

# **Carre's Grammar School**

# NEWSLETTER

February 2020 www.carres.uk

#### **Useful Dates:**

#### Wednesday 4 March

Year 9 Parents' Consultation Year 8 STEM Day

#### **Thursday 5 March**

World Book Day

#### Friday 6 March

Berlin Trip

Old Carrensians' Association Quiz Sleaford Golf Club 7.30pm

#### Wednesday 11 March

Spring Concert - 'Teenage Years'

#### Friday 13 March

Big Bang Fair – Year 7

#### Thursday 19 March

Year 8 Parents' Consultation

#### Thursday 2 April

Year 7 Parents' Consultation

End of Term - Friday 3 April

Start of Term 4 - Monday 20 April

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6 Students - September 2020

#### Foreword by Mr Law, Headteacher

Welcome back to everyone after the recent break. I hope it has given our older students time to press on with revision for forthcoming exams, whilst allowing others the chance to rest and re-charge batteries.

The big issue that we have faced and are facing upon our return to school is the coronavirus and the potential impact not just on schools, but across the globe. The Health Secretary, Matt Hancock, has urged schools not to overreact to the coronavirus as he attempts to quell panic closures, and he has updated MPs with the following: 'If anyone has been in contact with a suspected case in a childcare or an educational setting, no special measures are required while test results are awaited. There is no need to close the school or send other students or staff home'.

Public Health England (PHE) also insisted that it is not advising schools to close to help stem the spread of coronavirus. Despite this, at least 15 schools across the country have closed and more than 20 have sent students or staff into isolation, to date. We have received advice daily from the Department for Education, but until today it has been a little confusing and contradictory. As a Headteacher I shall admit that I am not an expert in public health or infection control, and nor are my colleagues, so I was pleased that we have at last been offered some very clear advice, which you can access following the link below:

https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19/guidance-to-educational-settings-about-covid-19

If the situation for our school should change I would, of course, let you know.

N M Law



# Sleaford Joint Sixth Form Students Celebrate Oxbridge Success

Five students from the Sleaford Joint Sixth Form, where students have the opportunity to study their chosen subjects at Carre's Grammar School, Kesteven and Sleaford High School and St George's Academy, have heard that they have conditional offers for the Universities of Cambridge and Oxford.

The students, who had to go through an intensive selection process which included written assessments and interviews, are (from left to right of the photograph):

Joseph, Carre's Grammar School, Law Oxford University. Ellis, Carre's Grammar School, Engineering Cambridge University. Lucy, Kesteven and Sleaford High School, Veterinary Medicine Cambridge University. Priya Rose, Carre's Grammar School, History and Politics Oxford University. Benson, St George's Academy Modern and Medieval Languages Cambridge University.



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Mr Law meets Dr Caroline Johnson, MP



# **Holocaust Memorial Day**

On Friday 24 January, along with more than 30,000 other students, Year 10 and 11 students took part in a live webcast from the Holocaust Educational Trust to commemorate *Holocaust Memorial Day* listening to the testimony of a survivor of Auschwitz. The International Holocaust Memorial Day on 27 January remembers the six million Jews murdered during the Holocaust, and the millions of people killed under Nazi Persecution and in genocides in Cambodia, Rwanda, Bosnia and Darfur and marks the anniversary of the liberation of Auschwitz-Birkenau, the largest Nazi death camp.

Further information can be found here: <a href="https://www.hmd.org.uk/">https://www.hmd.org.uk/</a>

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# 11+ Information Evenings

Over 200 people attended the 11+ Information Evening hosted at Carre's on Wednesday 22 January. The event was for parents, and their sons/daughters, who are in Year 5 and looking to join the Sleaford grammar schools next September.

Executive Headteacher, Nick Law, and Head of School for Kesteven and Sleaford High School, Josephine Smith, spoke about:

What the tests entail
Format of the tests
How standardisation works
How the selection process works
What support parents can provide at home
Support materials available
What if there are problems on the test day?
The Appeals process

Two other events had taken place earlier in the week at Heckington Primary School and Cranwell Primary School. We hope that with the information provided, the children will be inspired to do well in the 11+ and will be joining our schools next year.







