

The Carrensian

Incorporating

Gazzetta de la Carre's

Foreword

This has been a very busy and productive term with many students working hard for their exams, several trips going out, and success on different fronts for our students. You will be able to read more about these things later in this edition of The Carrensian, a newsletter written and produced exclusively by the students.

As we come to the end of another year we say farewell to students and colleagues. Mrs Alexandra Goldstraw will be leaving the Science Faculty to relocate to the USA with her family, and Mr Graham Hill (Maths) will be taking time out to be with his family. Both are very talented and committed teachers and I hope that they will return, if not to Carre's, to the profession in the future. Mr Victor Postoyalko is retiring, having been with us for 7 years in the Science Faculty.

We wish all of our staff and students well, whether it be in their new schools, at University, in employment, in retirement or in a new life!

We shall be welcoming several new staff in September....

Dr Brian Simmons is joining us from The Charles Read Academy. He is an experienced teacher who has taught in a variety of schools and will bring new impetus to the Science Faculty. Mrs Keren Seymour, who did her teaching practice with us following a successful career in the RAF, will also join the Science Faculty. The growth and success of the sixth form has necessitated further appointments in Maths, with Miss Kate Willoughby and Mr Tom Peters starting their careers with us in the Maths faculty. Mrs Dawn Feneley has joined us in the School Office, as Ms Rachel Brook has moved to the school's Sixth Form Office.

As the term draws to a close I would like to take this opportunity to wish you all a well-earned break and much needed relaxation ahead of a new academic year, which starts for all on Wednesday 5 September.

Nick Law Headteacher

Our Head Boy and Head Girl: Ben Wilkinson and Lucy Allen

This year we have had a huge change to years 12 and 13. For the first time in Carre's Grammar history we have a Head Girl, Lucy Allen.

We asked Lucy what she thought of being the first Head Girl in the history of the school. She replied: "It's a lot of pressure to live up to things, but I feel very privileged."

The Head Boy and Head Girl have a lot to do, including helping around the lower schools in KS₃ by setting up fun house competitions for us all.

They are at a vital age because they are mature enough to be in meetings with staff, but are still approachable for younger pupils to go and talk to about problems they may have, or just for a general chat.

Ben and Lucy both felt that they are an essential part of the school, Ben added: "We do a lot to contribute in different areas throughout the school."

Ben wanted to be Head Boy, as: "I have enjoyed my experience at the school and wanted to give back what the school and the previous Head Boys have given me." Lucy's main reasons were: "I wanted to bring a new perspective to Carre's and make sure that all the girls' views are heard and that the pupils get the best opportunity out of life here."

They are both a true credit to the school and will be missed when they leave. Having both a Head Girl and a Head Boy has proven to be very effective. Well done to them both.

School Life

All rise for the Duke of Edinburgh Challenge

The Duke of Edinburgh award has made a proud return to Carre's Grammar School under the leadership of Miss E Chaddock. Nineteen Year 10 students rose to the challenge and make up the cohort for the renewed challenge. They will need to complete four sections over 6 months to gain the Bronze Award. The sections are Physical, Volunteering, Skills (worked on independently by the students) and the Expedition (with the School). A practice expedition is planned for July, with the qualifying expedition done in September on the Lincolnshire Wolds.

There are 3 levels of award, Bronze, Silver and Gold. The award helps with teamwork, self-reliance, resilience, confidence and responsibility and is recognised by employers and Universities.

Ms E Chaddock, Head of Geography

House System Board

Carre's Grammar School keeps with traditional core values of house competition. With the help of Ashley Wood and Lisa Gurney from The Pottery Painting cafe of Westbanks, Sleaford, the traditions of the house system at Carre's Grammar School live on. Mr James Offer (Head of the House system) has given the school new direction and with the help of the Pottery Painting Cafe and the school's technology department (Mr Ian Scholefield, Mr Paul Mawditt and Mr John Watson) the school has a focal point where all students may recognize their achievements.

The Pottery Paining Cade kindly assisted in sourcing and painting the shields with each house having its own crest and identity; now easily recognizable. Mr Offer said "The boys enjoy competing against each other in a variety of events, from Rugby and Football to Chess and Debating and Computer Gaming to Twister. With more and more departments getting involved, the competition is becoming stronger and stronger. "Mr Offer was pleased to say that every Key Stage 3 student took part in an



event last year, which is a testament to inclusion and the power of competition.

Mr P Mawditt, Technology

Pictured: Katy Turner, student House Leader accepting the Carre's Shield from Lisa Gurney of the Pottery Painting Cafe.

On Friday 13 January, Carre's FILMCLUB hosted a 'FILMCLUB ENCOUNTER' with Matthew Penry-Davey, the first assistant director of many great films. Twenty eight students, comprising of FILMCLUB, Year 10 and 11 Drama and Arts Award students attended the event.

