

Gazetta Dello Carre's



Issue 16 March 2010 Carre's Grammar School Sports College Sporting Newsletter

Year 11 Storm to County Cup Victory *Carre's Grammar School (2) – (0) The Priory Academy LSST*

After a tough semi-final encounter with Boston Grammar, Carre's U16s found themselves up against Priory Academy LSST in the County Cup Final at Fulbeck United. Lincolnshire had only been granted one entry into the National Cup this season, which gave the match even more of a competitive edge, with only the winners progressing.

Despite heavy rain the previous night, the pitch was declared fit on the morning of the game, and the boys arrived at the ground quietly confident that they could emulate their success in Year 9 by becoming County Champions.

From the first whistle it became clear that this was going to be a tough game, with the opposition boasting several good attacking players. After a nervy opening 10 minutes, Carre's began to settle, and they had a good chance to take the lead when Adam Mercer shot narrowly over. LSST began to put together a few attacks of their own, but the central defensive partnership of Thacker and Cobb dealt well with the lively opposition strikers.

Carre's made their first change midway through the first-half when Bee was replaced at right back by Sam Garwood after suffering a painful blow to the knee. Garwood soon settled into his new role, and his link up play with Nurse on the right flank was a feature throughout the match.

As the half progressed, Carre's gradually began to stamp their authority on proceedings. The defence continued to look solid; Hales began pulling the strings in midfield and Mercer's pace and power provided a constant threat in attack, particularly when combined with some nice touches from Shores. The deadlock was finally broken when Carre's took a deserved lead just before half-time with the industrious Price firing home from the edge of the area to the delight of his team-mates.

The second-half followed a similar pattern to the first, with Carre's edging the possession and creating the better chances. LSST continued to put together some good moves of their own.



Photo above: Carre's Year 11 County Champions celebrate after receiving their winners' trophy.



Photo above: Carre's students at the presentation of their trophy

Man of the Match:

Alex Hales for an exceptional performance in the holding midfield role.

A two-goal cushion was established early in the half when Rossington arrowed the ball into the roof of the net from twenty yards out with his right foot. Defence started in attack, with substitutes Seabrook and Harling and target man Mercer constantly pressurising the opposition defence. The midfield was disciplined, with Nurse and Rossington working back to protect their full-backs (the dependable duo of Garwood and Britten) and Price and Hales continuing to dominate the central areas. The defence remained impenetrable, with Thacker winning everything in the air and Cobb making several perfectly-timed tackles. When LSST did manage to get a shot on goal, the Carre's keeper Dales dealt confidently with the danger, most notably when he flung himself low to his left to keep out a well-struck free-kick.

After what seemed like an eternity, the final whistle blew and Carre's were crowned U16 County Champions. Captain Frazer Cobb lifted the trophy to signal the start of the next challenge - the National Cup.

Success at County Cross Country

Dunderdale Eases to Victory

It is a rare day that the county cross country championships is held in bright, warming sunshine on a lush, green Lincolnshire hillside, and this was definitely not one of those occasions. The venue move from Caythorpe to Louth meant a long trek for the lads who drove past the last scraps of snow from the Christmas deluge. Walking the course before the races began, the runners could see that it was going to be a hard going with the ground waterlogged and the rain, as forecast, had set in for the day.

Carre's has seven runners involved, four Year Seven, two Year Nine and stalwart Matty Bee from Year Eleven. The pick of the day was the performance of Harran Dunderdale who cruised to a convincing victory in the Year 9 event, while Matthew Bee finished strong in 7th position in the 'inter boys' event. Michael Browning and Edward Bower achieved 15th and 18th respectively in the Year 7 event. Other results included Year 7 Calum Stewart finishing 29th, while James Molyneux and Simon Wathen achieved respectable positions by finishing 50+ in the Year 7 and 'junior boys' events.

Carre's Grammar School Participants: Matthew Bee (Year 11), Harran Dunderdale and Simon Wathen (Year 9), Edward Bower, Michael Browning, James Molyneux and Calum Stewart (Year 7).



Photo (Above): Carre's Year 7 student Michael Browning leads in the Cross Country, closely followed by Edward Bower.



Story of Lance Armstrong

At age 25, Lance Armstrong (*pictured left*) was an invincible sporting phenomenon, winning the World Championships, the Tour Du Pont and multiple Tour de France stages. Then, Lance's life changed as he was diagnosed with the most common form of male (aged 15-35) cancer, testicular cancer: sport suddenly became insignificant. However, if detected early, its cure rate is more than 90 percent of males. Lance ignored the warning signs, failing to imagine the seriousness of testicular cancer until it spread to his abdomen, lungs and brain.

Lance regards himself as a cancer survivor, rather than a victim and undergoing aggressive treatment finally beat the disease. During his treatment, he became an advocate for cancer survivors by creating the Lance Armstrong Foundation.

His sporting achievements are profound and inspiring, but the battle against cancer has proven to be his greatest challenge. Lance has become a world representative for all cancer survivors and for all those who fail to imagine this every happening to them. "This is his choice to live strong".

For more information about testicular cancer, or to read more about Lance's story, visit:

www.livestrong.org



Carre's PE Department supports the Lance Armstrong Foundation and wish to raise student awareness of testicular cancer.

Students can opt to buy a 'livestrong' wristband (*pictured left*) for a cost of £1. Wearing the wristband is intended to serve as a reminder of the importance to regularly check and self-diagnose testicular cancer.

