VS Kings School**

On Thursday 13<sup>th</sup> December Carre's Grammar played a football match against Kings, which we lost 6-2.

It was a disappointing loss as it was the last Cup we were in. Carre's went 5-0 down at half time but in the second half Jack King and Jack Ede put away two goals for us, but then later in the game Kings school scored again to make the score 6-2.

We were all disappointed with the team's performance, but we were a little better in the second half. We were defending and attacking well in the second half, shame we didn't start off like that or we would have been in with a chance of winning. None of us thought we had played our best right from the start and it ended up with a loss, Carre's didn't deserve to win because Kings were the better team.

Carre's are all disappointed that we are out of the County Cup let alone the National Cup, so we will have to wait until next year.....when we will definitely win!!!

## **Ben Clarke Tae Kwon Do**

I started Tae kwon-do 6 years ago really just for some more self-confidence. It offers so much more. It has given me flexibility, coordination, balance, a quick mind, the ability to judge distance accurately, control, focus, timing as well as self confidence and fitness. I have worked my way up through the grades without failing a single grading.

In October, I travelled over to Bristol on Saturday with my family to do my black belt grading at the Bristol Academy. This was a very nerve-racking experience as I had to perform in front of 6 grand masters, which was a new experience for me. The day started with me having a good old bowl of coco-pops at the Travel Lodge. We then got in the car and drove to the Academy. When we got there my heart was pounding. We went up to the grading hall and got split into 11 groups of 12; I was in the 3<sup>rd</sup> group. The groups were sent up in 2's so I had a little break before the grading started. My group got called up, whilst the groups 1&2 were grading, to do terminology with 2 masters. I got through this without much of a problem and this sort of settled my nerves. We then went in to do our practical in front of the panel of judges. My nerves were somewhat made worse by the fact loads of instructors were at the back. The entire grading was over in a flash because of a cocktail of nerves and adrenaline. I really can't remember all that much of the grading apart from the massive weight being lifted up off my shoulders. An entire 3 days had passed before I knew the results. On the Tuesday afternoon, I received a phone call from my instructor, Miss Jill Pearce 5<sup>th</sup> degree black belt, that I had passed. This was the best feeling I'd ever had.

On the 17<sup>th</sup> of November I took part in the Lincolnshire open championships to compete for the first time as a black belt, having competed before at British, Midland and local championships as a coloured belt. I competed in 4 events: individual patterns and sparring as well as team patterns and sparring. After a long wait for the championships to start the competition finally got underway. My individual black belt patterns were my first event. I just missed out on the podium by a single point as I finished joint 4<sup>th</sup> with a total score of 16. Up next was the individual sparring. I was beaten in the semi-final by the eventual winner. It was a close fight until the end where I conceded some cheap points. But I made the podium and received a bronze trophy. After my individual events there was a long wait until the team events began. The team patterns were up and I was in a team of 3 with Patrick Devlin (1<sup>st</sup> degree black belt he also goes to this school) and Subrina Fernandes (1<sup>st</sup> degree black belt). We were amazing in my opinion and made the 3<sup>rd</sup> place play off with 3 other teams. We had to perform again this time it was even better and we got a better score than the other teams in the play off, giving us the place on the podium. Next up, team sparring. I was in a team with my brother and his friend who, as of yet, are not black belts. We won our first fight by a huge 22-7 which was more than the limit so they had to keep count my tally. And then we got to the final where we lost by a narrow 13-9. Bearing in mind this team had to sparring champions in I believe we were slightly amazing.

And so the day ended with me leaving with 2 medals and a trophy. I really do recommend joining Tae kwon-do as it is so fun and rewarding. If you are interested go onto [www.tkdclubs.com](http://www.tkdclubs.com) and find a club near to you and work your way to success.