Matthew has been involved in Star Wars
Episode II, Mr. Bean's Holiday, 10,000 BC,
How to Make Friends and Alienate
People, Lord of War, Made in Dagenham
and many more.



He has three favorites: Lord of War (for the stunts and action), 10,000 BC (as he got to travel around the world to shoot it).

His third favorite film, which is also his most favorite to work on (and his biggest challenge), is a film he finished the week before Christmas called Vortex. (This film took two years to get the money together to make.)

Apparently, film scenes are not usually what they seem on screen. A lot of tricks are used to make the actors a lot safer. For example, one of the films, Lord of War, had a huge action scene with an airplane landing in an unsafe environment. But what looked like a real plane on screen was actually some wheels attached to a crane, or a window on its own attached to a car.

Don't assume wrong; some takes were taken with a real airplane, but not all. Another trick used, to make things safer, was filming the scenes backwards (like pulling a car backwards) and then reversing it on screen. That trick was used for a baby on the runway in Lord of War.

After Matthew's inspiring talk there was a lively and interesting question and answer session.



Miss L Smith (Learning Resource Administrator) commented on the afternoon, stating "this was a really inspiring experience for our students that have inspired them to produce their own short films and open their eyes to all the hard work that goes on behind the scenes."

Nick Holmes, Year 8

"The Chill"

The past few years has seen a transformation of a functional yet uninspiring dining hall into one that is bright and modern and which compliments the catering on offer.

In March this year the Catering Manager, in conjunction with Elyra Marketing, completed the overall ambience of the dining room with the addition of signage and naming the dining hall "The Chill".

The transformation was welcomed by both students and staff and the Catering team have had numerous compliments from parents and visitors to the school.

"The Chill" has grown in its popularity due to the hard work and dedication of the Catering Manager and her team who always strive to offer excellent, varied, nutritional food that also offers good value for money.

Jane Thatcher Catering Manager



Science: Room 14 'Priestly Lab'

Room 14 was one of the oldest rooms in the main school building which had not been refurbished before the summer of 2011. Head of Faculty, Mr Wright, recollects how the lab had not altered since his school days here as a student in the 1970s. The floors were bouncy, the room contained old furniture and no interactive whiteboard.

Therefore, the Science Department painstakingly constructed and submitted an application and plans to the Wolfson Foundation in order to attain a grant. They were successful and received funding for half the project. The floors and ceilings were replaced, air con, interactive whiteboard and up-to-date gas, water and fume cupboard were fitted. All the old materials were recycled; the wood was used by Technology in their projects, bookcases relocated in the Sixth Form work room and the sinks salvaged as flower pots.

Staff and students alike agree the refurbishment of Room 14 has created a better working environment, whereby students enter ready and raring to work.



Crashing, Smashing Tile Mosaic

In the Spring term, the mosaic created by students last summer was erected in the School foyer, representing Carre's in all its glory.

The mosaic was made last summer term by a group of students from Years 7, 8 and 9. The idea behind the mosaic was generated by the student team one lunch time and designed by Josh Yeomans 8C (formally 7C). They decided the theme should be about Carre's, not only in Sleaford, but all the opportunities the boys have to travel near and far on educational trips. Hence, depicted are a plane flying around the globe and the Carre's school badge in the background representing the school aspect.

The mosaic was completed during lunch time art sessions and was supervised by Mrs Sharples and Mrs Smith. The tiles and tile boards were generously provided by local companies showing their support for the students creative

ideas.

Mrs Sharples, Art

LRC: Author Visits

Jonathan Stroud

On Friday 30 September, Year 7 and 8 students from Carre's were given the opportunity to meet renowned fiction author, Jonathan Stroud. Jonathan is most famous for the Bartimaeus Sequence, a series of fantasy novels that focus on the witty and sarcastic spirit Bartimaeus and his life as a slave under magicians.

One student described the day as a "unique opportunity to see what being an author is like."

Miss L Smith Learning Resource Administrator



The Zombie Creator



On Tuesday 24 April author Charlie Higson visited Boston's Haven High Technology College and Carre's students were invited. Charlie is the writer of many famous series including Young Bond and The Enemy.

The talk Charlie took to Lincolnshire students really brought the wonders of writing to their eyes.

Nicholas Holmes Year 8 Young Journalist

Music at Carre's

Samba at Cranwell Primary School

On 17th June five Carre's students travelled to Cranwell primary school to take part in their activities day, with events ranging from medical to cookery being run. We visited to help teach the Primary students samba, bringing along with us drums and tambourines to help aid in our task.

There were four one hour sessions, with roughly six to ten students in each session. A variety of year groups took part in each session. Mrs Quinton started the sessions by talking about where samba originates from; Brazil, asking questions and introducing the instruments around the group. Carre's students demonstrated the instruments first with a performance before the Primary students.