Premature End to National Cup Campaign

Kings Lynn School (1) Vs (0) Carre's Grammar School

On a cold, damp Wednesday afternoon, Carre's 1st XI travelled to Kings Lynn School in Norfolk for a place in the last 32 of the National Cup. Convincing victories in previous rounds resulted in heightened feelings of optimism and a strong belief in the qualities the team boast. Nevertheless, it was clear that Kings Lynn would be the toughest test yet. After an inspirational team talk from Mr Wilkinson, Mr Allen took the team through a thorough warm up. The pitch was a short, wide playing area and its flat surface encouraged 'free flowing football'.

The game kicked off with both teams clearly showing a determination to win the ball and this competitive style of play continued throughout the game. The first goal came after just 10 minutes, with Kings Lynn unfortunately taking the lead with a controversial header on goal with the striker planting both hands in Harding's back as he climbed to meet the oncoming ball. Carre's were aggrieved with the decision, but their disappointment was transferred into their determined team effort. Carre's pressed for a goal with Kings Lynn showing resilience in defence and thwarting any efforts on goal. The first half ended 1-0.

As the second half started, Carre's came 'out of the blocks' quickly and pressed for an equaliser. Carre's looked increasingly steady at the back and frustration began to rise. Then, after 15 minutes of the second half, Carre's pressed with good work down the left wing. The ball was whipped in with Smith getting on the end 4 yards from goal, forcing a point-blank save from the opposing goal keeper in what can only be described a clear goal scoring opportunity. Top draw defending from both teams ensured that the game remained very close and difficult to call. With 15 minutes remaining, Vertigan entered the field of play and sparked a surge in enthusiasm throughout the team, who now also had the 2nd XI supporting their peers from the sideline. Lambert then replaced Thacker in central midfield to sit in front of the defence and win balls in the air in anticipation that this may provide opportunities for Greenwood and Ward up-front.

With five minutes remaining, Carre's won a free kick 18 yards from goal. Vertigan struck a clean effort which was superbly tipped around the post by the in-form Kings Lynn goalkeeper who was determined to keep a clean sheet. Frustration continued to mount on Carre's XI, exemplified when the referee called a 50:50 decision in favour of Kings Lynn and Bicknell voiced his frustration in the direction of the officials, receiving a red card for his involvement. Pollard was then added to the book soon after, again frustrated with the teams failure to equalise.



The game finished 1-0. Carre's were evidently disappointed with the result, but could be very proud of their effort, determination and team spirit that have provided so many victories throughout the academic year to date.

Kings Lynn School Held by 2nd XI

Kings Lynn School (2) Vs (2) Carre's Grammar School

Carre's 2nd XI travelled to Kings Lynn School in Norfolk to play a team who boasted convincing victories in the league with a 100% win ratio prior to the game. Carre's 2nd XI were not fazed by these statistics and showed the resilience, confidence and self-belief that has supported the team throughout the academic year to date. Prior to the game, Adam Cook demonstrated his captaincy by leading the team through a thorough warm up and ensured the team were focused on the challenges that lay ahead. A brief team talk with Mr Smith encapsulated the desire within the team to finish the term with a winning performance.

Despite discussions and preparation prior to the game, Carre's started with a clear lack of concentration as Kings Lynn won the ball ahead of Godbolt in central midfield and slipped a delightful through ball between Wood and Bryan to the left midfielder. The ever reliant Mapletoft in goal prevented conceding an early goal with an excellent save. Minutes later, another through-ball through the central resulted in another fine save from Mapletoft, who voiced his displeasure at the lack of concentration at the back. Carre's regrouped, under the direction of Cook in midfield and the team pressed for a goal. Then, just before half time, Carre's conceded with a strike into the bottom corner and heads went down for a brief moment. Half time came at the right time with the score 1-0.

The half-time team talk identified the individual battles that would have to be won if Carre's 2nd XI would finish the game with a victory. Then, 10 minutes into the second half, injury to Bryan resulted in Light moving to right back, Coghill playing right midfield and the introduction of Swift alongside Pullen up-front. The change sparked an enthusiasm from the team, with excellent work from Light feeding the ball to Godbolt whose cross was met by Coghill 8 yards out, finishing into the top corner with a right footed volley. Minutes later, Light again received the ball, playing it into Godbolt who passed between defenders and a sublime finish from Light resulted in Carre's taking the lead with only 4 minutes remaining. As the final whistle closed in, a lack of communication at the back provided Kings Lynn with a last minute effort at goal, with a scuffed effort bobbling in front of Mapletoft, finding the back of the net.

The game finished 2-2, a result that Carre's can be very proud of considering the domination of Kings Lynn 2nd XI throughout the season. Each member of the team showed their quality and fully deserved a draw at the very least. Ben Light was awarded man of the match with an excellent display.

Carre's 2nd XI Team: Mapletoft, Bryan (Swift 46), Wood, Norris, Frost (Elkington 35), Light, Cook, Godbolt, Wattam, Pullen, Coghill.

Mixed Fortunes for Carre's B Teams in Boston

On a cold Saturday 23rd January, Carre's took a group of students to Boston Grammar School to participate in B team fixtures in years 7, 8, 9 and 11. The pick of the day was the Year 9 team, with a clinical 8-2 victory and, in particular, Craig Anderson who marked a sublime performance by netting his first goal for Carre's Grammar.

Year 7's 'Content' with Draw

Boston Grammar (3) Vs (3) Carre's Grammar

Tension was building as Carre's waited to kick off. Boston got off to a flying start with an early goal on the counter attack. Just before the end of the first half Carre's winger Patuzzo shot from 18 yards into the top corner. Just after half time, Boston scored a third despite Mr. Newell's inspiring team talk. Then Mayfield's effort supplied by bottom corner goal crossed in by Wright followed by Whittaker's strike lifted Carre's heads. As the game neared its end, a handball resulted in a penalty to Boston...saved by Campbell with 1 minute left. Patuzzo shot from outside the box and hammered the bottom of the crossbar. The final whistle sounded, 3-3.