Two teams took part in the *English Speaking Union* public speaking competition recently and are through to the next round in Lincoln. They were: Toby, Henry, Elliot, Hugh, Ed and Harry. Harry won best Speaker and Ed won best Chair.





# Year 9 Curriculum Evening



Until now all subjects have been compulsory but in Key Stage 4, students will be able to choose four optional subjects.

The Options Booklet details the structure of the curriculum in Years 10 and 11, with information on all the subjects that are on offer. This is an important document and I hope it will make the options clear. The KS4 Options/Curriculum Evening took place on Wednesday 29 January. It was an opportunity for boys and their parents to speak to the teachers concerned in detail

about the option courses available and what they will entail. More general careers advice was also available.

Mr Andrew Wilkinson Assistant Headteacher













## Year 7 Book Reviews

#### A Tale Dark and Grimm - Review by Zack



In the twisted version of Grimm's classic, Hansel and Gretel, Prince Hansel and Queen Gretel venture from their royal family. They fight dragons, defeat warlocks and journey through mystical forests in search of good parents (ones that don't try to kill them). But will they ever find good parents?

This book is a tremendous adventure story with funny comments from the author as the story goes along. I would definitely recommend to those who like a gruesome thriller, where one big question floats in your mind. Personally, I like the book because of the great layout of the story and the comical comments from the author (Adam Gidwitz). One comment the author repeats several times is he says "The End" and then on the very next page it says "Nearly". I would confidently say this is one of my favourite books.

#### Alex Rider: Scorpia - Review by Jake

Set in Britain 2015, Anthony Horowitz wrote a new book carrying on from the series of Alex Rider.

Working for MI6 for nearly two years now, Alex Rider has been sent on another task. His mission is to go to the Scorpia headquarters to find the secrets about the company and the manager Thomas Blake. Bear in mind, Alex Rider is a 14-year-old boy

with potential future and still a childhood ahead of him. Alex's background is quite deep with losing some close family members.

Conveniently, Alex's school have planned a school trip to have a tour around Scorpia, to find out about the different substances they have. The next day would be the day of the trip. Alex's friends have known about Alex working for MI6 for a couple months now. Alex's plan is to sneak off during the trip and find Thomas. Moments later a shot gets fired......BANG!

Overall, I believe that this book is amazing and so is the rest of the series by Anthony Horowitz has done. This book is full of adrenaline and is really action-packed

I would recommend this book to people who are 9 years or older because there is some interesting vocabulary that younger people might not understand.

My favourite part was the ending.





# ULTIMATE FOOTBALL HEROES - SILVA – Review by Elod

THIS BOOK IS ALL ABOUT HOW DAVID SILVA, THE ONE AND ONLY, BECAME A FOOTBALL MAGICIAN.

IT ALL STARTS IN HIS HOME TOWN OF ARGUINEGUIN IN THE SCORCHING CANARY ISLANDS. WHEN THIS BOY WAS LITTLE HE LIVED IN THE CANARY ISLANDS WITH HIS FAMILY HE OFTEN PLAYED FOOTBALL OUT ON ITS BEAUTIFUL BEACHES OR ON ITS STONEY STREETS WITH A CLOTH BALL

AND DIFFERENT KINDS OF FRUITS LIKE ORANGES.

DAVID IS A HUGE TALENT BUT PROBLEM IS NO ONE RECOGNIZES IT UNTIL ONE DAY WHEN HE IS NEARLY 14 HE GETS SCOUTED FOR ONE OF THE BEST TEAMS IN THE COUNTRY OF SPAIN, BUT ITS REALLY FAR FROM HIS HOME SHOULD HE STAY OR SHOULD HE GO.

THE MAIN CHARACTER WAS DAVID SILVA AS HE IS THE MOST FEATURED AND FOCUSED ON AS WELL AS HIS FRIENDS ARE OFTEN SPOKEN ABOUT FOR EXAMPLE IN CAPS OR JUST WHEN HE PLAYS FOR HIS TEAM.ALSO IN THIS BOOK IT FEATURES ALL OF THE DIFFERENT TEAMS HE HAD PLAYED FOR, FOR EXAMPLE VALENCIA AND MAN CITY.