Then, to provide guidance, we stood next to the students to help them keep the rhythm and beat. Using a whistle Mrs Quinton conducted the group, blowing a certain rhythm for us to follow. After a few goes with an instrument we would swap so everybody could have a turn with each one. When we swapped instruments Mrs Quinton would add new challenges to make it more exciting and more stimulating.

At the end of the day the staff said thank you and we returned to Carre's. It was a great day and I would recommend it to anyone.

Griffri Walker-Slade, 9W

Music at Carre's

Royal Albert Hall

On Saturday 12th May, Mrs Quinton organised a trip to the Royal Albert Hall to perform in Mozart Requiem. The day consisted of practice sessions preparing for the final performance with over 500 other people.

The practice sessions in the Hall allowed the performers to get a feel of the Hall and their surroundings. Following these, the conductor, while cracking a few jokes here and there, fine tuned everyone to be perfect from the notes to the timing.

After practice the group of students and teachers enjoyed Kensington Gardens while eating their lunch and preparing for the final performance.

The time had arrived where the teachers and students had to join with other performers and sing their hearts out! Everyone gave it their best efforts. The performers, who were surrounding the students (some of which have done this over 10 times before) praised us for the performance.

All the students enjoyed themselves so much that they wanted to go

again the next year.

Aaron Hodgson, 11W



Carre's going downhill fast!

In February Mr Scholefield led a ski trip to Alpe d'Huez in the French Alps. To get us prepared, we went for a couple of sessions on the dry ski slopes at Tallington. There we mastered getting our boots and skis on and off, and practised having accidents in a safe environment. There were a variety of interesting poses by first-timers coming down the slopes, mine being not unlike a crane fly having a seizure.

The trip itself was excellent and we all progressed our skills on the real slopes with no one falling off a ski lift or starting an avalanche. It was great fun and enjoyable for even those who are usually 'non-sporty' types.

In fact the biggest adrenalin rush was actually nothing to do with the skiing but the bus driver manoeuvring the bus up a winding, narrow mountain path with a sheer drop on one side, in true Alton Towers scream-ride style.

The après-ski was brilliant each night, some of it organised and some chosen by us. The resort itself was comfortable and had great facilities such as heated swimming pool, tennis courts, pizzeria, etc. We relaxed in the games room equipped with a bar, pool table, games machine and plasma TV. Over the week we had a laser quest battle in snow trenches, a disco (with other schools that were there), treasure hunt, a visit to an ice cave and a snow sculpture competition.

I would recommend this trip to anyone and I don't think you'll find a single person who wouldn't leap at the opportunity to go again.



Lesson from Auschwitz

A Student Experience

"All roads lead to Auschwitz" was the infamous saying in World War Two when referring to the systematic capture, transportation, imprisonment and slaughter of Jews, Gypsies, Homosexuals and many other innocent people. I too took that road in February of this year, but thankfully I was not to experience the same fate. Instead, I was to experience "Lessons From Auschwitz" thanks to the Holocaust Educational Trust (HET). I was extremely privileged to be able to learn more about the ghastly events, as only around 200 students from the East Midlands are able to go each year.

I found the whole experience surreal. Auschwitz was surreal. I was ecstatic to have been on the trip, that' s even considering my paranoia with flying. The day was long and tiring but extremely eye opening. We looked around Oswiecim (the town of which the Germanic name is Auschwitz); visiting the only surviving synagogue in the town from the war period, and then moved on to Auschwitz I and Auschwitz-Birkenau.



The memorial ceremony we held with Rabbi Barry Marcus was unbelievably moving. He read a passage in Hebrew whilst we all held candles which we placed on the train track at Birkenau. This was a new and incredible experience for me. I saw the effects that the presence of the camps had had on Oswiecim and how it turned a thriving Jewish community into a ghost town.

Before going on the trip, I heard the testimony of Holocaust Survivor Zigi Shipper. It was so moving to hear his story and to hear him speak about his ordeal. The tales of his family were extremely upsetting as he explained that his grandmother had died on the day that the war ended and that he still does not know where or when his father died.

Throughout his testimony Zigi had said how he felt dehumanized. This fell in line with one of the main aims that the HET set out to achieve; to re-humanize the holocaust. This may sound silly but it is often forgotten that everyone involved in the holocaust were humans. A figure that is often thrown about is that six million Jews were killed. The fact is that there are probably many more as details were not taken of those people who were sent straight to death after arriving at camps such as Auschwitz-Birkenau. But by stating these figures it is easy to forget that individual people were victims.

The only ingredients that are needed to create genocide are people and hatred. In the holocaust (this only refers to the genocide of Jews) people had hatred towards other people, whilst other people allowed that hatred to develop into a deeply embedded systematic process. This is what has made me understand why Zigi's message to us all was to not hate anyone, despite being a victim of the holocaust. He wants to stop it happening again.