Written by Lewis Patuzzo

Photo (far right): Year 9B Team

Photo (near right): Year 7B Show Unity



Clinical Display from Year 9

Boston Grammar (2) Vs (8) Carre's Grammar

On a cold Saturday morning, the Year 9B team had a very convincing victory over Boston Grammar. Despite going behind in the first 10 minutes, Carre's regrouped and equalised within minutes. At half time, Carre's boasted a 6-1 lead. At the start of the second half, Carre's continued from where they left off, scoring another. Then, just as Carre's seemed in control of the game, Boston slotted the ball in the top corner from 20 yards. The final score finished a resounding 8-2 (*Ede 2, Taylor 2, Moss 1, Hunt 1, Anderson 1, Alexander 1*).

Starting XI: Smith, Taylor, Cowley, Hunt, Alexander, Anderson, Bainbridge, Roe, Ede, Moss, Lamb, Patrick, Titmus

Written by Alex Smith

Year 11 Fail to Convert Chances

Boston Grammar (4) Vs (2) Carre's Grammar

Carre's took a team of 15 to take on Boston Year 11B team. We all knew it was going to be a tough match, but there were still high hopes and everyone was looking forward to the challenge. Wilkinson was given the captaincy and rallied the team before the match. Carre's struggled in the first 20 minutes and were already 4-0 down but the introduction of Miller proved decisive. A magnificent run from Miller resulted in a superb goal as he slotted the ball beneath the goal keeper.

The second half started the same as the first had finished and Carre's soon added a second, which came from a deflected shot by McIntyre. A series of excellent saves and strong defending kept Carre's in the game. In the final 10 minutes, Carre's raised the tempo and pushed forward, with Needham hitting the crossbar from a free kick. The whistle blew with a final score of 4-2 to Boston Grammar but Carre's enjoyed the performance and felt that on another day it could have been a different result.

Written by Adam Trimmingham

Valiant Effort by Year 8

Boston Grammar (4) Vs (3) Carre's Grammar

It was a bright morning and Carre's Year 8B team made their way to Boston. Ten minutes into the game, Carre's lost their concentration and Boston attacked. Just before half time a sweet pass from Thompson found Cunago who slotted home. Then, a corner was whipped in and Broughton headed past the keeper.

The second half began with more link-up play, darting runs down the wing and some great through balls from Carre's. But unfortunately Boston scored two quick goals on the counter attack. Carre's instantly responded but could not find the net. The now confident Boston got another two quick goals, both of them on the break. Carre's were determined to score and they all pushed up including the defence. Hill made an amazing run from the halfway line to the Boston 18 yard box and finished nicely getting us a goal back. Unfortunately, Boston won in the end but it was a well battled game from Carre's and they deserved to win. Final score, 4-3 Boston.

Written by Andy Jones



Photo (far left): Year 11B Team Squad

Photo (near left): Year 8B Team Prior to Game 4

Carre's 2nd XI Back to Winning Ways

Skegness Grammar School 2nd XI (0) Vs (1) Carre's Grammar School 2nd XI

On Wednesday 9th December, Carre's 2nd XI travelled to Skegness Grammar school determined to end the unfortunate run of results that had overshadowed the fine form at the start of the year which began with a 9-0 victory against Skegness in September. On a muddy and damp playing surface, Carre's started the stronger, with Coghill playing in the unfamiliar position of central midfield developing a strong partnership with Newstead.

A whipped corner from Newstead was met by Norris who bundled the ball into the net and calmed any nerves experienced before the game. Carre's 2nd XI created chance after chance but failed to convert. Then, with less than one minute remaining and the linesman 'ball watching', the ball was slipped through to the clearly offside Skegness striker, who slipped and found the safe hands of Mapletoft.

The final whistle blew with Carre's seemingly narrowly edging the game 1-0, despite a dominant performance. Man of the match was awarded to Coghill for his tireless running and creativity in central midfield.

Carre's 2nd XI Team: Mapletoft, Bryan, Wood, Norris, Anderson, McDonald (Senior 35), Newstead, Coghill, Brazier Wattam, Swift



Left: Jonathan Swift rises above the Skegness defence.

Far left: Tom Mapletoft practices his routine for the auditions of 'Strictly Come Dancing'.

Sun Shines on 1st XI in Skegness

Skegness Grammar School 1st XI (0) Vs (3) Carre's Grammar School 1st XI

Carre's 1st XI arrived in Skegness with optimism, despite the fact that 'sunny Skegness' failed to live up to its name. It soon became very apparent that both the 1st and 2nd XI would have to adapt their games to play on the boggy, wet, muddy patches of grass; that Skegness Grammar called 'a pitch.'

The game started, and Carre's started playing with their usual style of gaining and then keeping possession of the ball. Carre's eventually got the ball under control, with Greenwood running at the defenders who subsequently got chopped down. These challenges seemed nothing unusual to the opposition, as they repeatedly gave away needless free kicks which Shukla was only too happy to receive. Unfortunately, none of these were converted, and it took an inspired Light a further 10 minutes to launch the ball 30 yards forward into Marlow's path, who then lifted the ball over the keeper to make it 1-0. Overall, it was a quiet first half where Carre's dominated possession and won the challenges both on the ground and in the air. Skegness had no real chances at goal in the first half, with Carre's defence remaining sturdy throughout.