MY FAVOURITE MOMENT IN THE STORY WAS WHEN HE WAS FILLED WITH HAPPINESS WHEN THEY WON THE 2010 WORLD CUP.

THIS BOOK IS A REALLY GOOD READ FOR FOOTBALL LOVERS LATER ON IN THE BOOK IT GOES ON ABOUT THE MAN CITY WAY AND THE BEAUTIFUL GAME.

THERE ARE ALSO MANY OTHER BOOKS OF THIS SERIES ABOUT DIFFERENT FOOTBALLERS LIVES WHICH I ALSO REALLY ENJOYED READING.

# A Boy called Christmas Review by Beau

Author: Matt Haig

This book is one of my all-time favourites and trust me I've read a lot of books.

It's a very exciting and emotional book, it's about a boy called Nikolas who was born on Christmas day. His whole life was terrible when the book started his mum was protecting him from a bear and told him to run. He saw his mother die to a significant fall.

Ever since, he has been looked after by his dad Joel, Joel the woodcutter. They are very poor and they live on mushrooms and berry's, but one day when searching for food they came across a bear. This bear seemed rather rememberable and wanted to get closer to see if it was the one, as approaching the bear through the bushes something grabbed him! It was his father and he said 'do you want to get yourself killed.' Then a feathered, grey arrow soared through the air into the bear.

Later that night the door was knocked on three times, making Joel and Nikolas wonder who it could be. So, Joel went to answer it and when he did a big, bulky strong man entered with a bow on his back with feathered grey arrows in a quiver. He said 'Well my boy you are lucky that your father was there.' This made my father feel surprised he'd had never been complemented before. Then the hunt gave Joel a better job to go with Anders (the

hunter) and six more men to find some proof that Elfhelm is real. So, his father accepted and said Nikolas needs to stay behind, little does he know someone follows. Will they make it?

This is more of a book for Christmas but either way I loved it and I hope for more books like this in the future.

#### Skulduggery Pleasant - Review by Ewan

Derek Landy has made lots of amazing and exciting books but I am mostly inspired by the Skulduggery Pleasant series, there are ten books in the series and all of them are action packed. This book review is on Skulduggery Pleasant book 2 which is called playing with fire, if you are seeking for action, mysteries, thrillers and violence this is the book for you.

In this book there are five main characters Skulduggery Pleasant who is a living skeleton, Valkyrie who is a teenage girl with magic powers like Skulduggery. These two are the good guys along with many other people who aren't that important. There are three main bad guys who are described to be 'the deadliest killers alive', their names are Vengous who is the leader, Dusk who is a vampire and Saguine who is a very brutal killer and he is also very strong.

This book is written in third person, the main characters are the same since the start all the way to the end of the book. Each of the events in this book all lead up to each other and they connect really well.

Vengous, Dusk and Saguine are trying to bring back the faceless ones back to reality, these creatures have powers which are out of our world, Vengous needs to find the Grotesquery which will help him bring back the faceless ones, Valkyrie and Skulduggery are the only one that can stop the faceless ones from returning back to reality, they need to find a person called the torment who knows where the Grotesquery is so that Skulduggery and Valkyrie can destroy it. But they have many challenges awaiting them including decisions, violence and traps.

My favourite part in the book was when Skulduggery and Valkyrie had captured someone called Scapergrace who knew where the torment was, he lived underneath a pup which used to belong to Scapergrace but then he lost it in a bet. They walked in and everyone turned around and straightaway they all recognized Scapergrace but because Scapergrace wasn't very popular in his home town everyone wanted to kill him. They all thought it was going to be easy because they thought Skulduggery was to skinny and that Valkyrie was a small young girl the thing was they didn't know what they were both capable of. So, in the end of that part in the book the people in the pup ended up ether dying or they got knocked out.

I would give this book a 10 out of 10 rating.



Thursday 5 March will be World Book Day and as such, we would like to invite your son/daughter to dress up as a book character of their choice. Dressing up is totally voluntary, but should your child not wish to dress up, the day is not designated as a non-uniform day and they will be expected to wear full uniform. We hope that many of the students and staff at Carre's will celebrate reading by choosing to dress up. There will be prizes for the best costumes!