By re-humanizing the holocaust we have to take into account the role of the perpetrators and the bystander. Rudolf Hoess, Commandant of Auschwitz, killed thousands in the day and went home next door to his family at night. He was a human perpetrator, not a monster. The bystanders, however, are more difficult to pin-point as we have to ask ourselves, "What would we have done in their position, without benefit of hindsight?" The bystanders are those who let Hitler rise to power in Germany, those that did nothing when Jews and others were discriminated against. Again it comes back to those ingredients (people and hatred) that will allow such an incident to happen again. George Santayana said, "Those who do not remember the past are condemned to repeat it".

For more thoughts and views on my experience I have a new website, www.contemporaryhistory.blog.com. You can follow on twitter @ContempHistory or like the Facebook Page "Contemporary History". It would also be great to hear your suggestions as to what we can do around school to promote such issues. Either speak to me around school or on facebook. Remember, historical events can and do repeat themselves. "Those who do not remember the past are condemned to repeat it".

Jarrad Johnson, Lower Sixth



Engineering

Jack Dent, Engineering Apprentice



at Rolls Royce. This is a fantastic achievement considering that Rolls Royce usually have over 4,000 applicants for its apprenticeships. Jack had to undergo a selection test where he was in competition against people several years older than himself.

We are delighted that Jack has been successful. It is testament to the hard work of students and colleagues. We are passionate about engineering at Carre's and it is pleasing to see so many of our students considering Engineering as a viable career path.



Four Year 12 students, Simon Mitchell, Joshua Beech, Christopher Farrar and Alex Rickard successfully completed an engineering project in conjunction with Intergen (Spalding Power Station). The students worked with Spalding Power Station's lead Engineer to produce plans and proposals for a lock down system for escaping gases to prevent contamination and potential explosion, generating an emergency de-gassing system for the power station's generators. This project was submitted as part of the National Engineering Education Scheme.

We are immensely proud of these young Engineers. The solution they have come up with has the potential to be implemented worldwide across all of Intergen's power stations, resulting in thousands of pounds of potential savings in insurance costs and potentially saving millions of pounds of outage costs. I'd like to take this opportunity to thank the students and staff at Carre's for all their efforts and Simon Walker at Intergen, who supported the scheme.

Mr P Mawditt, Technology



Throughout this academic year students have taken part in cookery lessons for the first time in the school's history. A wide range of dishes have been made by the boys in Year 7 to develop their home cooking skills and learn about food safety and hygiene, healthy eating and consumer awareness. The cultural importance of food has also been acknowledged; students prepared Flapjack to celebrate British Food Fortnight, served up an oriental meal for Chinese New Year and have designed their own energy bars in preparation for World Sport Day and the London 2012 Olympic and Paralympic games.

Some boys have been inspired to take part in a wide range of competitions too. In December we held a Carre's Grammar School heat of the international Rotary Young Chef of the Year and hosted the Sleaford final too. Thank you and well done to all the students who were able to participate at very short notice: John Palmer, George Collett, Cameron Coomer, Joseph Sylvester and George Ryder. March was a particularly busy month with two more events: Cameron Macadam and Connor Ward represented the school in the regional finals of Go Global, a national competition sponsored by Bakkavor in which they prepared a fabulous Indian feast. Students from all houses joined in with an exciting lunchtime cookery competition in which Callum Bland won with an amazing Leek and Cheese Tart.

Mrs J. Livsey, Cookery





GRAMMAR SCHOOLS HAVE LONG BEEN A HALLMARK OF THE BRITISH EDUCATION SYSTEM BUT AS COMPREHENSIVE SCHOOLS BECOME THE PREFERRED SOLUTION, DO GRAMMAR SCHOOLS STILL HAVE A PLACE IN SOCIETY?

STUDENTS FROM CARRE'S GRAMMAR SCHOOLS SIXTH FORM, NAMELY LUC CHIGNELL, ORGANIZED AND HOSTED A DEBATE ON THE MOTION THAT "GRAMMAR SCHOOL EDUCATION ENCOURAGES SOCIAL MOBILITY AND SHOULD BE PRESERVED." TWO GUEST SPEAKERS WERE INVITED TO TAKE PART, EACH REPRESENTING THEIR SIDE OF THE ARGUMENT.

SUPPORTING THE MOTION WAS STEPHEN PHILLIPS, LOCAL MP FOR SLEAFORD AND NORTH HYKEHAM AND AGAINST THE MOTION WAS PAUL STRONG, RECENTLY RETIRED HEAD TEACHER OF WILLIAM FAR COMPREHENSIVE SCHOOL.

THE DEBATE STARTED WITH A FIVE MINUTE OPENING SPEECH BY BOTH SPEAKERS IN WHICH BOTH WERE KEEN TO FOCUS ON THE SUBJECT OF SOCIAL MOBILITY AND IN MR STRONG'S CASE, HOW IT IS UNFAIR TO BE TOLD AT THE AGE OF ELEVEN THAT YOU ARE A FAILURE IN RELATION TO THE 11+ SYSTEM.

