



# NEWSLETTER

January 2018

[www.carres.uk](http://www.carres.uk)

## Useful Dates:

### Monday 15 January

Year 7 Debut Night Concert

### Friday 19 January

Year 12 Visit to The British Library

### Saturday 20 January

DofE Drop In Clinic

### Monday 22 January

Year 9 Vaccinations

### Thursday 25 January

Year 11 Parents' Evening

### Tuesday 30 January

Year 11 Poetry Live, Nottingham

### Wednesday 7 February

Year 7 Parents' Evening

### Friday 9 February

End of Term

### Monday 19 February

Term 4

## Foreword by Mr Law, Headteacher

A very Happy New Year to you all. I hope that you enjoyed the festive period and had time to relax with your families and put everything into perspective, as so many of us do at this time of year.

At this time of year we both reflect and look forward, and having had the privilege of leading the school for 10 years at Christmas, this is something that I have been able to do with many fond memories and a renewed sense of purpose for the next few years.

The astronaut Jim Lovell, Commander of Apollo 13, made the following observation, and it reflects what we try to do at Carre's:

*"There are three types of people in this world; people that make things happen, people that watch things happen and people that just wonder what happened."*

We educate at Carre's so that the young people are not bystanders, but encouraged to make things happen, and we expect them to shoulder that responsibility. Make no mistake, responsibility is a burden but it is also the greatest privilege to have the skills to shape events in one's own life and the lives of others around you.

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## Our Forthcoming Trips Abroad

Sixth Form Trip to New York 10 – 15 February

Iceland 8 – 12 February

Saint Lucia – 9 – 17 February

Canada – skiing – 9 – 16 February



The school has achieved so much in this time, from the growth of the school in terms of student numbers, including the introduction of co-education in the Sixth Form, three successful Ofsted inspections, International Schools Award Gold Mark, specialist college status in Sport and Science, academisation, formation of a Multi Academy Trust and various building projects. However, these pale into relative insignificance when set against the myriad of achievements of our young people, who make the school the really special place that it is. There have been several international sportsmen in the school, representing their country in a range of sports, including football, golf, rugby, athletics, angling, basketball, ice skating, Tae Kwon-do and Judo, not mention the many who have represented their county or region in sports. Music is flourishing with excellent concerts and individuals being part of prestigious groups and orchestras annually, as well as performances on the national stage. Arts Award is thriving at the school, as is the Duke of Edinburgh Award Scheme, and the philanthropy of the students has seen the school raise over £200,000 for charities, both local and national.

Students will have their own special memories of the school, most likely being the things that they have done outside the classroom, be it the annual trip to the Battlefields of the Great War, maybe the rewards visits to Alton Towers, the Lincolnshire Show or, weather permitting, cricket. There have been sports tours to St Lucia, Dublin, Canada, USA, Porto, South Africa, Australia and Paris, as well as reciprocal visits from sports teams from overseas. Students have also travelled to New York and Iceland, and undertaken treks and community projects in Tanzania, Ecuador, Nepal, Morocco and India. Several have been to Spain on exchange visits, Boppard and France for cultural visits and Auschwitz as part of an international programme.

None of this would have been possible without the commitment and dedication of the staff, who really do go the 'extra mile' for the students, giving up so much of their time, often away from their own families, for the benefit of the young people at the school. We are truly indebted to them.

I hope that I shall be able to celebrate more success with you for many a year to come. Carre's is a very special school, and with the support of everyone, be it parents, staff, students, trustees, and governors it will, I am sure, continue to be so.

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7L created a time capsule to be opened when they are in Year 11 to remember the trends of the time, which included a letter to their future selves, a length of string indicating their height in Year 7, gadget of the moment - a fidget spinner, Premier Team list, top ten film list, a photocopy of FIFA 18 game sleeve and the attached photo.



# SENIOR PRIZEGIVING

DECEMBER 2017



One of the highlights of the year at Carre's is the Senior Prize Giving at which we celebrate the success of our students, and welcome back so many of our former students and staff to share in the celebration. At the end of the Autumn Term we were delighted and honoured to have Gareth Bryant, an Old Carrensian, to distribute the prizes and share his experiences and wisdom with us. He studied at Carre's from 1986 to 1993 and went to Salford University to read Aeronautical Systems Engineering. He returned to Lincoln to work for European Gas Turbines (now Siemens) and after training at RAF College Cranwell, he was posted to RAF Waddington and has completed tours in Northern Ireland, Kosovo, the Falkland Islands, Afghanistan, Africa, America, and Australia. He has spent most of his recent career on the RAF Chinook Force where he was Commanding Officer for the Engineering and Logistics Wing and was awarded the OBE for his work in this area. Currently Gareth serves in Brussels where he is the Military Assistant to the UK Military Representative to NATO and the EU.



# Climate Champions at Carre's



*(L to R) Miss Chaddock (Geography), Mrs Quinton (Music) and Geoff Stratford*

*On Wednesday 15 November, students from Carre's Grammar School together with pupils from The William Alvey, Church Lane, Our Lady of Good Counsel and Navenby Primary Schools spent the day finding out about the causes, effects and management of climate change. During the school day the students and pupils were taught by Geoff Stratford, a former Biology teacher from Lincoln, together with Miss Chaddock, a Geography teacher at Carre's. Year 8 and 9 students from Carre's worked together with the primary school pupils to make powerpoint presentations and posters about climate change. At the end of the day all the students involved received a 'Climate Champions' certificate which was generously provided by NKDC.*

*The day culminated in a music concert entitled 'Live Earth' celebrating both the beauty and the peril of our planet. The concert was organised and led by Mrs Quinton, Head of Music at Carre's. The powerpoint presentations and posters produced by the students were displayed at the concert which was well attended and enjoyed by all.*

*Contact - Les Parker, Global Sleaford; email [globalsleaford@gmail.com](mailto:globalsleaford@gmail.com); tel. 01529 410702*



# The Literacy focus for this term is synonyms

For the next two weeks, when teachers mark your work, they will be focusing on how you use **synonyms** to avoid repetition in your writing. Synonyms are words with the same or similar meanings.