There will also be some competitions in the LRC at lunchtime on the day, as well as a cake sale with all proceeds going to Readathon, a charity which provides books and story tellers for children in hospitals around the UK. Any donations of cakes on the morning of 5 March would be most welcome!

All students in Years 7 - 9 will receive a £1 World Book Day voucher which can be used to purchase one of the special World Book Day books. Alternatively, they can use the voucher towards a book of their choice. Should any older students want a voucher, they are welcome to come to see me at the LRC.



Years 7 and 8 are also being invited to take part in the Usborne sponsored read during World Book Day week. Any money raised will be used to purchase brilliant new books for our students to enjoy. We hope that many students decide to support us and read as much as they can. There will be prizes for those students that manage to read the most during the week.

We hope that you will encourage your child to participate in some way as it would be fantastic for Carre's to commemorate World Book Day in a memorable way.

Mrs Morrissey LRC Manager

# Drop Everything and Read

Staff and students taking part in DEAR - encouraging everyone to take half an hour out of their day to read a book.













# MUSIC



## Year 7 Debut Night

The evening featured performances from all of our Year 7 students following their Initial Access instrumental lessons on trumpet or trombone. There were some very exciting and lively performances, demonstrating an impressive amount of

progress made in just 6 weeks of lessons.

#### Spring Concert 'Teenage Years'

Carre's Grammar School and Kesteven and Sleaford High School will be holding their annual Spring Concert on Wednesday 11 March at 7pm. The concert will take place in the Main Hall of Carre's Grammar School. This year's concert will follow a theme of 'Teenage Years'. Students will be performing a range of music composed during the 'Teenage Years' of past centuries and the last decade, as well as music inspired by being a teenager! The evening will feature performances from students of all ages including a combined schools' band, instrumental ensembles and vocal ensembles, as well as many solo items. The students are busy preparing performances and they have many exciting ideas!

Tickets are available from the school office at a cost of £1 for children and £3 for adults. Tickets will be available on the door but with limited availability.

Mrs Quinton, Head of Music



Department for Education (@educationgovuk)

We're consulting on the future of music education.

gov.uk/government/new... pic.twitter.com/YwSEr9WKX0
https://www.gov.uk/government/news/new-national-plan-to-shape-the-future-of-music-education

# **Project X**

From September, Year 8 students have been participating in Project X. In small groups, students had to design, manufacture and test a vehicle to travel down a zip wire and drop care packages (i.e. eggs!) to stranded survivors of a plane crash. Interest was very high with five teams competing to take their design to the Project X competition at RAF Waddington. After a tough selection process, the design created by Liam, Charlie and



Harry was chosen to represent Carre's at the final on 21 November. They were joined by representatives from the other teams, James, Ollie, Adrian, Charlie and Lucas, to continue working on their plane and its egg-deployment system.



On the day, the team carried out some test runs and made final adjustments to their aircraft and presented their design to a panel of experts before the grand finale. In between test runs and adjustment, the team also got to experience a range of STEM and RAF-based activities, including piloting drones using virtual reality, trying to fool a police sniffer dog and try on some of the kit a member of the RAF would be required to wear whilst on

deployment.

In the competition runs, the boys' aircraft glided smoothly down the zipline and dropped the first egg very accurately and intact on its target. Unfortunately, a fault with the release mechanism for the second egg meant we did not win, but it was a very well executed run and the boys should be immensely proud of their achievement.



After the amount of effort put in by the other teams, we then ran a second in-house competition in our sports hall for the teams we were not able to take to RAF Waddington. Some more excellent egg-drop runs were carried out and we will certainly be incorporating elements of these designs into next year's competition entry.

The boys did an incredible job and I am immensely proud of their achievements. I look forward to what the current Year 7s produce in November.

Mr Whiting
Head of Physics









# Manchester City Football Tour



On Friday 7 February, 46 students and 5 staff set off to Manchester for a 4-day tour with Manchester City FC. After a good journey we arrived at the City Academy for our first training session. The group were split into three squads and received some very high-quality coaching in the indoor training facility for 90 minutes. One of the best things was being able to wear the City

training kit and practice in the same way that the first team does. Across the three training sessions that we had, we were taught to play the 'City way' and our players were filling the roles of Aguero, De Bruyne and Silva etc.