# International Sport News

In late January, eight year 11 students, accompanied by Mr Garnett and Mr Young, travelled to Carre's Grammar School's paired school in Senegal. The trip was the latest stage of the 'Dreams and Teams' programme, led by the Youth Sports Trust which aims to raise cultural awareness in school children of all ages across the world. The boys were involved in a variety of tasks, varying from cultural presentations to organising a sports festival. They took part in school lessons and presentations but still found plenty of time to get soundly beaten in a few internationally flavoured games. The reports of these games can be found below, written by members to the D & T programme. Further pictures can be found on the schools 'work' drive in the 'Senegal Pictures' folder. Any year nine or ten students who wish to become part of the 'Dreams and Teams' group can see Mr. Garnett or Mr. Young for further information.

## Cricket By Oliver Guillaitt

When we first thought of sports to teach in Senegal, we had to think of something authentically English. What better then, we thought, than the truly English game of cricket. So, we got the equipment (kindly donated by my Grandad) and set about on a sunny afternoon in Senegal at the National Sports Centre, teaching around 15 of our Senegalese peers this wonderful game.

Mr Young led the group, teaching everybody the arts of bowling, batting and fielding. It was great to see how quickly all of our friends from Senegal picked up, the skills of the game. The concepts of bowling with a straight arm and the general idea of batting with a 'straight' bat are hard enough for many English people to pick up but within an hour they all seemed to have got the general idea. In fact it was enjoyed so much that the hour long cricket lesson lasted for nearly two hours and the enthusiasm was amazing.

In fact, it was enjoyed so much that a match was arranged for later in the day. We split up into mixed teams that evening and spent a good hour having an enjoyable game of cricket rounders which came down to the last two balls of the match. Two rounders were needed and George Grant managed the first but was unable to repeat the feat with the final ball and his team lost by one run. All in all it was a great day, enjoyed by all and it was wonderful to see everyone united by sport. Indeed there were even some good looking players from Senegal and I know they are intending to carry on the game at their school so who knows what this first little session may lead to in the future...

## Football by Jack Beaumont

The game started out with optimism, as the Senegalese had been so friendly and we thought their football would be the same. They quickly changed our minds and played in a ruthless manner. As a result, we went one down within the first 5 minutes, having said that, this wasn't helped by some dubious refereeing and the high skill of the opposition. For the first half everything went Senegal's way. We had trouble keeping hold of the ball and attacking. The Senegalese capitalised on our poor attacking and slotted another 3 home by the end of the second half. However, we did manage to get a goal late in the second half scored by Stewart Anderson to give glimmer of hope.

We went out for the second half 4-1 down and determined to catch up. We kept pressure in their defence and on any ball carriers as a result, we managed to claw another goal back thanks to some poor keeping and some cool skills by Oliver Guillaitt, making the score 4-2. Due to the constant pressure their defence crumbled, and Mr Young managed to score two goals in quick succession levelling the score. However, it was not long before we were on the defensive again and Senegal had slotted another one passed keeper Jack Beaumont. We tried a counter attack after counter attack, but they came to nothing, meanwhile Senegal scored their final goal. The whistle blew and the match ended 6-4 to Senegal.

Mr Young was not happy, and arranged a rematch the following night. Which resulted in a 2-1 win on penalties for Carre's.

## Basketball By Sam Mason

It was a hot sweltering afternoon, the crowd gathered; you could feel the anticipation and both teams were ready to go... In reality both teams were shooting at their respective baskets. Carre's were easily missing their lay-up lines whilst watching in awe as Allou hit fade away after fade away. We had 5 members of our usual basketball team playing and felt like we should give them a good game.

The game started, and Carre's should have been a number of baskets ahead. However, with easy lay-ups being missed and bad defence, we went into the break slightly behind. At half time we brought on our big guns, the regular basketball players Jack Beaumont and James Clark, they showed their superior skills and we quickly went 10 points behind. However, the real reason for us being behind was that easy lay-ups were still being missed from our actual basketball players.

In the last 5 minutes the game started to swing, Carre's started playing better and managed to pull back the deficit so the game went to overtime.