They can be any part of speech (such as nouns, verbs, adjectives, adverbs or prepositions), as long as both words are the same part of speech.

OTHER WAYS TO SAY...				
nice	good	bad	sad	happy
enjoyable pleasurable thoughtful courteous lovely likeable pleasing gracious congenial cordial admirable considerate	excellent amazing wonderful pleasant marvelous exceptional fantastic super outstanding terrific splendid stupendous	awful rotten naughty mean dreadful nasty wicked lousy terrible unpleasant disagreeable wretched	depressed gloomy miserable cheerless unhappy gloomy forlorn sorrowful upset downcast tearful somber	cheerful delighted pleased glad joyful ecstatic content jovial amused merry thrilled elated
laughed	like	said	big	little
giggled chuckled roared howled whooped snickered guffawed shrieked grinned cackled bellowed chorled	admire approve adore treasure fancy marvel appreciate respect cherish fond desire enjoy	commented replied remarked declared stated exclaimed shouted whispered announced responded boasted explained	huge giant gigantic enormous large massive colossal immense bulky hefty tremendous jumbo	small tiny petite miniature teeny itsy-bitsy miniscule mini minute microscopic skinny wee
ran	walked	pretty	looked	scared
bolled sped hurried sprinted jogged rushed galloped hustled skipped raced dashed fled	strolled sauntered tiptoed trotted marched glided strutted shuffled crept treaded hiked paraded	beautiful gorgeous appealing cute lovely exquisite attractive elegant handsome stunning fair dazzling	gazed examined glanced viewed observed peeked stared watched inspected spied studied noticed	afraid frightened spooked horrified startled fearful petrified anxious aghast alarmed terrified shaken

# LRC News

Many students got into the festive spirit and took part in the LRC Christmas quiz. Thanks again to all of those who entered. The winners were:

**Elliot Clark - 7C**

**Noah Sinnott - 9B**

**Ashley Jobson - 9L**

**Edward Arch - 9W**

**Seth Parrott - 6.4**

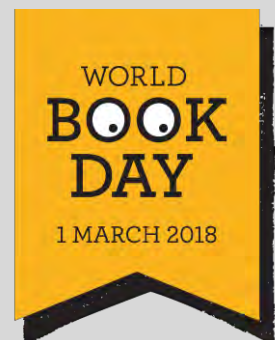
**And a joint effort from Jamie Watson and Alfie Terry! - 6.10 and 6.11.**



Film club will be continuing every Friday lunchtime in the LRC. After we have finished watching the very last Hunger Games film, we are going to start a new series. Any suggestions for films that we could watch are most welcome!

## World Book Day:

World Book day is fast approaching. This year it will be held on Thursday 1 March and it has been designated as a non-uniform day. For any students - or staff for that matter! - who are feeling adventurous, you are invited to dress up as book character. This is not compulsory, although there will be prizes for the best efforts. Those who would like to just wear normal non-uniform can do so as well for a charge of £1. All proceeds will be donated to a very worthwhile cause - Readathon - which provides books and story tellers to brighten the days of children in hospital.



## Readathon Challenge:



To coincide with World Book Day we will be launching the Readathon challenge for Years 7 and 8. All of the students will be encouraged to get sponsored for reading anything they like! The wackier the ideas the better. For example, one Year

7 said that he would like to get sponsored for reading as many crisp packets as he could in 1 minute!!! Again, all sponsorship raised will go to the Readathon charity and will help some very sick children forget their circumstances, at least for a short while! More details to follow...

## EBooks:

We are very lucky here at Carre's to subscribe to an ebook reading portal. All



students have their own usernames and passwords. There are some brilliant books for you to borrow such as Harry Potter or set texts for English like Macbeth and 'A Doll's House'. A Year 7 student who has used it said he thought that it was brilliant that he could change the font and colour of the text and background to suit his reading preferences! You can borrow eBooks by following the link below:

<https://cgsllrc.wheelers.co/>

**Username - individual Carre's email address.**

**Passwords - change with year group -**

**Year 7 = CGSLibrary07**

**Year 8 = CGSLibrary08**

**Year 9 = CGSLibrary09**

**Year 10 = CGSLibrary10**

**Year 11 = CGSLibrary11**

**Year 12 = CGSLibrary12**

**Year 13 = CGSLibrary13**

Any questions, please ask me in the LRC. Happy Reading! Mrs Morrissey,  
LRC Manager

# MUSIC



Singing Christmas carols at Oakdene  
and Ashdene Care Homes





# MUSIC

## Day with The Band of the Royal Air Force College

On 8 November 2017, the Carre's Grammar School Music Department arranged for students who had reached grade 5 or higher, on any particular instrument, to spend a day at RAF Cranwell playing with the Band of the Royal Air Force College. It was a fantastic experience for all the students who participated and was a fabulous insight into how professional musicians work in the rehearsal room.