AFTER THEIR INITIAL ARGUMENTS, TALK MOVED OVER TO THE FACT THAT GRAMMAR SCHOOL STUDENTS COST AN EXTRA £300 PER YEAR TO EDUCATE THEN THOSE ATTENDING A COMPREHENSIVE SCHOOL AND THAT COMPARABLE RESULTS ARE OFTEN ACHIEVED BY COMPREHENSIVE SCHOOL STUDENTS. STEPHEN PHILLIPS RESPONDED THAT GRAMMAR SCHOOLS ARE WORTH THE EXTRA AMOUNT BECAUSE THEY PROVIDE UNIQUE OPPORTUNITIES THAT ARE OTHERWISE UNAVAILABLE TO STUDENTS IN THE COMPREHENSIVE SYSTEM

The floor was then opened to an audience of sixth formers from the school itself and those from local, non selective school: St George's Academy. The debate closed with speeches from the school's Head boy and a St George's representative before a vote took place in order to decide the victor.

ULTIMATELY, IT WAS STEPHEN PHILLIPS WHO WON THE DEBATE, WITH ONLY A SMALL MINORITY SYMPATHIZING WITH MR STRONG'S VIEWS.



HOWEVER, THIS
COMES AS NO
SURPRISE
CONSIDERING ALMOST
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ATTENDANCE.



Sleaford Tennis Club Opening

Earlier this year, former British Number One tennis star, Andrew Castle, was at the official opening of Sleaford Tennis Club. The new colored tarmac and fully floodlit courts are located within the Sleaford Recreation Ground on Boston Road.

The Club invited the former ace to cut the ribbon and officially open the courts. (Andrew is more recently known for his commentating and presenting on the famous GMTV sofa for 10 years.)

Andrew took the time to chat to everyone and later played tennis with a few adult members. Afterwards, he got involved with the children's lesson and signed tennis balls.

He told me, "I like the distance between the courts themselves to the fence, because often when small clubs are built they are too close, and the tennis balls end up running onto other courts. I love the facility because it brings people together. That's what a good facility should do.

"Tennis is not a snobby sport, so it doesn't matter whether you play tennis or not, everybody is welcome and that should be the message seen by everyone. Clubs like this one in Sleaford are wonderful as they bring people together."

People from all over had come to visit the courts. Even Mr. Law and a few other staff from Carre's Grammar came to show their support. All of them had a great time playing tennis and Mr. Law resisted the temptation to play Andrew as he did not want to show him up.

Coach, Kevin Hawkesworth, said: "I think the opening of the courts is great; we've been looking forward to it for around four years and today is the big day. Tennis is my life, I enjoy my tennis coaching and my heart is here in Sleaford."

His main aim is to find a County Champion.





Olympian Visits Carre's

As London 2012 draws ever closer, schools throughout the UK are engaging pupils in sports and other activities in order to celebrate the arrival of the Olympics later this year.

The Government's aims for the Games are to make the UK a world leading sports nation and to inspire a generation of young people to take part in local volunteering, cultural, and physical activity.

The Olympic torch has been carried across the United Kingdom and past many schools in order to signal the arrival of the games. While athletes, both past and present, are touring the country visiting schools.

london

One such athlete is former Olympic high jumper Brendan Reilly, who recently visited Carre's Grammar School in an attempt to inspire students to aim high and find their talent. He firmly believes that everyone has a talent, sometimes lying dormant, and works to help people realise their own dreams and take the first steps to achieving these.

Brendan started the day with an assembly to the entire school, discussing his life and achievements and how he had coped with and overcome problems such as injury. He then hosted special classes with those who were particularly gifted in PE.

For many, the Olympic Games will be a once in a lifetime experience as it is usually fifty to seventy years before a host nation is chosen to host the games again and so the Olympic Committee is trying to maximize students involvement in both the build up and aftermath of the Games.

The games will also have a large impact on the City of London itself. They are expected to help rejuvenate London's East End, a historically poor part of the capital and the Olympic Park will become the centre of athletic events in the city.

After the games, the Olympic Park will become the Queen Elizabeth II Olympic Park in her honor and be converted in order to better suit the needs of the local community.





As the Olympics draw ever closer an atmosphere of excitement fills the air as the torch travels 8000 miles around the country. On Wednesday 27 June Sleaford was privileged to host part of the Olympic torch relay.

Carre's joined other local schools forming part of the procession following the torch and organising Olympic themed events. Sixty students took an active role in the event, ranging from: designing and creating standards to be paraded in the procession, performing samba music and showcased different ball sports (organised by Katy Turner and Lucy Allen).