With 2 minutes of overtimes to be played, it was on; the game was getting serious. With 20 seconds left Daouda was dribbling the ball upcourt and did the biggest double dribble I have ever seen in my life! Before he smartly passed it to Allou on the edge of the key, who turned and hit a perfect fade away. With time running out we managed to scramble the ball to Dagger, underneath the basket, who turned and gladly hit the lay up. The game was a draw.

It has to be one of the most tiring 22 minutes of basketball I have ever played in my life! I got the point where I needed water so badly I even chanced my arm and drank some of the killer water... Still, great fun!!



Sam Mason and Stuart Anderson try and explain the finer points of cricket to a Senegalese student.

# The Senegalese view by Sadibou Fall



Sadibou Fall, 2<sup>nd</sup> Ld

## Carre's and LANS, a successful story!

It is on Saturday, January 26th 2008 that our partners from UK came to Senegal . After having spent the night at Al Afifa hotel, in Dakar. On Sunday morning, they went to Gorée island which is a city that reminds the slave trade. That was the first day they met in Senegal Mr Diouf and Daouda Gueye.

We, the other members of the Dreams and Teams were waiting for them in Thiés and we were in a hurry to meet them. We met them at CNEPS thiés at 4. Unforgettable moments! That day Senegal was playing the African Nations Cup and we watched the match with our UK friends. We did not care about the score , due too Carre's presence .

Monday 28th, Mr Serigne Gueye and I went to collect them, then we went to our school. They were welcomed by the Headteacher and his staff. After visiting the school, UK students attended our classes with us. I was so happy to bring my pen friend Oliver Guilliat in our History and Geography class. Then, we visited Kaba Sall primary school, our partners, who work with us in our festivals. Afterwards, they joined the English Club and we performed a sketch for Jacques and his friends. After having eaten « thiebou dieune », fish and rice which is our national dish, we met our friends in order to plan festival.

Then, at 5 we went to Thienaba, a senegalese holy city, where the family of Serigne Ahmadou Ndack Seck lives.

The following day, Tuesday 29th, Sam and his friends attended p.e classes. In the afternoon, a cultural marketplace was organised in the school. We discovered things like their town, Sleaford , their money and currency , I even knew things about their Queen . After these enriching exchanges we played basketball, which was a draw .

On Wednesday morning we visited Malick Sy High School, with the assistance of their teacher, Mr Dioulde Ndiaye. At 3, John Garnett, Aminata Baldé, Mamadou Ndao, student at LANS, Georges Grant and Mr Diouf were the guests of a radio programme run by Abdou Aziz Diop, reporter at Sud fm. Just after the broadcast, the festival began at 4 p.m. A lot of fun and dance !

On Thursday 31st, we played a wonderful football match which we won, though Mr Diouf acted as their marabout and provided with some « xon », magic . But that defeat did not prevent them from teaching us how to practise cricket in the afternoon . Now we are ready to set up a senegalese cricket team as we were trained by our partners. Really James was a good teacher for us all and Garnett helped us understand better the message. On the 1st of february they went to visit the technical high school, Wafash's palais des arts and thiés arts center, where Dagga and his friends bought articles. Wheeler dealer !

Friday was the visit to the Marabout in Tivaouane, and we dropped at Tivaouane High School. Back to Thiés for a second football match, this time James and his team won, after penalties.

I did not want Saturday 2<sup>nd</sup> to come because if Saturday comes , Joe, Andy 2<sup>nd</sup> and their friends will go. But it came and we exchanged gifts, after speeches made by our headmaster and Mr John Garnett. Mr Ndiouck sport inspector at CNEPS was present and he also received a gift from Carre's . Some teachers attended the event, Assane seck and Serigne Gueye. The press interviewed John Garnett and Mr Diouf for radio news and the written press. After lunch, reporter Mr Mbouilla Diallo from dunya radio station interviewed James Young , Oliver Guilliat , Nathan Gunning and Sadibou Fall for a radio programme planned for Sunday and run by Mr diouf . At 4 p.m., Carre's people left CNEPS for Dakar with Mr Diouf, Mrs Aminata Baldé british council assistant and Daouda Gueye . Diouf and Gueye left the airport at 11 pm and came back to Thiés at 1 a.m. The happiness turned into sadness.