The day started with students meeting some of the band members and getting ready to start the rehearsal. The band members were very friendly towards the students, so we all felt like we were part of the band for the day. We played three pieces which were: 'Amazonia' by Peter Graham, which was one of the six movements of 'Windows of the World', 'Brazil' which was actually the theme tune for the 2014 World Cup, funnily enough, that World Cup was hosted by Brazil. The final piece was the third movement of East Coast Pictures which is called 'New York', written by Nigel Hess.

In the afternoon, the band had sectional rehearsals. This personally helped me hugely as I became more familiar with the timings and rhythms of the pieces. The trumpet section, that I was with, were very kind and patient when anyone was struggling with their parts, we definitely made progress!

At the end of the day some of the parents of the students came to watch a performance of the pieces we all played, and also to listen to a piece that was solely performed by the band members.

I thoroughly enjoyed my time with the band and hope that it is repeated next year! Thank you to The Band of the Royal Air Force College and the school Music Department for making the day possible.

By Philip Taylor, Year 9



## Merlin Helicopter Visit to Carre's



Students from Carre's were very privileged to receive a visit by a Merlin Helicopter from HMS Elizabeth. The visit was a part of the Navy's drive to promote STEM subjects in schools and had selected a few schools within the UK to visit over two days.

Students braved the cold for the arrival and were given the opportunity to get up close to the Merlin and chat with the crew. Many students were also able to get on board and

look around inside before it departed for York. The timing of this fitted with the current Year 9 options process which has recently got underway. Unfortunately the weather had hampered the day and cut short the visit but students were impressed none the less. The school also welcomed students from KSHS and St George's to this rare opportunity.



## Senior Citizens' Christmas Lunch



On 7 December, the Carre's senior citizens' Christmas lunch took place. Three BBC School News reporters took on the job of questioning the staff, the community and the organisers.

The food was described as delicious. Many of the people there had been before and described the food as better than last year! For those who hadn't tried it before, they described the food as the best they had eaten. The staff thought it looked and smelt amazing.



A community customer said, "This is some of the best food I have ever tasted." It wasn't just the ladies and gentlemen who were enjoying themselves; the Sixth Formers were having fun too. They provided the entertainment, service and listened to the stories the senior citizens had to tell. They were very welcoming.

For many Sixth Formers it was their first time helping; despite this, the senior citizens thought they gave excellent service. The Carre's staff put the whole event together. Last year there was a power cut, this year nothing of the sort happened, although the staff were worried. One of the reasons they put it together every year is because they love seeing faces of joy.

With thanks to the hardworking canteen staff, teachers, Sixth Formers and many more. This year's lunch was a great success and the senior citizens are looking forward to next year's lunch!



Written by the BBC School News Report Team: Alfie Lewin; Matthew Stanley and Tio Collier

# English

## BBC School News Report - Leah Hall

By Jamie Gamble, Elliot Clark and Tom Phillips (Year 7)

Leah Hall is a Sixth Former at Carre's, who has arthritis. Leah could not move her body when she first got this as it hurt too much and it seriously affected her muscles. Before, Leah had arthritis in 2 joints but after just 48 hours, she had it in 6 joints. Her ankles were weak and small. When her family noticed this, Leah was rushed to hospital and stayed there for 5 months. She found arthritis very frustrating and she said she had to start from the beginning again, like a toddler taking their first steps.

When she was a child she went to Donnington School, where she was in every sports team, apart from rugby, as she really enjoyed it. Leah wanted to be different though, so she tried ice-skating! She loved the feel of the blade on the ice, the thrill of the competitions, basically the little things. However her friends took the 'mickey' out of her, she believes it was because they were jealous.

(see further on in the Newsletter for more news about Leah)

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### Helicopter Landing by Alfie Lewin (Year 7)

On Monday 11 December 2017 a Royal Navy helicopter landed on *Governors' Field*. It was an exciting experience, as many people hadn't seen a helicopter land before. When it finally landed, students in Years 7 and 9 were able to go inside the helicopter to explore. The pilot explained about the controls and how they work and about how the helicopter was made. Students were then able to ask questions.

Alfie Lewin 7C quoted "it was very fascinating to find out how they search for submarines"

Everyone had a great afternoon!



## Carre's Host Rotary's Youth Speaks Competition

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Carre's successfully hosted the Rotary Club's National Public Speaking Competition in December. The Intermediate Team consisted of: Henry Wicks - Chair; Joseph Wells – Vote of Thanks; Dylan Critchon – Speaker. They gave a confident performance but were beaten by an outstanding team from St George's. The Senior Team, due to illness, were a member short, which meant Tom McDonagh had to fulfil two roles. The original Senior Team were: Travis Cullum - Chair; Ewan Kennett – Speaker; Tom McDonagh – Vote of Thanks. However, the team was not daunted and still managed to go through to the next round.



## Technology

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Charlie Bunker and Elliot Petrosellini-Lancaster have gained the Bronze Crest Award for the AM radio projects that they completed in their Design and Technology lessons.

Well done.

# Duke of Edinburgh Award

## Celebrating Success for Sleaford's Youth

Tuesday 14 November was a special day for a number of students from schools in the Robert Carre Trust: the annual Duke of Edinburgh's Award Celebration Evening. This event marks a full academic year of DofE Co-ordinator Mel Walker providing the Award to students from both Kesteven and Sleaford High School and Carre's Grammar School.

All young people who achieve the DofE Award, at any level, must undertake a lengthy programme of volunteering, physical activity and skill development, as well as planning and completing two arduous expeditions. The dedication and commitment that these individuals show is exemplary, and many rely on the skills and experiences learned with this Award in their futures. Employers and Universities have a lot of respect for the Award.