On the Friday evening, we played three fixtures against Egerton FC from Knutsford, winning two games and drawing one. It was 10.30pm by the time we got to the hotel and the boys definitely enjoyed the curry that was put on at the hotel! The food was very good all weekend which is always important on tour!



The next morning, we went for a stadium tour at the Etihad, this was a great tour and the boys got a real insight into how the stadium operates on matchdays. After that we had a quick walk over the bridge for our second training session. That night though, was the biggest competition of the weekend - 10 pin bowling. Mr Smith was crowned staff champion, much to his delight!



Sunday saw the arrival of Storm Ciara. The opposition, along with most of Manchester (including City) thought that the conditions were too bad to play in. Carre's did not. We had an internal tournament at the magnificent facilities at Manchester University where the yellow team were victorious. Despite the horrendous conditions, the boys had a good time.

As eluded to, the Manchester City versus West Ham game was postponed due to the storm. This meant that we had to find something else to do with our time. Mr Offer and Wilkinson were delighted to go on another stadium tour, this time to the more historical Old Trafford. They kept telling us how the place smelt of silverware etc...

On Sunday evening, the boys really enjoyed competing against each other in the Tech Truck, where twelve at a time could play games such as FIFA in small competitions.

Monday morning was our final training session. The remnants of the storm were still around so playing football was not the easiest task. The boys did well though and all of them felt as though they had improved by the end of the tour.

Unfortunately, the journey home took seven hours instead of three due to an accident on the A1, but even that couldn't take the gloss off of what was a great tour.

Mr Offer, Head of Sport and Trip Leader

#### **UK Langa Township Pre-School Trust**

The **UK Langa Township Pre-School Trust** (LTPT) is nine years old this month. In October 2010 with a group of 30 tourists my wife, Pam, and I visited Dalukhanyo Pre-School in Langa Township, Cape Town. The children sang and danced for us and it was an emotional occasion to find these friendly and joyous young children greeting us, given their poverty-stricken background. That evening, over dinner, Pam and I decided that we could 'do more for those kids than just put money in a cardboard box'. The Trust was established the following February. Now registered with the Charity Commission, this became part of our mission in life. Pam passed away in June 2015 but, marrying Rosina in the Sleaford Registrar's Office in September 2017, the work continues together from our home in Hemel Hempstead.

Focussing for the first seven years especially on Dalukhanyo, in stages progressively we supplied fresh vegetable, tracksuits, fleeces and blankets, first aid kits and ultimately a new three classroom building, security fencing and a modern office and kitchen. By 2017 we were extending our work to the Nomonde Pre-School, for which our current priority is to improve it in the way that Dalukhanyo has been improved. At Nomonde we finance an administrator whose job is to give leadership to pre-schools in Langa. This enabled us last April to extend the weekly vegetable supply to cover another 5 pre-schools. At Nomonde we are entering the third and final year of an infrastructure project which has included a two-classroom building, a water tank and improved gutters, security fencing and improved sanitation and will end with improving the playground. Over the nine years we will have spent around £200,000 on all of this.

So how does this happen? First, nobody within the Trust is paid, no expenses are claimed and there are hardly any overheads. Second, funds arise from donations, including gift aid, and from the profits on events, respectively around 80% and 20%. We estimate that 97% of the available money is spent on the pre-schools. Donors include Cheltenham College, a firm of accountants in Leeds, a health club in London, and over the years an estimated 300 people. The events include jazz concerts, subscription dinners, parties and barbeques. Our income in the first year was £6500 and it has risen progressively to an estimated £38,500 in the current year.