When the second half came, the game became slightly tidier with Carre's making some excellent movements up the pitch, which included nearly every player on the pitch. Godbolt reported that 'it was like watching Brazil'. The second goal came when a scuffed shot from a wide position -from Ward found McMillan at the back post, for a composed finish past the keeper to make it 2-0. It was obvious the deflated Skegness side were getting frustrated, as they started to make some ill tempered tackles. The strikers then pressured the keeper from a poor pass back, and the ball ended up loose in the penalty box, which found its way to Ward. Again, a frustrated Skegness player made a bad challenge, which was a definite penalty. Ward stepped up and placed it coolly into the bottom corner- the keeper had no chance. 3-0.

Overall, a decent performance led to a comfortable win, despite the awful pitch conditions, to continue the 1st XI's good winning streak.

Report written by Ross Godbolt

Right: Charlie Ward gets accustomed to his new team position.

Far right: Ross Godbolt makes his debut for Carre's 1st XI.



Carre's Annual Primary School Football Tournament

On Friday 6th November, Carre's Grammar School held the seventh annual Primary School's Football Tournament on the All Weather Pitch. An excellent turnout of 18 Primary Schools attended the event, with all schools, players and supporters helping to make the event a huge success. All schools demonstrated an impeccable attitude toward the game, without a single student questioning refereeing decisions, helping to promote fair play and enjoyment of sport and physical activity. All participants seemed to thoroughly enjoy the event, with games demonstrating a healthy competitiveness and an excellent work ethic. Having said this, the success of the event would not have been possible without the involvement of Year 13 students' Adam Smith, Thomas Mapletoft, Martin Chambers and Ben Pollard who refereed games and, despite some contentious decisions, persevered without any cause to debate the introduction of goalmouth technology.

A total of 144 students participated in the day, which marks a remarkable achievement to get so many young people actively participating in sport and physical activity when considering the relative size of some participating schools.

Last years winners Brant Broughton were back to defend their title, while other schools were attending for the first time. The first round took the form of three leagues of 6 teams.

This meant that Navenby, William Alvey and Leasingham progressed to round 2 as group winners and Rauceby joined them as the best runners-up as they had a better goal difference than Walcott.



Tournament Champions, Rauceby School celebrate their team success (above)

The first semi-final saw William Alvey and Navenby battle out a 0-0 draw. This meant extra time and with the scores still level it came down to penalties with Navenby just edging it. The second semi-final saw Leasingham and Rauceby also battle out a very close game which saw Rauceby eventually take victory with a 1 – 0 win.

The final was a replay of the group stage game between Navenby and Rauceby, and saw some excellent play from both teams. Navenby went 1 – 0 up but Rauceby quickly pulled it back to 1 a piece. An excellent passing move saw Rauceby take the lead with only a couple of minutes remaining. Navenby pushed for an equaliser but got stung on the counter attack as a long range shot flew into the top corner to make the final score 3 – 1 to Rauceby.



Tournament referees Adam Smith, Ben Pollard, Thomas Mapletoft and Martin Chambers receive thanks for their involvement in the event (above).



Carre's Head Teacher, Mr Law, presents Rauceby School with their Primary School's football tournament champion's trophy

League 1

Pos	Teams	Pl	W	D	L	Pts
1	Navenby	5	4	1	0	13
2	Rauceby	5	3	1	1	10
3	Brant Broughton	5	3	0	2	9
4	Chestnut St	5	2	2	1	8
5	Mrs Mary King	5	1	0	4	3
6	Digby	5	0	0	5	0

League 2

Pos	Teams	Pl	W	D	L	Pts
1	William Alvey	5	2	3	0	9
2	Claypole	5	2	1	2	7
3	St Botolph's	5	1	4	0	7
4	Winchelsea	5	2	1	2	7
5	Helpringham	5	0	4	1	4
6	Church Lane	5	0	3	2	3

League 3

Pos	Teams	Pl	W	D	L	Pts
1	Leasingham	5	4	1	0	13
2	Walcott	5	3	1	1	10
3	Kirkby-La-Thorpe	5	2	2	1	8
4	St Michael's	5	2	1	2	7
5	Ancaster	5	1	1	3	4
6	Leadenham	5	0	0	5	0

Well done to all the teams who took part we hope you had a great time and will hopefully see you again next year.

The Fair play award was presented to Winchelsea School as they gave 100% in every game, stepped in at last minute when another school couldn't attend and they narrowly missed out on the second round by 1 point. Well Done Winchelsea primary school.

Carre's 'Hold Out' to Edge King's

Kings Peterborough 1st XV (18) Vs (19) Carre's Grammar School 1st XV

It was a miserable day when Carre's Grammar stormed the rugby field of Kings Peterborough. After receiving the kick off, Carre's immediately attacked but struggled initially however strong defending from Chambers and Clark held back King's attacking line. But a lack of concentration resulted in Carre's conceding a sloppy penalty and Kings converted, 3-0. A further breakdown in defence allowed Kings to cross the try line and score a very soft try, missing the conversion, 8-0. The introduction of Wattam changed the dynamics of the match completely, and saw the tide swing into Carre's favour. On the stroke of half time, Ogden expertly charged down a clearing kick from the Kings centre and a fortunate bounce allowed Ogden to score his 20th try of the season, converted by Luke Tupholme. Half time score: Carre's 7-8 Kings.