Since 9 November 2016, when the last Celebration Evening took place, Mrs Walker and her volunteer staff team have facilitated many more successful expeditions and awards. KSHS students have achieved 68 awards in total: 44 Bronzes, 13 Silvers and 11 Golds. Carre's students have achieved 62 awards in total: 51 Bronzes, 10 Silvers and 1 Gold. Congratulations to all worthy recipients!

### **Going for Gold - Making History in the Robert Carre Trust**

Last year, the first DofE Awards were achieved by final year students at KSHS for many years. Two ex-students - Katie Flaherty and Phoebe Morgan - spent a well-deserved day in early November in our country's capital, collecting their Gold DofE certificates from HRH Prince Edward at St James's Palace. Every Gold recipient is invited to such an event, and it is an honour to attend and truly recognise the weight of the achievement. Bethan Owen and Freja Munks, also ex-students of the school, will be picking up their awards at this prestigious event in the New Year. In 2016, another 11 KSHS students completed their Gold Awards, and staff are very excited to see them all collect their certificates in the near future.

Furthermore, a Carre's student has completed his Gold Award. Joshua Burton, now at University, is the first Carre's student to claim this accolade through a school-run scheme. Special congratulations to all Gold Award recipients.

## Lifesaving Sophie Returns to Present First Aid Certificates

Sophie Atkinson, a student at KSHS from 2005-2012, returned to present current students receiving their DofE Award certificates. As part of the Award, students are taught first aid skills and complete the British Heart Foundation Heart Start Award. This year, 96 Robert Carre Trust students have successfully completed this qualification. Sophie, who achieved her Bronze, Silver and Gold Awards, also completed the Heart Start qualification; this began her interest in first aid, and over the years she has completed a number of other courses, particularly through her career in the Metropolitan Police. Earlier this year in the Netherlands, Sophie witnessed a man fall from his bicycle, suffering a heart attack. Using the first aid skills she first learned as part of her DofE Award, Sophie and another passer-by performed CPR and ultimately saved his life.

The Robert Carre Trust was honoured to welcome Sophie back to KSHS to present the Heart Start certificates to the DofE participants, and to talk about her own DofE journey, including her life changing experience in the Netherlands. 96 students have completed this lifesaving course in the last academic year alone, and we hope to continue this trend and ensure that more students, like Sophie, are able to act quickly if the need should arise.

Written by: Mrs Melita Walker

Robert Carre Trust Duke of Edinburgh Co-ordinator



## Safeguarding Update for Parents

As many students may have received the latest iPhone, smart phone or games console as a Christmas gift I thought it might be an opportune moment to raise awareness about current safeguarding concerns with regard to these devices.

**Sexting** remains a major concern. It appears to be considered by many teenagers to be part of normal teenage life. However, it remains a criminal offence for a minor to take explicit sexual images (including their own genitalia), store such images and view or share such images. A minor is anyone under the age of 18. Whilst the police do tend to treat instances of sexting as a safeguarding concern, students should not assume that every case will be treated as such. Each case is considered on an individual basis. Where deemed appropriate, parents are informed if their son/daughter has been implicated and given the opportunity to exercise their parental responsibilities for safeguarding their son/daughter by taking appropriate action with regard to phone use and internet access. From a school perspective, where we are unable to make an in-house assessment of risk or involvement because students implicated attend different schools, we may have no choice but to refer the matter to the police to investigate. Repeat offenders may also warrant referral to the police as it may indicate a more serious risk. Parents would be informed if the matter has been referred to the police.

Sixth Form students who have turned 18 will be treated as adults and the safeguarding parameters will be different. Offences that lead to a charge could result in a student being placed on the Sex Offenders' Register which would have significant implications for future employment.

Where we have been made aware of inappropriate images being stored on or shared via a device we have the right to confiscate that device. Should the police become involved the device would then be passed onto the police as evidence. Based on past experience, the police approach has been to acquire all devices that can access the internet belonging to the student and they are all wiped and returned to factory settings. It has not been possible to retrieve any work or personal material from the devices prior to them being wiped.

**Access to Pornography** is also a growing concern. The days of magazines hidden under the mattress are long gone! The purveyors of pornographic images are constantly finding ways to circumvent filters, and inappropriate material can get through. The key concern with regard to pornography is the skewed view it gives of what constitutes an appropriate and consensual sexual interactions. It is perhaps not the easiest conversation to have with your teenager but one that could be worth having as part of your discussions about this and the issue of relationships more generally.

**Online Gaming** is increasingly part of the Xbox/PlayStation experience. Online connection can save parents having to taxi offspring around to have contact with their friends but there is a downside. This is a method of contact that can be exploited by adults seeking to groom young people. Sticking to connections with known individuals is the safest approach and discussions around not making arrangements to meet up with online "friends" without running it by parents is a discussion worth having.





**Setting the boundaries** can be challenging as you are very likely to be told you are old-fashioned and so-and-so's parents don't make them do that. Please allow me to encourage you to be "old-fashioned" as there are many of you out there setting the same boundaries! We know because you tell us. Some simple house rules established early on with teenage phone users can make life easier later on.