# District Cross Country



**Above left: Haran Dunderdale leads from the gun to win the Year 7 race. Above right: Eventual winner Matt Bee sets off closely followed by Josh Rea and Craig Miller in the Year 8 & 9 combined race. Below left: Ben Lambert and Sam McDonald dig in half way through their 6000m course. Below right: Ali MacPhearson is pleased to have crossed the finish line.**

It's that time of year again! The cold, grey days, when the weather doesn't know whether or not to rain, sleet or snow can mean only one thing – cross country. Having been through the selection process of house competitions held at school, twenty three Carre's students boarded the bus to travel to Burghley House, Stamford for the annual South Kesteven Schools Cross Country Championships. Students from all thirteen district schools took part in a variety of races in the lovely grounds surrounding the historical house and Carre's had one of the most successful years ever with two first places and a second in the three races we were involved with. Well done to all who competed.

Year 7 Name	Place	Year 8&9 Name	Place	Year10&11 Name	Place
Dunderdale	1	Miller, C	5	Dunderdale	2
Vince	6	Burke	11	Bevan	5
Cliffe	12	Mayfield	44	McDonald	14
Lamb	32	Bee	1	Lambert	25
Foard	16	Miller, J	6	Olowefela	38
Roe	21	Macpherson	29		
King	14	Rea	38		
Gadsby	60	Nurse	22		
Macpherson	33				
Titmus	31				



# County Cross Country Champions



A break in the January rain graced the County cross country course at Burghley house on Saturday 19<sup>th</sup>. Carre's had several students representing the South Kesteven District and achieved unprecedented success. Out of the three races entered, Carre's boys romped home first in two of them. Year 7 boys was won by Haran Dunderdale (below), whilst Matthew Bee (left) took gold in the Junior boys section. Matt now goes on to represent Lincoln at the Anglian round on Saturday 2<sup>nd</sup> February at Norwich. Well done to all who raced.



## Anglian cross country

The Lincolnshire cross country championships went extremely well for both Haran Dunderdale and Matthew Bee. Both won their races at Burghley Park by a reasonable distance with Haran producing a strong finish to bring home the win and complete the double for Carre's. The next stage was the Anglian championships being held at Norwich. The event consisted of the best runners in five counties. Each county did their version of the Lincolnshire champs so that the best 8 from each county would progress. The course was covered in snow meaning that many runners were slipping. This did not bother Dunderdale; he got a good start going up a slight incline, he then settled in with the leading pack of runners. Dunderdale sat in nicely until he reached the hill again, where he started to increase the tempo, he gradually started to pull away from the rest of the field eventually winning the race by a comfortable distance. Next up was Matt he to got a good start as well and then settled in with the runners. The tempo of the race was very quick which did not suit Bee awfully well. He worked hard up the hills and finished in 8<sup>th</sup> place. Unfortunately, Haran is not old enough to race at the English nationals, but Matt Bee will be going to Sefton Park Liverpool in March.

## District basketball Year 8



Year 8 Basketball team: Back row left to right: Chris Hill, Conor Steele, George Menzies, Jimmy Bower and John Twelvetrees. Front row: Bradleigh Picker, Jack Gourley ©, Jake Walker.



# Siddons scores for England



Carre's student Tom Siddons has received his first cap for England Schoolboys against Australia in January

Upper 6<sup>th</sup> student Tom Siddons is becoming something of a local icon of late, as he hopes to work his way into professional football following his recent selection for England U18 Schoolboys.

With football his chief passion, Tom has played since taking part at Fulbeck Mini-soccer at the ripe old age of 5, under the guidance of regional coaches, which provided him with the fundamentals that are now the basis of his game. However, it wasn't until U10s that he appeared in competitive football for Caythorpe & Fulbeck, playing 7-a-side in the Mid Lincs League. His progression into 11-a-side saw him progress further as he began to score goals at an even faster rate, catching the eye of Lincoln City, prompting them to take him on following a successful trial. At the age of 16, Tom gained a schoolboy scholarship, yet opted to leave in order to broaden his horizons and further his education, returning to the Sleaford Joint 6<sup>th</sup> Form. It was while he was playing for school that he chosen for county trials, then onto the trialist period which took place at the nationally renowned Lilleshall Academy.