The second half began positively for Carre's with some good attacking lines and neat hand work from Tupholme and Stobart with Weston contributing neatly to the play. Strong force applied by the forwards saw a quick ball work its way to the wing and into the safe hands of Cowell who had the simple job of touching down in the corner to score Carre's second try of the game. Tupholme, with the lack of a kicking tee, had the unfortunate job of drop kicking for the 2 points and failed to convert, Carre's 12-8 Kings. The defence began to lack concentration and began to give away cheap penalties, with a turnover in the ruck eventually resulting in Kings second try, Carre's 12-13 Kings. Soon after this, a lack of concentration resulted in giving away a cheap try and Kings gladly accepted in emphatic fashion via diving under the posts to set up a simple conversion, Carre's 12-18 Kings. Time was running out and a converted try was desperately needed with 2 minutes remaining.

Relentless pressure from Carre's defence resulted in Kings conceding a 'knock on' at their 22m line, Carre's scrum. Excellent strength in the pack led to Carre's number 8 Maddy picking up the ball and running toward the try line. A strong tackle 5 metres from the try line eventually led to Wattam receiving the ball and stretching to place the ball down inches over the line. Carre's were down by 1 point with seconds remaining, relying on a conversion to win the game. Stobart stepped up to the plate with pressure on his shoulders to convert the try to win the game for Carre's. The final whistle went and Carre's immediately began to celebrate, with Wattam and Stobart receiving ecstatic hugs from the Carre's team. Final score: Carre's 19-18 Kings Peterborough.



Match Report Written by George Wattam

First Win Yanked from Carre's Grasp

Stamford School Basketball U18s (62) Vs (51) Carre's Grammar School Basketball U18s

The Carre's senior basketball team travelled to Stamford to take on a team made up of American and Chinese players, two of the strongest basketball nations. The game started with a fast tempo and both teams trading baskets. The starting team of Mason, Goacher, Anderson, Gunning and Maggs built up a small lead with all 5 players scoring before the team swapped round in the second quarter. As a result of Carre's only taking 4 substitutes, Captain Nathan Gunning stayed on the floor and was joined by Ireland, Grant, Bardwell and Joe Mayfield. Mayfield distributed the ball well particularly to Ireland and Gunning who dominated the paint, scoring baskets and grabbing rebounds. Gunning had reached double figures in points before halftime, however, Carre's small lead had been lost as Stamford's fitness and experience allowed them to get 4 point lead on the away team.

The third quarter began with Ireland continuing to show glimpses of a young, Shaquille O'Neal and Mason making strong plays on both the defence and offence ends as he stole the ball several times. However, every basket Carre's made was answered with a basket from the home team preventing Carre's from regaining the lead. This form continued in the final quarter as Stamford's star Americans made clutch play after clutch play to seal the victory for Stamford. The final score was 62-51. Despite the loss, the Carre's lads played well and without some very skilful play from the Yanks and some questionable refereeing, the result could have been different.

Top Scorers: Gunning- 11pts; Goacher- 10 pts; Mason - 8pts; Ireland - 8pts

Match Report Written by Benjamin Goacher

School Holiday Activities

(Monday 15th February – Thursday 18th February)

Throughout February half term, Carre's students have opportunities to access a range of activities at Sleaford Youth Club, Carre's Grammar School and Northgate Sports Hall. A wide range of activities include football, dodgeball, pool, arts and craft, archery and sumo wrestling (for full list of activities, see leaflet below).

The cost of these school holiday activities is **absolutely free**. If you find yourself getting bored this school holiday, how about accessing these opportunities and get physically active.

Transport

Bus 1 departs. Ruskington, Youth Centre
 Bus 2 departs. Billingham, Co-op Car Park
 Bus 3 departs. Heckington, The Green
 All transport departs at 1 30 pm and returns at 8 pm
 Calling at villages on route by booking only

Working together:

Sleaford Youth Centre

School Holiday Activities

Monday 15 to Thursday 18 February
2 pm to 8 pm • Ages 11 to 19
FREE OF CHARGE

At Sleaford Youth Club
 Carre's Grammar School
 and Northgate Sports Hall

Transport Available

For more information contact:
 Ruth Harlow
 Youth Development Worker
 01529 306888 / 07900 40 64 48
Ruth.harlow@lincolnshire.gov.uk

Stuff to do because only boring people get bored!

go FOR IT!

- Football
- Wheelchair Basketball
- Climbing Wall
- Arts & Crafts
- Music Room
- Parkour
- Dodgeball
- Sumo Wrestling
- Archery
- Trampoline
- Volleyball
- Netball
- New Age Kurling
- Dance
- Pool
- Fitness Suite
- Playstation
- Pool
- Cookery
- Powerbok
- Skate Park
- ...& loads more!



Programme

Please note: Transport is available to access the facilities in Sleaford, however young people will have the flexibility to choose activities at two different venues and the freedom to move unsupervised between sites. A consent form MUST be signed by a parent/ guardian prior to any transport or any participation.