Preparations for the day: Music by Mr Roberts

Tuesday 26th and Wednesday 27th June were particularly busy days for the Music Department at Carre's. Tuesday saw 23 students spend the day with various visiting professional musicians from around the country to form a Jazz and Samba Band, and learn four pieces that were to be performed as part of the Olympic Torch Procession. All students worked really hard to learn all the pieces by ear and without any form of written music. Everyone had a really great time, showing great musicianship and working well as an ensemble, adding to the exciting atmosphere of the Olympic Torch coming to Sleaford.

Preparations for the day: Art by Mrs Sharples

The school was tasked by Arts NK to create eye catching standards and come up with a coordinated costume theme for the boys walking in the procession. We were provided with a colour theme; predominately turquoise blue and white, and we added silver to create a sparkle or two!! Our sport theme was ball games for the Olympics (each school was given a different theme to work with i.e. swimming, archery, cycling etc.). Some of the design ideas for the standards were generated by the Year 9's in lessons, this was then elaborated on by the Year 7's and 8's who were part of two half day workshops with Mrs Sharples and Miss Angus. All the boys worked really hard to make and decorate the standards in time for the torch procession.



Holland Football Tour - Yr 9

During the Easter holidays 77 students, including Year 8, 9, 10, 11 and U18 football teams, packed their sport bags to spend 9 days in Weerterbergen (near Eindhoven), on the Holland football tour. Students saw the sights including De Efteling Theme Park and a tour of PSV Stadium, as well as playing football; all five teams played three fixtures each.

After a guided tour at PSV's Philips Stadion, the Year 9 squad played their first match against V.V Hulsel on the third day of the tour. Physically Carre's outnumbered V.V Hulsel and this stat provided vital in the game as we comfortably won 9-0, giving us a good start to the tour.

Our next opponents, SV Reeshof, seemed to prove a harder challenge as by half time Carre's were down 4-1. But a half time hair dryer treatment from Mr Wilson inspired us to come out fighting in the second half. Excellent performances from Dominic Kelly (provider of the two goals) and Callum Stewart meant we drew the second half 1-1. Even with a final of 5-2 to SV Reeshof we were pleased with our second half response and left brimming with confidence for the next game against V.V Maarheeze. After our poor first half performance in the last game we made sure we came flying out of the blocks in our last game and finished the first half with a 9-0 lead. With the game comfortably sealed it was now a race to get every player a goal on the tour. With a final result of 15-0 we achieved getting every outfield player on the score sheet for at least one of the three games we played. Callum Stewart was deservedly named player of the tour for Year 9 and everyone else in the squad played exceptionally well throughout all three games. The Year 9 team would like to thank Mr Wilson for managing us throughout the tour and Mr Wilkinson for arranging everything and setting up the Holland football tour in the first place.

Matthew Dunn, Year 9





Open Day

Recently, Carre's Grammar School hosted an open day to promote healthy eating and draw attention to the dangers of obesity, which is a growing problem in the UK.

The open day, at Carre's Grammar, proved very popular, with many NHS patients attending after being referred by their GP. The new food technology room was also open showing guests how they can make healthy meals. Fat-free scones were then handed out.

The day was held to make members of the public more aware of obesity, help people lose weight and open their eyes to a healthy future.

The day underlined that our environment heavily shapes what we eat, how much we drink and how active we are. Emphasis was placed on creating the right environment to encourage and empower people to take responsibility for their health and in doing so make healthy choices.

The government is concerned about obesity in this country. The latest health survey for England showed that nearly 1 in 4 adults, and over 1 in 10 children aged 2 – 10 are obese.

In 2007, the government-commissioned Foresight report predicted that if no action is taken, by 2050 60% of men, 50% of women and 25% of children would be obese.

It's widely accepted that obesity can have a severe impact on people's health, increasing the risk of serious illnesses including cancers and heart and liver disease.

Healthy eating must be key to having a healthy lifestyle. Unfortunately, poor diets tend to run in families, with bad eating habits inherited from parents. Childhood obesity can be a strong indicator of weight-related health problems in later life.

Carre's Grammar School felt the day was really eye opening and that it was very successful. Hopefully the messages learnt from this initiative will be passed on to others and help reverse the government's gloomy predictions on obesity.



Leading the way in Lincolnshire

During May, a group of Year 10 Young Leaders received training from the Youth Sport Trust (YST) to become Junior Team Managers. The workshop, the first of its kind in Lincolnshire, teaches young people how to become a Sports Team Manager. As well as analysing their own skills, they created action plans for areas they need to improve and consider the many roles involved with organising sports competitions.

As Carre's is now officially the Youth Sport Trust lead school for Leadership, Coaching and Volunteering in Lincolnshire, we will be delivering more workshops of this nature and will be training more young leaders to engage in coaching and volunteering. Having a larger school sport workforce at Carre's allows us to be able to offer more opportunities for our students and those at our neighbouring schools. The skills the boys have learnt and continue to practice will be with them long after their schooling at Carre's.