Recently the Board of Trustees discussed LTPT growth possibilities and the analogy of acorns, saplings and oak trees was used. We reckon we have a young oak tree in Hemel Hempstead, we are attached to a powerful oak tree in Cheltenham, and we have a sprouting acorn in Berkshire and another in Suffolk. We would like to plant more! Also, we have 120 Friends on our e-mail list, receiving quarterly newsletters and their support is encouraging. Family and friends, interested in our work, kept on asking me how I found things in Cape Town. Questions were arising about apartheid and its effects, about the post-apartheid rainbow nation and about politics, economy and crime. Frustrated not to know too many of the answers I researched and wrote a book, 'Cape Town Stories: Apartheid its effects and its ending'. I have a small stock left for sale and all proceeds go to the Trust.



A feature of our work is the vulnerability of people in the townships and the imminence of catastrophes. Classrooms have been lost through electrical fault fires, buildings have been damaged by strong winds, shacks have been flooded and have lost their roofs and water and electricity have been cut off. We, 6000 miles away, receive the news and do what we can to help!

Gordon Gaddes, Old Carrensian (May 1952 - July 1955)

Three children in their tracksuits seated on scooter gifts from the Bishop Scot High School in Cape Town's Rondenbosch.

# Contribution to

Community Safety Sponsored by the Police & Crime Commissioner for Lincolnshire

#### Winner: Jem Green, Sleaford

Giving up their weekend evenings to ensure late-night revellers are safe and cared for, the faithful 26 volunteer Sleaford Street Pastors are the backbone to an initiative that ultimately prevents people coming to harm and becoming a victim of crime.

The network of street pastors

are trained volunteers from The Source, a church which provides a significant amount of community activity. Running from 10.30pm through to 3am at weekends throughout the year, the pastors are just one element



They provide practical help and support to people on a night out in the town centre, a safe place to wait, food, water, access to a phone, refuge and safety. Others walk the streets checking on people's welfare. The café also caters for the homeless with sleeping bags, warm clothes and a substantial meal.

This is all work that saves the resources of health agencies and police and has a huge knock on benefit to those who are under the influence of drink or separated from friends.

Mr Jem Green our Director of Finance, Administration and Resources



The monthly bake sales and movie Mondays has raised £105 for the MND Association. Also, Tom Gibbons has been using his baking as part of his DofE and his ongoing commitment to fundraising has earned him his £250 badge now. (Badges are given out at bench mark fundraising stages - £50- £100 - £250 and £500)

Scanning the QR code takes you directly to the BBC news interview with Doddie Weir, Stephen Darby and Rob Burrow - all sportsmen with MND who have are doing great things at the moment to raise awareness and funds.

Ms Theresa Angus, Head of Art



# **Under-18 Basketball County Champions**

The Senior Basketball Team has had another successful season, winning all of their games and beating Stamford School for the second year in a row to become Lincolnshire Schools' County Champions. What makes the success of the team even more impressive is that this year group has now won the County Cup in every year they have been with us at Carre's Grammar School. This is a phenomenal achievement and is a reward for the time and effort that the students have put into developing their playing abilities.

The team successfully won all of their games in Pool A to progress to the County Final in January.

	Opposition	Competition	Date	Result	Score	MVP
1.	Lincoln Minster School	County Cup	11/10/2019	W	76-44	Joel
2.	William Farr School	County Cup	08/11/2019	W	83-16	Xander
3.	De Aston School	County Cup	04/12/2019	W	65-39	Kai
4.	Stamford	County Cup Final	21/01/2020	W	57-55	Nathan



The game started brightly with Carre's working hard defensively and scoring two early baskets from Joel and Nathan, before two quick fouls from Joel led to a replacement being required. Kai entered the game and scored almost instantly to take the score to 8-4. Soon after this, Stamford found their rhythm and finished the quarter leading 18-12. The performance in the second quarter was almost unrecognisable from the first, with Carre's limiting Stamford to only 6 points and led 30-24 at half time. During the second half, Carre's were leading by 12 points at one stage and seemed to take their foot off the gas. The team looked like they were tired and were managing the game, enabling Stamford to take the game to the wire in the final stages. A couple of misplaced passes at 55-50 led to a turnover

and a foul, with Stamford making 3 of the 4 free throws to make it a 2-point game. The team remained composed and ran down the clock to win the County Cup for the 7<sup>th</sup> time in seven years.

Nathan: 22 points (2/6 free throws), Kai: 19 points (9/14 free throws), Xander: 10 points, Joel: 6 points (2/4 free throws).