Don't be afraid to insist they leave their phone downstairs when they go to bed. There is increasing evidence that this is resulting in sleep deprivation and the consequent poor academic performance. Phones can also be a significant distraction when doing homework as they cannot resist checking incoming messages. Many of the images we investigate are taken in their bedrooms. Another reason perhaps to avoid phones in bedrooms? I'll be honest, I do not envy you; all I had to deal with was Instant Messenger. However, you are not alone in trying to safeguard your youngsters, whatever they tell you. The *Think You Know* website (hosted by CEOP: Child Exploitation and Online Protection Centre, part of the national Crime Agency) has a parent section and if you want to be up-to-date with current concerns that is a good place to start: <https://www.thinkuknow.co.uk/>.

Good luck!

**Rosemary Brooks**  
**Designated Safeguarding Lead**



## Mr Green GOES MAD in Tanzania

Mr Green, the Finance Director, is usually only seen by the students when, as a former soldier, he leads the Remembrance assembly each November. However, on 28 February 2017 he conducted an assembly about Tanzania, as in August 2017 he went to work for a small charity called GoMAD in Tanzania (the MAD is Make A Difference). Mr Law kindly agreed to a non-uniform day which was held on 3 March, with the students wearing blue to represent one of the colours in the Tanzanian flag. The students and staff raised £800 on that day and with the support of family, friends and Riverside Church, Mr Green managed to raise a total of £2,250 to support the work of GoMAD.

GoMAD works with some of the poorest people in Tanzania. These folk have no access to clean water, toilet facilities and have insufficient funds to pay for any basic medical care. Schools are few and for those fortunate enough to attend, for a variety of reasons, fail to complete any education past the age of 14.

So on 1 August 2017 Mr Green travelled with a team of 13 and arrived at Eagle Lodge in Musoma, which is situated on the edge of Lake Victoria and below is an account of his time in Tanzania.

"The facilities at Eagle Lodge were basic but adequate and this was where, with the charities founder, we sat down to work out where our collective team fundraising of £17,000 could best be allocated.



One of the great benefits of working with a small, yet committed charity, is that all the money raised goes directly to the projects. There are no overhead costs to contribute to and I met all of my own costs. As a team we decided to allocate £13,000 to building a school, £2,000 to smaller building projects (more later) and £2,000 to funding the continuing healthcare programme that GoMAD supports. Although in essence I worked as a labourer for the 2 weeks, I had responsibility for accounting for our projects, so I was often, with the help of GoMAD's interpreters, buying materials for the work and counting vast sums of Tanzanian dollars in the evening, which I carried with me throughout in my dust splattered rucksack.

On day one my realization of the severity of the situation hit me square in the face. When carrying out a recce for a water tank project we came upon a family group and a poorly young boy called Samweli. We rushed him to a clinic some 7 or 8 miles away for treatment. Bouncing over rough tracks we arrived at the Coptic Clinic where medical intervention saved his life. Already GoMAD has made a difference. From one tiny pin-prick of blood this young boy was diagnosed with 6 malarial parasites. Scale that up through his whole body and you can guess how ill he was. We spent the equivalent of £7 to save his life - an expense the family could never have afforded and that's why so many children and adults alike die prematurely. So you ask,

where are the mosquito nets we have provided in the past to protect this family group? The answer, 'sold' to buy food because their crop of maize failed and the family took the decision to sell them, simply to put the most basic food on the table.

### **The School Build**

We started on our major project as soon as possible, with the wood to build the roof trusses arriving in typical African fashion, largely unsecured on the back of a make shift truck. The second picture is of the foundations as we found them.

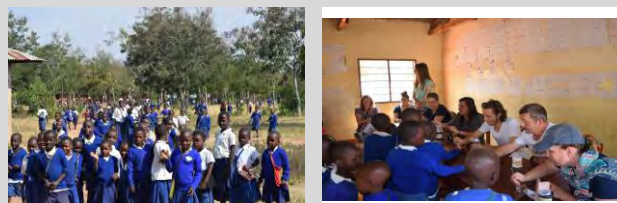


Building the roof trusses was hard physical work in the African sun but incredibly rewarding and despite my own lack of practical skills, the mnemonic of TEAM (Together Everyone Achieves More) was wonderfully evident.



### **The Health Care Programme**

Probably one of the most humbling experiences was the day I spent at the local primary school in support of GoMAD's Healthcare Programme. On a quarterly basis the children are "wormed". This is a common problem caused by a poor diet and the fact that often the children have no shoes and the parasite enters through the soles of their feet. Despite their sometimes tatty uniforms, the children were incredibly happy and knew they were privileged to be attending school. The pictures show many smiling faces and the Team issuing the worming tables (four per child) - we also tested for Malaria on this day - a quarter of the children had malaria and so will start a programme of medication all funded by the charity and the money raised.



### **School Football Shirts**

The local secondary schools also gave me the opportunity to distribute some of the school football shirts that Mr Wilson and the PE Department had donated. I witnessed 40 students based in the classroom below, with no facilities other than a desk each and a blackboard at the

front and once again I found myself surrounded by smiling faces, an eagerness to learn and enormous gratitude for the gifts from Carre's.



### **Water Tanks and Goat Sheds**

The smaller, but nonetheless equally important, building projects that we were involved in, were water tanks and goat sheds. Effectively these "giant water butts" are constructed around a metal cage on a concrete base. They help to provide a safer, cleaner water supply for a family than that collected from any local water hole. The goat shed provides a safe refuge for a goat, enabling it to remain healthy and provide the family with milk and a source of income.



### **The Leprosy Colony**



I also spent a day working in the leprosy colony administering very basic first aid and helping as an orderly to support some of the nurses and physiotherapists in our team. I was again humbled by the positive attitude of these people who are living in appalling circumstances with no medical support.