	Youth Centre	School Hall	Courts	Northgate Sports Hall (A)	Northgate Sports Hall (B)	Playground	Grass area near courts
Monday 15 February 2010	2 pm to 2 50 pm	Mixed Bag: Wii,	Dance	Parkour	Powerbok	Skate Park and Climbing Wall	Archery
	3 pm to 3 50 pm	Playstation,	Dance	Parkour	Powerbok		Archery
	4 pm to 4 50 pm	Arts & Crafts, Cooking,	Netball / Basketball	Parkour	Powerbok		Archery
		Pool, Music - Room,	Football Pitch	Other activities to sign up to today:			
	5 pm to 5 50 pm	Rock Band, Competitions,	Football Matches				
	6 pm to 6 50 pm	Dance Mats,	Football Matches				
	7 pm to 7 50 pm	Table Tennis, Xbox	Football Matches				
Tuesday 16 February 2010	2 pm to 2 50 pm	Mixed Bag: Wii,	New Age Kurling	Parkour	1 V 1 Inflatable's	Skate Park and Climbing Wall	Archery
	3 pm to 3 50 pm	Playstation,	Netball / Basketball	Parkour	1 V 1 Inflatable's	Archery	
	4 pm to 4 50 pm	Arts & Crafts, Cooking,	Netball / Basketball	Parkour	1 V 1 Inflatable's	Archery	
		Pool, Music - Room,	Football Pitch	Other activities to sign up to today:			
	5 pm to 5 50 pm	Rock Band, Competitions,	Football Matches				
	6 pm to 6 50 pm	Dance Mats,	Football Matches				
	7 pm to 7 50 pm	Table Tennis, Xbox	Football Matches				
Wednesday 17 February 2010	2 pm to 2 50 pm	Mixed Bag: Wii,	Dodgeball	Tennis	Spinning &	Volleyball	Skate Park and Climbing Wall
	3 pm to 3 50 pm	Playstation,	Dodgeball	Tennis	Fitness	Volleyball	
	4 pm to 4 50 pm	Arts & Crafts, Cooking,	Dodgeball	Tennis	Sumo Wrestling	Volleyball	
		Pool, Music - Room,	Football Pitch	Other activities to sign up to today:			
	5 pm to 5 50 pm	Rock Band, Competitions,	Football Matches				
	6 pm to 6 50 pm	Dance Mats,	Football Matches				
	7 pm to 7 50 pm	Table Tennis, Xbox	Football Matches				
Thursday 18 February 2010	2 pm to 2 50 pm	Mixed Bag: FREE CHOICE			Trampoline	Wheelchair Basketball	Skate Park and Climbing Wall
	3 pm to 3 50 pm	Playstation, FREE CHOICE	Netball / Basketball		Trampoline	Wheelchair Basketball	
	4 pm to 4 50 pm	Arts & Crafts, FREE CHOICE	Netball / Basketball		Trampoline	Wheelchair Basketball	
		Pool, Music - Room,	Football Pitch	Other activities to sign up to today:			
	5 pm to 5 50 pm	Rock Band, Competitions,	Football Matches				
	6 pm to 6 50 pm	Dance Mats,	Football Matches				
	7 pm to 7 50 pm	Table Tennis, Xbox	Football Matches				

Competition

WIN A BIKE!

Simply collect a stamp at every activity for a chance to win a brand new bike. Get your card on arrival - the more cards you fill the better your chance of winning!



	Youth Centre	School Hall	Courts	Northgate Sports Hall (A)	Northgate Sports Hall (B)	Playground
Wednesday 17 February 2010	2 pm to 2 50 pm	Mixed Bag: Wii,	Dodgeball	Tennis	Spinning &	Volleyball
	3 pm to 3 50 pm	Playstation,	Dodgeball	Tennis	Fitness	Volleyball
	4 pm to 4 50 pm	Arts & Crafts, Cooking,	Dodgeball	Tennis	Sumo Wrestling	Volleyball
		Pool, Music - Room,	Football Pitch	Other activities to sign up to today:		
	5 pm to 5 50 pm	Rock Band, Competitions,	Football Matches			
	6 pm to 6 50 pm	Dance Mats,	Football Matches			
	7 pm to 7 50 pm	Table Tennis, Xbox	Football Matches			
Thursday 18 February 2010	2 pm to 2 50 pm	Mixed Bag: FREE CHOICE			Trampoline	Wheelchair Basketball
	3 pm to 3 50 pm	Playstation, FREE CHOICE	Netball / Basketball		Trampoline	Wheelchair Basketball
	4 pm to 4 50 pm	Arts & Crafts, FREE CHOICE	Netball / Basketball		Trampoline	Wheelchair Basketball
		Pool, Music - Room,	Football Pitch	Other activities to sign up to today:		
	5 pm to 5 50 pm	Rock Band, Competitions,	Football Matches			
	6 pm to 6 50 pm	Dance Mats,	Football Matches			
	7 pm to 7 50 pm	Table Tennis, Xbox	Football Matches			

Carre's Grammar School Sponsored Walk

(31st October 2009)

On Friday 2nd October 2009, Carre's Grammar School held its annual sponsored walk in aid of the school's charities, this year 'Adult Sudden Death Syndrome'. The event raised an impressive £11,000.

A huge well done to all students for their efforts by raising sponsorship and their completion of the 12 mile walk. The student raising the greatest amount of sponsorship money to support the school's charities was James King. For each £5 raised, students were placed into a prize draw to win a £600 bike, sponsored by Riverside Cycles. The recipient of this reward was year 10 student Chris Hill, pictured right.



Chris Hill (Year 10) pictured with Mr Schofield and 'Riverside Cycles' Owners

Speaking with Mr Smith after the event, Chris reported that "I had no idea that I would be chosen out of the whole school. I didn't think I would be picked but when my name was read out, I couldn't believe it. You think that things like this would never happen to you, I'm just really pleased it was me".



Leadenham Polo Club

This year we are starting our "Schools Polo Programme" aimed at making this great sport much more widely available and accessible to school children. Polo is without doubt one of the most exciting games imaginable, and at Leadenham we have created a high quality facility in order to do it justice.

When mastered it is a fast, high adrenaline contact sport involving quick reactions and lots of energy. It is also very easy to take up. There is no riding experience needed, and the polo ponies at Leadenham have been specially bred and trained for the sport. They were handpicked for the club in Argentina by England player Henry Brett, and range from very docile which the most timid fledgling rider will rapidly feel at ease on, to more challenging ponies for the bolder or more experienced.

Polo is now played regularly by dozens of schools around the country who compete at annual national tournaments. The schools polo programme at Leadenham aims to provide a structure and format for schools in this region to take up the sport, play it regularly to improve, and to organise matches and tournaments between the schools in the region as well as getting them competing on a national level.