Matthew Evans, Football Development Manager



From left to right: Jamie Gordon, Matthew Killen, Sam Wheeler, Jack Warren, Alex Schroeter, Isaac Charlton, Matthew Welsh and Nick Hill.

Absent: Conor Thompson.

FOOTBALL RESULTS

Y7 Results

Lost 2-1 against Queen Elizabeth High - County Cup

Lost 2-1 against St. George's - District League

Lost 3-0 against King's - District League

Y8 Results

Drew 2-2 with Will Rob - District League Lost 6-0 against King's - County Cup Semi's

Y10 Results

Won 1-0 against St. George's - District League (Home)

Y11 Results

Won 4-3 against Kirkstone House - Friendly (Home)

Won 5-1 against Boston Grammar – Friendly (Home)

1st XI Results

Won 3-2 against King's - District League

Won 2-1 against Horncastle - District League

Won 2-0 against Boston - District League

Won 8-0 against Lincoln College - District League

2nd XI Results

Won 4-2 against Horncastle - District League

Lost 6-0 against Skegness Grammar - District League

Won 3-0 against Boston - District League

Won 5-2 against Lincoln College - District League

3rd XI Results

Lost 3_2 against Boston - Friendly

ATHLETICS RESULTS

Y7 & Y8 Results

Qualified for the County Finals after finishing 2nd in District Sports Hall Athletics Competed in the County Finals, both finishing 2nd place



RUGBY RESULTS

Y7 Results

Lost against Priory Ruskin Academy

U15 Results

Lost in Quarter Finals of County Rugby 7s

U18 Results

Came second in County Rugby 7s

1st XV Results

Lost $10_{-}3$ against Leicester Grammar in Daily Mail Vase Won $47_{-}0$ against Lincoln College



St Georges B St Georges A Priory Ruskin Total

BASKETBALL RESULTS

U14 Results

Won the District Competition to qualify for County Final

U16 Results

Won the County Finals Lost in National Cup (Home)

Senior Basketball

Lost against Stamford (Away)

KSSA Superzone County Qualifiers

					_		
Team	Result	Team	Josh Brown	2, 2, 2, 2,	2,	2, 2, 2,	16
Carre's Grammar School	34 – 4	St Georges B	Rory Williams	2,	2, 2, 2, 2, 2	2, 1	15
Priory Ruskin Academy	20 - 20	St Georges A	Luke Jones (c)	2, 2, 1, 2, 2,	2,	2, 1,	14
			Rytis Tamasauskas	3	2, 2,		7
Priory Ruskin Academy	12 – 4	St Georges B			, ,		
		3	Duncan MacPherson	2, 2,		2,	6
Carre's Grammar School	18 – 6	St Georges A	and I class				
		_	Michael Cliffe	2, 2, 2,			6
Carre's Grammar School	16 - 5	Priory Ruskin Academy	Chuis Cadalau	_		2	4
Carre y Grammar yeneor	10 3	Thory Ruskiii Academy	Chris Gadsby	۷,		۷,	4

County Finals					Boston Grammar	De Aston	Total
	Team	Result	Team	Rory Williams	2, 2, 2,	2, 2, 2, 1, 2	15
	De Aston School	12 - 18	Boston Grammar School	Luke Jones (c)	2,	2, 2, 2, 2, 2	12
	Carre's Grammar School	10 - 10*	Boston Grammar School	Rytis Tamasauskas	2,		2
	Carre's Grammar School	21 - 12	De Aston School	Josh Brown		2,	2

A Fitting End to a Fine Season

Carre's first XI cricket team displayed devastating batting in the final of the County Cup to beat The Lincoln Minster School by 110 runs at the London Road ground. After losing the toss, Carre's were put into bat. Despite losing Hales early (caught on the boundary for 0), Brewster settled in quickly. Happily rotating the strike with Lyon, the pair put on a further 169 before Lyon was caught on 87 (off 49 balls, 11 4's and 2 6's). Brewster pushing on sensing the end of the allotted 20 over fell for 67 (50 balls, 7 4's and 2 6's). With Minster looking to chase down a massive 206 to win, they started well, and the opening partnership of Sreemivvashram and Protheroe were scoring at run rate of 8-an-over. Bower finally got the

breakthrough in the eighth over, taking the wicket of Protheroe with 53 on the board. Minster then saw batsmen going out and then quickly returning to the pavilion as the next three wickets fell for just 10 runs. Minster finally made 95 with Brewster being the standout bowler with figures of 4 overs, 0 maidens, 10 runs, 4 wickets.