### **Thank you**

On 2 October, I had the enormous privilege of conducting a further whole school assembly to explain to students and staff what a difference their individual contributions of £1 had made; that turned into a whole school contribution of £800; that turned into £2,250; that became part of the Team £17,000 had made.

- A school was built that will transform the lives of those young people, giving them hope and choice.
- A water tank was built providing clean water for a family.
- A goat shed was built providing milk for a family and giving them a future source of income.
- As part of the continuing health care programme we provided worming and malaria testing.
- We provided health care to a Leper community that had no medical provision

It is hoped that continuing links will be forged with GoMAD in Tanzania so that members of the Sleaford Joint Sixth Form can experience working with a charity in one of the poorest parts of the world. This could be part of a GAP year or as part of summer work during school holidays. More details will follow in due course".

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## Fundraising and the Community Spirit at Carre's



Mr Wright, Mr Green, Dr Simmons, Mr Newell, Mr Law, Mr Wilson, Mr Holland, Mr Offer and Mr Jones

Congratulations to our Hairy Heroes on raising the wonderful total for Movember of:

**£656.60**



This is the highest amount raised so far by our participants so congratulations! The total raised since the men began supporting this charity in 2013 is **£3,021.46**.



I would like to say a massive **Thank You** to all those who kindly donated to Charity Pranav.

It was an astounding success; everything that was donated will be sent to Sri Lanka and distributed to several different regions. The equipment and clothes will now give many children the opportunity to experience and play sport that they may not have had the chance to do so, letting them experience the pleasure sport can bring.

Many thanks

*Yasmin Martin  
Deputy Head Girl*

\*\*\*\*\*



A non-uniform day for Children in Need raised £789.54

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The sponsored walk raised £12,469.04



\*\*\*\*\*



Christmas Jumper Day for Save the Children raised £246

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We also collected a total of 32 boxes packed with gifts for children for the charity Operation Christmas Child - Samaritan's Purse UK and bags of food for the Sleaford New Life Community Larder

**Thank you**  
to everyone who donated money/gifts/food for these causes.

# Christmas Lunch in The Chill



# Outreach Sports Club

Holiday Sports Coaching



at Northgate Sports Hall

Come and join us for our holiday sporting activities this Spring!

**12th –16th February 2018**

Email: [cgsoutreach@carres.uk](mailto:cgsoutreach@carres.uk) Tel 01529 308746

**Age 5 – 11** 9am-3.30pm

**£15** per day / £60 for the whole week if paid by Friday

**26 January 2018**

*£20 pay on the day*

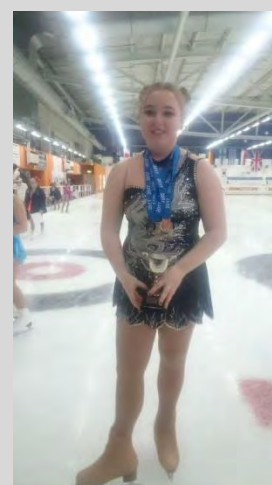
## ICE SKATING



### Lincolnshire Young Disabled Sports Person of the Year Nominee

Carre's Year 12 student, Leah Hall, has recently been shortlisted by Active Lincolnshire for the prestigious award of 'Young Disabled Sportsperson of the Year' at the Lincolnshire Sports Awards. Leah first started figure skating at the age of 8, having gained experience in roller skating and gymnastics prior to this. Leah started to compete in her local club and experienced a great deal of success, with four top 4 finishes. Within three years, Leah had qualified for National-level competitions, completing advanced grades 1-7 and reaching 'National 1'. This enabled Leah to compete at in National-level competitions and 'open' competitions across the country. In Leah's first competition in 2011, Leah finished in 22<sup>nd</sup> position and started to take her interest in the sport further. She soon moved up to 'National 2' and completed half of 'National 3' with the ambition of competing at the national level in the future. In April 2016, Leah was struck by a severe case of Polyarticular Juvenile Idiopathic Arthritis and lost the use of her legs until July 2016, with treatment proving to be ineffective. By the end of July, doctors told Leah that it would be unlikely that she would be able to walk unassisted again.

By September 2016, Leah had started to learn to walk again, despite the pain that she was in. Leah was determined to get back onto the ice and skate again. By December, she had qualified to participate in Inclusive Skating, a national group of skaters with a variety of disabilities varying from epilepsy, cerebral palsy and amputees. This gave Leah the opportunity to skate again and to compete at the International level.



In April 2017, Leah competed in the National Inclusive Skating Championships, held in Glasgow. Leah achieved 2<sup>nd</sup> place in the 'elements' and 1<sup>st</sup> in the 'free programme', enabling her to gain the title of Junior National Runner-Up. Leah's success did not go unnoticed and she was nominated for the category of Young Disabled Sportsperson of the Year at the Lincolnshire Sports Awards in November 2017. Despite not winning the award, Leah was proud to be shortlisted and humbled that her success had been recognised. Leah now has the ambition of attending the National Inclusive Championships in 2018 and participate in the Vail, Colorado International in 2018 as well as returning to Nationals at 'National 3' in the future.



We are extremely proud of the success of our students and Leah is no exception. Her story is an inspiration to us all and we look forward to hearing about her success in the sport in the future. Well done Leah!