On top of the former, the Manchester United fan is currently part of the schools flourishing first XI side (and has been since year 11), Caythorpe & Fulbeck U18s and Sleaford Town 1<sup>st</sup> XI in the United Counties Premier League. In addition, Tom displays sporting excellence in other fields, both inside and outside school. Cricket is also a keen interest of his, playing for both the school first XI and locally for club sides (Brant Broughton C.C and Timberland C.C).

From a young age Tom admits that to participate successfully and enjoy sport you need to "look up to an idol or role-model," as it is important to allow you to "set targets that you wish to meet" and "to have aspirations to behave like someone you respect. Years ago I used to want to score as many goals as Gary Linekar, or celebrate like Cantona, yet I look to play with the same determination as Titus Bramble (although he lacks the ability some other top players hold)."

In terms of idols, Tom also feels fortunate to have played alongside numerous professional footballers already during his time at Lincoln City. Jack Hobbs (Liverpool), Scott Loach (Watford) Danny Hone and Lennell John-Lewis (both Lincoln) all now play professional football and Tom hopes to follow them in the near future.

While his memorable debut goal in a 2-0 win for England against Australia at Gay Meadow remains his fondest memory, he cannot stress fully the importance of a good education. Tom hopes to study Law at Birmingham University and is spending a lot of his time off the pitch, working hard at school in order to get the grades he requires.

## Double gold for Carre's in district badminton



Carre's is celebrating its success in the Under 14 district badminton championships. **Sam Wade** and **Sam Gasgoine** (pictured above left) made short work of their opposition to secure the doubles title, and **Rajarajan Gowribalan** won comfortably in the singles competition.



# Liam Earth



**LIAM EARTH**  
**2<sup>nd</sup> DEGREE BLACK BELT**  
**TAE KWON DO**

## STUDENT PROFILE

**D.O.B** 12<sup>th</sup> DECEMBER 1989

**INSTRUCTOR.** ANNABEL MURCOTT 5<sup>th</sup> DEGREE BLACK BELT

**FIRST STARTED TRAINING.** 30<sup>th</sup> APRIL 1997 AGED 7 YEARS

**GAINED 1<sup>st</sup> DEGREE.** 22<sup>nd</sup> APRIL 2001 AGED 11 YEARS

**GAINED 2<sup>nd</sup> DEGREE.** 21<sup>st</sup> APRIL 2005 AGED 15 YEARS

Below is a table of just a few of Liam's many accomplishments.

Awards and Medals			
Year	Month	Competition	Place
2003	Oct	T.A.G.B. 20 <sup>th</sup> Anniversary	GOLD
2003	Nov	British Champs	BRONZE
2005	July	World Champs (Sparring)	5 <sup>th</sup>
2005	Nov	British Champs (Sparring)	GOLD
2006	Apr	Competed in European Champs	
2006	Nov	British Champs (Team Sparring)	Bronze
2006	Dec	24 hr charity Guinness Book of Records attempt	
2007	June	Competed in adults World Champs	
2007	Oct	British Champs (Sparring)	Bronze

## Liam Earth interview by Josh Bryan

### 1. What sport do you play?

Tae kwon-do.

### 2. Which club for?

My main club is Annabell Murcott Schools Tae Kwon-do (in Bourne) where I train twice a week, but I train weekly in Loughborough for the British team as well as additional training in Kings Lynn with some of the other British team every so often.

### 3. How long have you been playing for?

I started off when I was 7 years old because I had "two left feet", so I did it to sort out my physical co-ordination, so roughly 11 years to date.