The idea is for each school to have an hour's session at the same time every week, with groups of between 8-10 (at £35/head). Depending on the numbers wishing to be involved from each school, it may be that students alternate each week so that more can take part. During these sessions pupils will learn the essence of good horsemanship in a relaxed and fun environment taught by Mark Holmes, our experienced professional player and instructor. The aim will be to build on these skills towards becoming fully-fledged polo players. Polo is a mixed sport, so girls and boys can play on the same teams as well as against each other. As the programme develops we will organise competitions between schools from across the region to bring them together both on and off the polo ground.

I hope that you will come and have a go, and know that if you do you will have a great time and it'll probably change your life as it has to so many others. Please get in touch with your school and the club if you want to get involved.

James Reeve (Director – Leadenham Polo Club Limited): www.leadenhampoloclub.com



IN THE SPOTLIGHT.....



New to Carre's Fitness Suite is Katie Cooper

I'm Katie Cooper and I have been working in Carre's Grammar School Fitness Suite since September. I came to the school having been a Personal Trainer at Fitness First, Boston. My roles and responsibilities as an Exercise Specialist involves assisting in running the gym to provide a clean and friendly atmosphere for all members; public, pupils and staff. With some government funding, I have set-up a physical activity club for obese children called 'Fit Kidz. These sessions aim to provide overweight children or those with underlying medical conditions such as asthma, or those who are having difficulties mentally or socially 1-2 hours of fun physical activity steering away from the traditional sporting activities offered. I have also recently started providing GP Exercise Referral sessions to the public who will benefit from a free 12-week exercise programme as part of their treatment recommended by their local GP to reduce, and even eliminate, a number of health conditions.



I was born and currently still live in Boston, although I spent 3 years up in Huddersfield at University. There I completed my Sports Therapy (BSc Hons) degree leaving with a respectable 2:1 award. I am a sports enthusiast and I am extremely passionate about England's involvement and results in all sport. I play netball and since leaving university I became a player for a local team here in Sleaford called the 'Barge and Bottle'. I also enjoy running and since New Year I have decided that I am going to try and start entering some competitions so I have a goal to work towards.

I have a soft spot for football, although I have not played since I was at school as for the last 5 years I have been involved in the sport either on work experience, a volunteer or an employee. Alongside my work here at Carre's, I am currently employed by Boston United Football Club currently lying 3rd in the Unibond Premier League. Here I attend all training sessions and fixtures as their Sports Therapist, diagnosing and managing injuries, organising rehabilitation programmes and a small amount of conditioning work.

Extra-Curricular Competitive Sport

The Carre's Grammar School extra-curricular programme has progressed since September with some excellent results in basketball, volleyball and indoor rowing. Participation levels and competitive performances in football and rugby have remained strong following the high standards set last term, including County Cup victory for Year 11 and strong progression in the Year 9, Year 10 and 1st XI National Cup. Congratulations to the Year 11 football team who have reached the last 32 of the National Cup and are looking for glory. A huge well done to all boys involved in fixtures this term.

FOOTBALL							
	Team	Manager	P	W	D	L	Win %
1	Year 11	Mr Wilson	6	5	0	1	83
2	1 st XI	Mr Wilkinson	11	8	1	2	73
3	Year 9	Mr Smith	9	5	1	3	56
4	Year 8	Mr Wilkinson	10	5	1	4	50
5	2 nd XI	Mr Smith	11	5	1	5	45
6	Year 7	Mr Newell	7	3	2	3	43
7	Year 10	Mr Wilson	9	3	2	4	33

RUGBY							
	Team	Manager	P	W	D	L	Win %
1	Year 11	Mr Offer	6	5	0	1	83
2	Year 7	Mr Pickard	8	6	1	1	75
3	Year 8	Mr Pickard	12	8	2	2	67
4	1 st XV	Mr Offer	8	4	0	4	50
5	Year 10	Mr Rooney	6	2	0	4	33
6	Year 9	Mr Rooney	2	0	0	2	0

NB: League tables include friendly matches, cup ties and B team fixtures

Summary of Results

November 2009 – January 2010

Football

Year 7 (Team Manager: Mr Newell)

Boston Grammar School (2) Vs (4) Carre's
Boston Grammar School B (3) Vs (3) Carre's B

Year 8 (Team Manager: Mr Wilkinson)

SSPP (1) Vs (4) Carre's
Boston Grammar School (1) Vs (6) Carre's
Carre's (2) Vs (2) Haven High Won 2-1 on Penalties
Boston Grammar School B (4) Vs (3) Carre's B

Year 9 (Team Manager: Mr Smith)

Spalding Grammar (7) Vs (0) Carre's
Boston Grammar School (5) Vs (0) Carre's
Boston Grammar School B (2) Vs (8) Carre's B

Year 10 (Team Manager: Mr Wilson)

Carre's (5) Vs (4) Skegness Grammar
Carre's (1) Vs (3) Humberston MCC
Boston Grammar School (2) Vs (2) Carre's

Year 11 (Team Manager: Mr Wilson)

Central Tech. College (1) Vs (2) Carre's
Carre's (3) Vs (2) Boston
Carre's (4) Vs (0) Hobart High School
Boston Grammar School B (4) Vs (2) Carre's B

Other Sporting Activities

Badminton: (7, 8 + 9 Combo) + (10 + 11 Combined)

U18 Basketball: Boston (28) Vs (26) Carre's

Cross Country: Year 7 (18th, 29th); Year 9 (1st); Year 11 (7th)