## GYMNASTICS

Despite the snow, four students from Carre's Grammar School travelled to Grantham Mere's Leisure centre on Sunday 10 December to compete in the Lincolnshire Schools Gymnastic Competition. In the face of some stiff opposition, all four boys managed to come away with a medal. Max Aslin (Year 8), competing for the first time, took Silver in the Under 13 Level 1 category with a score of 29.4 This medal was matched by Tom Martin (Year 8) who also took Silver in the Under 13 Level 2, pipped at the post by a mere 0.1 by Will Ray (Year 7) securing Gold. Daniel Martin (Year 9) moved up an age group this year and so was pitched against boys three years older than him, but he still managed to take Gold in the Under 16 Level 2 category, achieving an identical score of 30.8 with his brother Tom. The highest score of the whole male competition was Will Ray's 30.9



The boys are going on to compete in the East Midlands round in Stamford in February.

Good luck, lads.



## Under-12 Basketball



The under-12 basketball team has had a mixed year, as their results suggest that they have not performed as well as our other teams in the school. Many of the boys started playing the sport for the first time in September and have been competing against players in other schools who have been club members for years. The boys are improving all the time and will find that they will be increasingly competitive, if they continue to work as hard as they are in training. In total, 19 students have represented the school in the sport, which is fantastic.

### GAME RESULTS

Game Number	Opposition	Score
1	King's School	25-35
2	Nottingham Academy	16-45
3	King's School	24-51
4	Minster School	14-20

The team has played in 4 competitive fixtures and is yet to win their first game. The numbers attending training are very pleasing and the boys are all very keen to improve their individual performances and develop their fundamentals. I have every confidence that they will improve as the year progresses and their first win will be very soon. The team looks forward to competing in the District League in the New Year and will also be competing against Rawlins Academy and Nottingham Academy in the National Schools' League.

## Under-14 Basketball

The under-14 basketball team has had a very promising start to the season, achieving some very pleasing results along the way. In total, 16 students have participated for the team in varying capacities, with numbers taking up the sport growing all the time. Further to this, the students involved are enjoying playing the game and are showing a real determination to improve as performers and qualify for the National Knock-Out rounds in February.



The team lost to Arnold Hill Academy in September by 17 points but has since gone on to achieve some fantastic results. The team outclassed a very strong Nottingham Academy team by 42 points and then secured victory against King's School with a team comprised of only Year 8 students. The team then beat Minster School and St George's Academy (under-16s) by 30 points each respectively.

## GAME RESULTS

Game Number	Opposition	Score
1	Arnold Hill Academy	40-57
2	Nottingham Academy	62-20
3	King's School	29-28
4	Minster School	54-24
5	St George's Academy (under-16s)	49-19

In total, the team has played in 5 competitive fixtures against some very challenging opposition. After narrowly losing to Arnold Hill in their first game, they have gone on to win all four of their subsequent fixtures. The team has also been crowned District Champions, after winning their pool and King's School forfeiting in the District Final. The team now looks forward to meeting the other District Champions in the Lincolnshire Schools' Basketball Finals in January.

## Under-16 Basketball

The under-16 basketball team has had another excellent start to the year, winning all 7 of their games. The season started against Arnold Hill Academy, with Carre's winning by a score of 68-39. Arnold Hill has always been a very challenging opposition in the past, so a positive result is always very pleasing. Elliott Burrell and Nathan Rogers scored 51 of the team's points between them in this game. This was quickly followed up by beating local rivals, King's School, 65-19 and then St George's Academy 95-43. The team's biggest challenge followed against Stamford School under-18s, although the under-16s had no trouble winning the game 84-42.

## GAME RESULTS

Game Number	Opposition	Score
1	Arnold Hill Academy	68-39
2	King's School	65-19
3	St George's Academy (Sleaford)	95-43
4	Stamford School (under-18s)	84-42
5	St George's Academy (Ruskington)	71-26
6	Minster School	69-36
7	Sir William Robertson Academy	97-35



In total, the team has played in 7 competitive fixtures against some very challenging opposition, but maintains their 100% win record, 7&0 as they say in the States. The team has also been crowned District Champions, after winning their pool and beating Sir William Robertson Academy 97-35 in the District Final. The team now looks forward to meeting the other District Champions in the Lincolnshire Schools' Basketball Finals in January.

Further information is available at @CGSbasketball on Twitter.

Jack Edwards, a member of Shotokan Tokon Karate Club, competed in the Japan Karate Association Four Nations Tournament in Crawley, in November. The event attracted competitors of all ages, experience and grades from England, Scotland, Ireland, Norway, Germany, France and Malta of all ages, competing in a variety of events, including kata (patterns) and kumite (sparring).



Unfortunately, Jack went out in the early rounds. It was thought he had broken his foot on another opponent, but it was just very badly bruised/swollen!

The Shotokan Tokon Karate Club trains at Carre's Grammar School every Tuesday between 6.30pm and 7.30pm. Anyone interested in learning traditional Japanese karate, call Sensei Mick Lowe on 07721 641023.



Kieran Fowler became individual Boys Middle weight British Champion 2017 - November 2017 and took a bronze with junior Team England in the international category.

## Cricket World Record Attempt

In November, Northgate Sports Hall was host to a 72 hour Cricket World Record attempt for the longest individual cricket net. Three members of Billingham Cricket club were raising money for the Lincolnshire and Nottinghamshire Air Ambulance by endeavouring to break the current record of 50hrs 4 mins 51 secs, set two years ago by Virag Mare in India.

The attempt commenced at 9am on Thursday 23 November. They batted in three nets alongside each other, with deliveries from bowling machines and also Carre's and St George's students. They finished the marathon at 9am on Sunday 26 November, smashing the current record by over 20 hours.