Winning the Cup final was just reward for what has been an excellent, though rain affected season. The King's School, Grantham, were beaten by 63 runs (bower 3-8, Alexander 42) and this meant spirits were high for the traditional game against the Head's XI which again they comfortably won by 51 runs (Gascoyne 3-12, Lyon 45)



Cricket

Y7

Year 7 had the privilege of an professional coach coming into school to work with them every week, as well as lunchtime net session for the squad. They showed a lot of promise and will undoubtedly blossom into a capable team. Unfortunately, they have been able to show their ability this year, having only one mach, which saw them narrowly lose to Boston G.S. in the County Cup. Some nervous batting saw Carre's post 55 as a winning total, but some accurate, controlled bowling meant that Boston only just got over the line with a couple of balls to spare. Alex McGinley (captain) bowled particularly well and his ability and knowledge will undoubtedly see him playingabove his Year in the next few seasons.

Y8

Year 8 were also involved with the Fred Truman League, though the weather meant that the game against Bourne Grammar became a 'double-header' counting for both this league and the County Cup. Unfortunately, the side failed to fire and Bourne quickly dispatched the Carre's team. A couple of weeks later the boys had the chance to make amends, which they did so, comfortably beating Bourne Academy by 9.

Y8/9

Year 9 saw a season lasting just one game, against The University Academy, Holbeach. Despite a tidy 42 runs from Harrop, poor bowling had allowed the home side to accumulate an unreachable score in the allotted sixteen overs. Other matches which had been arranged were later cancelled due to the adverse weather.

Y10

Three different competitions meant that it was going to be a busy season for the Year 10s, particularly with the poor weather conditions. The team also had to suffer the loss of their captain, Joe Tomlinson, after just one game, a position which Tom Broughton filled well. The opportunity to play in the Fred Truman League was used to bring on players from other age groups and despite largely being made up of Year 9 students, Carre's won two games, only losing to The Deeping's School. The team is still active in the Lindum Shield and the 20/20 competitions having beaten Boston Grammar School, Skegness Grammar School, St. George's Academy and Gartree along the way. Notworthy performances include, Bean's 36 not out against Boston G.S. Harrop's figures of 2-8 and Dunn's 5 wicket haul against Skegness G.S. for just 28 runs.

Carre's Through to Final 32

On Tuesday 31st January, Carre's Grammar School Under 16 basketball team travelled to St George's Academy to compete in the KSSA Superzone Basketball Qualifier Competition, with the winners progressing to the County Championships. The team performed exceptionally well, sealing victories against St George's A (18-6), St George's B (34-4) and the Priory Ruskin Academy (16-5) to comfortably win the tournament. The team played well on the day, with exceptional performances demonstrated from competition high scorers Joshua Brown (16 points), Rory Williams (15 points) and captain Luke Jones (14 points).

At the County Basketball Championships, held at Granatham Mere's Leisure Centre on Thursday 2nd February, the team were in high spirits but felt slightly intimidated by Boston Grammar School – a team that finished County Champions the previous year and beat the team by 40 points in a friendly fixture. The boys performances on the day were quite simply exceptional, with Luke Jones (15 points) and Rory Williams (12 points) scoring many vital points.

The team demonstrated outstanding athleticism and determination throughout the tournament. A thoroughly deserved result and an outstanding effort. Well done to all of the team.

Mr Smith

Match Report

Overall, two good games of basketball were played by the Carre's Grammar School Under 16's Basketball Team.

The first game, played against a relentless Boston Grammar School squad, secured the first win of the day; however, the win did not come easy. Finishing the first 10 minute half at 6–5 to Carre's Grammar School, the team decided to play a more defensive second half. The tactics did not really pay off as the game finished at 10–10. Consequently, both sides had to compete in a freethrow shoot out to determine the winner of the game. In the team talk, the Carre's team had very high spirits, as this was the first time that the team had levelled the score with Boston for a very long time.

The final five to shoot the free-throws was decided among the team – Rytis Tamasauskas, Duncan MacPherson, Michael Cliffe, Chris Gadsby and the captain of the squad Luke Jones. The moment came for Luke to step up to the line to secure the first basket. Then came the turn of the Boston team, and they missed. A strong follow up from Rytis gave Carre's the two point lead and again, Boston missed their free-throw. This pattern continued throughout the shoot-out, with Duncan making the basket followed by Boston missing the shot, meaning that Carre's picked up the much needed win 3–0 in the shootout. Carre's now realised that a win against De Aston would result in the team becoming County Champions.

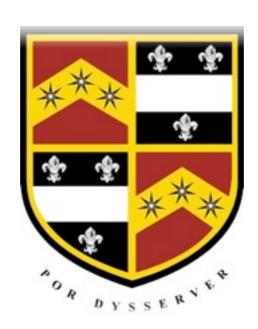
The second game against De Aston was a less eventful game for the highly motivated Carre's team, as the team were less confident coming off a previous loss against Boston in the tournament's first game. Carre's dominated the first half only conceding 6 points. In the second half, De Aston seemed to have had a great team talk from their coach as they came out all guns blazing, but still not managing to equal the score of their opposition. After finishing the game at 24–12 the Carre's team celebrated their victory as new County Champions, a record that has not been broken within the school for many years.

Luke Jones



MAPLE FARMS





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