U16 Hockey: Carre's (6) Vs (0) Kesteven High

U12 5-A-Side Tournament: Champions

U16 Table Tennis Team Competition
(Lost 8-0 Vs King's, Lost 8-0 Vs Caistor, Lost 5-3 Vs Central)

U18 Basketball: Stamford (62) Vs (51) Carre's

Rugby

Year 7 (Team Manager: Mr Pickard)

Carre's B (15) Vs (0) St Georges
Carre's B (5) Vs (5) Central Tech. College
Carre's (10) Vs (5) Lincoln Minster

Year 8 (Team Manager: Mr Pickard)

Kings Grantham (52) Vs (0) Carre's
Lincoln Minster (P) Vs (P) Carre's

Year 9 (Team Manager: Mr Rooney)

Kings Grantham (19) Vs (0) Carre's

Year 10 (Team Manager: Mr Rooney)

Stowe (12) Vs (45) Carre's
Kings Grantham (48) Vs (5) Carre's
Toll Bar School (18) Vs (13) Carre's
Lincoln Minster (85) Vs (5) Carre's

Year 11 (Team Manager: Mr Offer)

Stowe (10) Vs (52) Carre's
Lincoln Minster (7) Vs (14) Carre's

Sixth Form Results

Football

1st XI (Team Manager: Mr Wilkinson)

Heanor Gate School (0) Vs (4) Carre's
QEGS Horncastle (1) Vs (1) Carre's
Carre's (2) Vs (1) Giles School
Kings Lynn School (1) Vs (0) Carre's
Skegness Grammar (0) Vs (3) Carre's
Carre's (2) Vs (4) Kings Grantham

2nd XI (Team Manager: Mr Smith)

QEGS Horncastle (4) Vs (2) Carre's
Boston United Ed. Group (5) Vs (0) Carre's
Carre's (1) Vs (3) Boston College 3rd
Skegness Grammar (0) Vs (1) Carre's
Kings Lynn School (2) Vs (2) Carre's
QEGS Gainsborough (5) Vs (1) Carre's

Rugby

1st XV (Team Manager: Mr Offer)

Stowe (10) Vs (5) Carre's
Oakham (29) Vs (0) Carre's
Carre's (5) Vs (8) Kings School
Carre's (P) Vs (P) Spalding Grammar

2nd XV (Team Manager: Mr Offer)

Carre's (5) Vs (10) Kings School
Carre's (P) Vs (P) Spalding Grammar

Forthcoming Fixtures

February 2010 – April 2010

Football

Year 7 (*Team Manager: Mr Newell*)
William Robertson: w/c 01/03/2010 (Home)
St Georges: w/c 08/03/2010 (Home)
Kings School: w/c 15/03/2010 (Home)
Cup Final: 30/03/2010

Year 8 (*Team Manager: Mr Wilkinson*)
William Robertson: w/c 01/03/2010 (Home)
St Georges: w/c 08/03/2010 (Home)
Kings School: w/c 15/03/2010 (Home)
Cup Final: 31/03/2010

Year 9 (*Team Manager: Mr Smith*)
William Robertson: w/c 01/03/2010 (Home)
St Georges: w/c 08/03/2010 (Home)
Cup Final: 31/03/2010

Year 10 (*Team Manager: Mr Wilson*)
St Georges: w/c 08/03/2010 (Home)
Cup Final: 31/03/2010

Year 11 (*Team Manager: Mr Wilson*)
National Cup (Last 32): TBC

Rugby

Year 7 (*Team Manager: Mr Pickard*)
County Qualifier: 12/02/2010
County Final: 02/03/2010
Regional Finals: 16/03/2010

Year 8 (*Team Manager: Mr Pickard*)
Rugby 7's: 30/03/2010
County Final: 02/02/2010
Regional Finals: 18/03/2010

Year 9 (*Team Manager: Mr Rooney*)
Rugby Sevens: 30/03/2010

Year 10 (*Team Manager: Mr Rooney*)
Rugby Sevens Tournament: 25/03/2010

Year 11 (*Team Manager: Mr Offer*)

1st XV (*Team Manager: Mr Offer*)
Rugby Sevens Tournament: 17/03/2010

Sixth Form Football

1st XI (*Team Manager: Mr Wilkinson*)
Boston Grammar: 03/02/2010 (Away)
Spalding Grammar: 10/02/2010 (Home)
QEGS Horncastle: 10/03/2010 (Home)
Giles School: 17/03/2010 (Home)
Boston College: 24/03/2010 (Away)
Kings Lynn: 31/03/2010 (Away)

2nd XI (*Team Manager: Mr Smith*)
Boston Grammar: 03/02/2010 (Away)
Spalding Grammar: 10/02/2010 (Home)
QEGS Horncastle: 10/03/2010 (Home)
Boston United: 17/03/2010 (Home)
Boston College: 24/03/2010 (Away)
Kings Lynn: 31/03/2010 (Away)

Other Sporting Activities

Senior Basketball Vs Bourne Grammar (Home: 01/03/2010)

U14 Basketball (Grantham Meres: 22/03/2010)

U14 Basketball Regional Finals (26/04/2010)

Indoor Rowing KSSA Team Cup (Grantham Meres: 29/04/2010)

KSSA Athletics Trials (Grantham Meres: 12/05/2010)

U12 Regional 5-a-side Championships (Derby Soccer Dome: 05/02/2010)

U14 County Volleyball Final: 04/02/2010

Indoor Rowing Championships: 11/02/2010

Please note that fixtures may be altered and further fixtures may be added as teams' progress in cup competitions and leagues. Additional fixtures or re-arranged fixtures will be posted on the school website: www.carres.lincs.sch.uk