The footage has now been submitted for verification by Guinness World Records and the result will be known within 3 months. Altogether they raised a total of £6,000 for their charity.



Shaun Brown, Dave Newman and Richard Wells after completing the challenge.

# Messages

## Unplanned Absences from School

If your son/daughter is absent from school for any reason, please contact the school office or email [enquiries@carres.uk](mailto:enquiries@carres.uk).

## Planned Absences from School

Planned absences e.g. for funerals, family events, sporting activities etc should be notified to school via a leave of absence request form. This ensures the school is aware of any planned absences and means parents don't receive phone calls to check on absences, at what could be a sensitive time.

[www.carres.uk](http://www.carres.uk) - Parents/Forms/Leave of Absence Request

## Contact Details

If you move house or change your contact details/telephone numbers, please inform the office so that our records can be updated.



## PE Kit and School Property

These pictures show just a small selection of the many items of unnamed belongings that went into the lost property amnesty in December, which included coats, complete PE kits, ties, trainers,



football boots, trousers, jumpers and at least a dozen red polo shirts.



Please could we ask that all PE kit and school clothing/property is clearly labelled. Thank you.

## ParentPay - [www.parentpay.com](http://www.parentpay.com)

ParentPay is the online payment system used at Carre's which allows parents to pay quickly and securely for school meals and trips.

Simply top-up your ParentPay account online by debit or credit card or in cash through PayPoint stores. We also accept cash or cheques in the school office to top up students' accounts.

## Get important alerts by text or email

You can receive low balance reminders by text or email through ParentPay.

**Easy to set up** - select to receive free emails or buy a text bundle to receive SMS alerts straight to your phone.

**Choose your alerts** - receive automated balance alerts and notifications when there are new items to pay for online.

**Contact details are safe** - ParentPay verify email addresses and check mobile numbers by sending a PIN from your ParentPay account.

**Cost effective** - emails are free to receive and text message bundles can be bought online within your ParentPay account.

## School Website

Most letters sent to parents are also available to view on our website. Follow the link [www.carres.uk](http://www.carres.uk) - Parents - Letters.

## Breakfast

Please ensure that your son/daughter has something to eat before school in the morning. There have been several incidents of students fainting/feeling very light headed during morning lessons, who haven't eaten anything that day.



## Emergency School Closure

As we are into the winter season we would to remind parents of the arrangements for emergency school closure.

As a matter of policy the school will make every effort to remain open. However, severe weather can sometimes lead to transport problems which make it impossible for the school to function normally. In the unlikely event that the school will be closed, a notice will be posted on the front page of our website at [www.carres.uk](http://www.carres.uk) by 7.30 am. Information will also be posted on the Lincolnshire County Council website and the information will be broadcast on BBC Radio Lincs and Lincs FM.

The school has the facility to send text messages to inform parents of the school's closure. We will endeavour to notify all parents by text as soon as a decision has been made to close the school.

## Free School Meals

Parents do not have to pay for school lunches if they receive any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit\* and have an annual household income (as assessed by HM Revenue & Customs) that does not exceed £16,190
- Universal Credit

\*unless in the Working Tax Credit 'run on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit.

Students who receive any of the qualifying benefits listed above in their own right are also eligible to receive free school meals.

### What if my circumstances change?

You should notify the school:

- if you start work and come off benefits
- if you change address
- if your child changes school

### How to apply

If you would like to apply for Free School Meals please complete the registration form available from the school office or via the school website. The person who is in receipt of the qualifying benefit will need to complete the form and you will be asked to complete your full name, date of birth and National Insurance number. If appropriate, it is recommended that both parents' information is provided.

Thank you



## **CARRE'S GRAMMAR SCHOOL DATES FOR 2018/2019**

**Term 1** Tuesday 4 September 2018\* to Thursday 18 October 2018

**Term 2** Monday 29 October 2018 to Thursday 20 December 2018

**Term 3** Monday 7 January 2019 to Friday 15 February 2019

**Term 4** Monday 25 February 2019 to Friday 5 April 2019

**Term 5** Tuesday 23 April 2019 to Friday 24 May 2019

**Term 6** Monday 3 June 2019 to Friday 19 July 2019

\*students in Years 7, 12 and 13 will return on Tuesday 4 September and students in Years 8, 9, 10 and 11 will return on Wednesday 5 September

### **BANK HOLIDAYS**

Tuesday 25 December 2018  
Wednesday 26 December 2018  
Tuesday 1 January 2019  
Friday 19 April 2019  
Monday 22 April 2019  
Monday 6 May 2019  
Monday 27 May 2019

### **SCHOOL CLOSED FOR STAFF TRAINING DAYS**

Monday 3 September 2018  
Friday 19 October 2018  
Friday 23 November 2018

**These dates have been agreed by all three Sleaford secondary schools**





I am working on the sixth series of Child Genius for Channel 4 and looking for gifted children in Years 7 and 8 (and their families) to take part. Currently I am seeking applications for the next series and would love to hear from the parents of gifted and talented children who may be interested.

Additionally one of the last weekends in January we will be holding a Mensa backed Open Day and we are keen to speak to parents who might be interested in registering their child/children for this whole day event. This is an opportunity for 8-12 year olds to get involved in Mensa Challenges, quick fire quizzes, Strategic puzzles being just a few examples, but also to meet with other families.

Please be assured that there is no obligation to take part in the programme but for anyone potentially interested in hearing more about it can call me direct on 02072419342.

With thanks and kindest regards.

Harsha