### 4. How did you get into the sport?

My cousin, Stuart, trained at the local club – in Spalding at the time – and he got me into it after I joined in with his class. I really enjoyed my first few sessions, even though they were obviously just the basics, became good at it and found it addictive.

### 5. How often do you train?

Overall, I'd say I train about four times a week for at least six or seven hours accumulated (the most in one go being two-and-a-half hours for Britain), although when there's a competition coming up I'll increase the intensity by a few hours a week, but there's never an "easy session".

### 6. What aspect of fitness is most important to focus when training?

There isn't any single prominent aspect of fitness as everything is important, but perhaps I could say that I concentrate a lot on stamina and speed training by running circuits, pad work, sparring and drills respectively.

### 7. What is your greatest achievement?

Probably finishing fifth in the World Championships in Cardiff (2005) was a great achievement for me, but over the years I've won the English, Scottish, Welsh, Irish and British national titles.

### 8. How many trophies/titles have you won?

It's difficult to remember as I've collected a whole cabinet full of trophies and titles throughout my 11 year career so far, but I just look towards my next competition and don't see achievement as necessarily material.

### 9. What has been the lowest point of your career?

I've had loads of injuries, but none of them thankfully have been that threatening, so I've been able to get over it quickly and back to training. Although there have been times when I felt I should have beaten people, it's my job to just get back on my horse and beat them next time I play them.

### 10. What is your advice to other youngsters interested in undertaking the sport?

It doesn't matter what sport you do, as long as you enjoy what you're doing. Specifically though, if you're interested in taking up a martial art then don't just take it up to learn how to fight, there's much more to it – like spiritual and self-defence elements.

### 11. Do you have a motto?

One hundred percent effort equals one hundred percent achievement.

### 12. Is turning professional and making a career out of the sport your ultimate goal?

At the moment, it is impossible to turn professional solely from tae kwon-do, but times are changing and if I had the opportunity I would definitely relish making a career of it and passing my knowledge on to younger students through training.

### 13. What are your future plans in the short-term?

I've got the European Championships in Cork, in April, to look forward to try and win; also I'm looking to try and break into the regional and English squads permanently as I'm just on the fringes at the moment.

### 14. In the long term, how realistic does the 2012 Olympics in London sound?

I would love to compete in the 2012 Olympics, but the style used in the Olympics (WTF) is slightly different from my style (ITF) in that theirs is full contact, although at the higher levels of mine there is still heavy contact within the black belt men's divisions.

## Year 8 Football: Carre's Grammar School Vs Boston Grammar School

It was a windy morning down on the governor's pitch. The match eventually started after some digging and filling in the pitch. The match kicked off and straight-away Carre's got off to a bad start, conceding a goal in the first minute. But we steadily got back into the game, playing the better football, but failed to put chances away. Sam Wright missed several one on ones in both the first and second half. The teams went in the half time break with the score 1-0 to Boston.

The second half was far more interesting, after about 10 minutes in the second half, Carre's equalised, Sam finally scoring one of his chances. The score stayed that way for about 5 minutes, but the Boston forwards struck again, scoring a 1 on 1 past Jonny. After this goal, our heads went down and 5 minutes later we conceded again. An awful fumbled catch from keeper Jonny fell straight to a Boston player, and was tapped in leaving the score at 3-1. 10 seconds later they scored again, a toe punted shot rolled straight in the bottom corner, 4-1. With 10 minutes left, George Shores scored what proved to be a consolation after a great ball from centre back Connor Steele. This goal wasn't enough to spark a comeback

Final score: Boston 4-2 Carre's; not reflecting the Carre's performance



**Captain Josh Burke practices his penalties before the fixture against Boston Grammar School**

# Year 10 County 7s

## Tournament report by Mr. Rooney

The 13<sup>th</sup> March saw a strong Year 10 rugby sevens squad travel to Market Rasen for the Lincolnshire Schools County Championships. The competition started with a hard game against Toll Bar from Grimsby, with Carre's scraping home 14-12, thanks to tries from Simon Parr and Nick Ingleton and two conversions from Luke Tupholme. Easy wins over St James' (49-0), LSST (36-0) and Spalding Grammar (42-0) Carre's were supposed to play Minister in the quarter finals but the Lincoln team withdrew, denying us the chance of victory over our local rivals. The semi-finals saw Carre's against Toll Bar again but this time there was a little more room to spare, as we emerged 14-7 winners.

The final against King's Grammar was always going to be close affair but it was Carre's out of the blocks first as we registered a Ted Polkey try after two minutes. Numerous injuries and tactical changes saw the whole squad used in the final, but at the end of the game a strong King's team ran out 28-14 winners.

A feature of the tournament was the strength of the Carre's squad with all ten players making significant contributions. Squad: Brown, Ogden, Maddy, O'Hern, Russell-Webster, Polkey, Stobart, Tupholme, Ingelton, Parr, Goacher, Bevan.



### Year 10 Rugby Sevens Squad:

Back row, left to right: Adam Maddy, Bradley Russell-Webster, Kyle Brown, Luke Tupholme, Simon Parr, Ted Polkey and Alex Bevan. Back row: Cory Stobart, James O'Hern, Nic Ingleton and Ben Goacher



# The road to Twickers...



Back row left to right: Morgan Sherlock (Coach), Sandy Ireland, Kieran Matthews, Ben Borrill, Will Lyon, Charlie Stubbs, Rory Williams, Craig Anderson and Josh Brown. Back row: James King, Charlie Swan, David Titmus, Ben Dixon (captain) Haran Dunderdale, Jack Dent and Ben Stafford.



Captain Ben Dixon receives the winners trophy from the rugby development officer for Northamptonshire



Left: Charlie Swan bosses the line out against the strong opposition of Robert Bloomfield School.

## Year 7 Six County review by Morgan Sherlock

After their hard graft and commitment to become County Champions the Year 7 rugby team became the overall champions of the East Midlands last Tuesday. Sustained, solid performances by all the boys booked themselves a place at Stains for the National Round. If good enough to get into the last four, they will have the opportunity to play at Twickenham in front of the Army versus Navy crowd. Three games (2 wins, 1 draw) were enough to see the team through.

### Carre's 6 v Carlton le Willows 0

**Scorers:** Will Lyons 2, Ben Borrill, Ben Dixon, Charlie Stubbs, Josh Brown

The slow start we had against Robert Manning in the County round gave the coaches understandable concern that the team would trip at the first hurdle. A 6-0 victory proved us wrong and it gave confidence to the whole 15 man squad. Constant high skill levels from all 12 players on the field gave forward momentum to Carre's for most of the match. The main highlight of the game was the ability by our players to offload out of the tackle. 5 out of 6 of the tries were down to us having the superior strength through the tackle. Will Lyons making two solid runs through the opposition midfield. The other try came from a pure cheeky scrumhalf dummy pass and snipe from Ben Dixon which epitomised the awareness of our players.

### Carre's 2 v Bloomfield 2

**Scorers:** Sandy Ireland, Will Lyons

Easily this was our most competitive game out of the three and the competitiveness of the two teams resulted in our team fluffing a 2-0 half time lead even though we had plenty of opportunities to take advantage of a huge amount of turnover ball won in the rucks and mauls. Great complement should go to Bloomfield for their willingness to play running rugby like our boys. Ben Dixon defensively was outstanding for his commitment to make a tackle and then look for and find his next victim. This performance was what kept the forwards able to compete in the contact area. This draw meant that if Bloomfield beat Carlton by 7 tries difference then it would be them that would progress to the round final. In the end the score for that match was 3-1 to Bloomfield which put us through.

### Carre's 4 v Wren 0

**Scorers:** Will Lyons 3, Ben Borrill

In our most dominating performance to date the Year 7 rugby team really controlled every part of the game to make themselves deserved champions. Will Lyons played his best game thus far and a strong, straight running hat-trick showed the way the team should play. Our forwards rucking was superb but a 2-0 half time lead didn't leave us comfortable after recent games. However our second half was even stronger and even a few missed tackles gave them a couple of chances we managed to break each time. Our running rugby was then shown to its credentials in Ben Borrill scoring in the corner. Will Lyons soon finished off proceedings and that was that. They did supremely well throughout the day and they soon matured to the occasion. Well done boys.



## Year 9 Six Counties review by Peter Stocks

We travelled to Nottingham University we arrived there with plenty of time, we had a walk around the pitches and ate some lunch. We got changed at about 12 o'clock. The team warmed up with a game of touch while Mr Offer found out who we had to beat to get to Twickenham. It was 10's and it was 10 minutes each half.

Our first game was against a Newark school called Tuxford, which we comfortably beat these 7 tries to 0, and they didn't really see the ball. It was a great start to the tournament we were set for the second game against a Luton school that had some very big players and fast wings, but we tackled well and trashed them 10 tries to 0, the maximum score you can get because you had to stop at 10 tries. We were in the final, the team we were playing were very good with a huge centre the team elected the field expecting a win and would be very disappointed if we lost, we had a huge warm up where everyone was focused and ready to smash someone, the front 5 got into scrum formation. We had to win this one to set us for the game. The referee said Crouch, Touch, Hold, Engage, on the engage the front 5 let themselves loose winning the scrum with ease, the scrum half got the ball away nicely and before we knew it was 5-0 to us and half time. In the second half they came back at us hard getting 2 tries back, the game was on, Carers defended well and managed to get another try. But they still kept battering on getting 1 try back. But the final whistle had been blown. We were on the way to Twickenham. Nothing can stop us now!



Above left: The victorious year 9 rugby team led by George Seabrook holding the cup. Above right: Alexander Hales tackles a player as Nathan Moses and Andrew Oglesby come in to help.

### Y7 Football by Parick Devlin Carre's 1 - 3 Boston Grammar

The game started after a big delay trying to sort out some big holes in the pitch. When the game began, Boston, with the wind on their side, started very brightly and attacked Carre's. Carre's dealt with the onslaughts although Rory Williams had to pull out a couple of good stops to keep the visitors at bay. Boston's attacking presence finally paid off, but in bizarre circumstances. After a clearance by captain Liam Griffiths, Boston won a corner. They took it, and the wind took the ball in the bottom corner of Carre's goal. 1-0 Boston.

Carre's reacted very well and sorted out some more Boston pressure calmly. Winning free-kicks in dangerous areas, only better delivery and the game might have had a different outcome. Carre's couldn't capitalise and went into half-time, trailing 1-0.

Some encouraging words from the coach (Mr. Young) at the break lifted Carre's' spirit. They attacked and attacked and when Boston did break, the defence did well under pressure. At last, Carre's got their reward. This time, an excellent ball in from the corner caused havoc in the Boston defence, leaving Griffiths free. His effort hit the post, only for Duncan McPherson to smash home the rebound. It looked like Carre's would get a second and put the game to bed, but they didn't take their chances. Some sloppy passing in the midfield allowed Boston to break, some fabulous football ripped open the defence and a tidy finish at the end put Boston in the lead once more. They didn't look back and when Carre's were caught in possession a further time, Boston attacked and scored again, another lovely finish into the bottom corner, beating substitute keeper Mark Craig.

Carre's' heads went down and only some last-ditched defending from Devlin and Griffiths kept Carre's' in the game. With Boston calm in possession, they made it hard for Carre's to get the ball, although when they did, they managed to trouble the Boston keeper a few times. Boston ran the game out and the match finished 3-1 to Boston. Carre's did play some good football and were unlucky not to get a result from the game.

Carre's Starting line up: R. Williams; P. Devlin, L. Griffiths (Captain), S. Ireland, B. Blythe; J. King, C. Alexander, H. Dunderdale, R. Wiles; J. Moss, D. McPherson. Sub: M. Craig (30 min for R. Williams)

### Year 7 Rugby



Captain Ben Dixon picked up his third trophy of the season at the South Kesteven District Tournament. Full report and pictures next