Kai finds Cameron on the wing to set up a fast break; converted by Joel.



The teams shaking hands at the end of the game.

Over the years, five students have played in the Lincolnshire Schools' County Final in each of the seven years they have been at school. The students are Nathan (captain), Xandar, Cameron and Elliott, while Bobby competed against Carre's for Stamford in the 2019 and 2020 County Finals. Joe represented Carre's in six of his seven years at the school. Year 12 student Kai has also won the County Cup on six occasions, and has the chance of also winning '7 in 7' next year.

The pictures below show the team in Year 8 (left) and Year 11 (right).





For updates on fixtures, results and events, follow us on:

Twitter at @CGSbasketball

Instagram at CGSbasketball23





In January, 11 primary schools brought four pupils each to try water polo at Nocton M.A.C. Leisure. All the students learnt some new skills in playing water polo within the rules of the game. There was some great swimming on show too!

The Outreach Team held the annual U13 Dodgeball event on 5 February in Northgate Sports

Hall. Teams from four different schools attended with the chance to get through to the County Finals in March. Our mixed RCT teams narrowly missed out, coming second and third. This was an opportunity limited to students who hadn't represented their schools in sports events and fixtures, so was fantastic to see some different young people participating. They were also



tasked with picking their own starting six, substitutes and tactics; a real opportunity to show our school values of Respect, Resilience, Resourcefulness and Reflection. Well done to all involved!



From Friday 31 January - Saturday 1 February, the Outreach Team delivered the Female Young Coach/Activator Programme at PGL Caythorpe. Funded by the Youth Sport Trust, the workshops were designed to build coaching skills for girls aged 16-17. The ladies were selected from schools across the county due to their commitment to volunteering or their potential to be a future Tracey Neville, Hope Powell etc. Over the two days, they took part in classroom theory lessons as well as practical



activities and team building sessions, such as the giant swing and climbing wall. They learnt about their own motivations and also the barriers that teenage girls face in sport. The Outreach Team will now support the girls as they return to their schools and deliver female only sessions to Year 7 and 8s. By July, over 120 girls will have received additional opportunities to be active now that



our future coaches are trained up. Poppy Coles represented Carre's and is

looking forward to inspiring more young girls.



On January we held our Year 5/6 Football finals at Sleaford Town Football Club. There were 92 children from ten schools competing, all of which had progressed from their qualifiers. Cranwell were victorious against The William Alvey in the large school final and Digby defeated Caythorpe in the small school final. Digby finished the day without conceding a goal. Both Digby and Cranwell went on to play at

Skegness on 1 February in the county finals.

Within the same week we held KS1 Taekwondo at 4 different cluster schools giving 25 girls and 36 boys the opportunity to experience a new sport. Thank you to Sleaford Taekwondo Club for your support!



On 17 January was our KS1 and KS2 Gymnastics Festival. Children had a great day learning new skills and using equipment they wouldn't normally get the chance to use. A fantastic opportunity for 112 children and great to see so many smiles!

The following week we held the Year 3/4 Rowing Competition at Carre's Fitness Suite. Children completed an individual race and a relay race for their school. Billingborough finished in  $1^{\rm st}$  place, Coningsby  $2^{\rm nd}$  and Browns Horbling  $3^{\rm rd}$ , these were fantastic results with 20 schools entered in total.





Change 4 Life Combat was the next event on 24 January which was held at MAC Leisure at Nocton. The children got to try Judo and Taekwondo whilst also learning the skills which are important in combat sports e.g. agility and strength. This event had 66 children there in total, 34 boys and 32 girls.

Water polo followed on from C4L combat at the same venue. We had 11 teams join us over 3 different sittings and we saw some great games! The event was aimed at letting the children try a new sport which they may not be familiar with and 44 children in total had this opportunity!



Sports Hall Athletics Event - 31 January. Across the day we had a large schools heat and two small school heats. In total 474 children took part in the athletics competition with 237 girls and 237 boys. Cranwell Primary School were winners of the large schools and Leasingham Primary School were small school winners.



On Friday 7 February we held our Goalball and Aqua Splash events. Goalball was hosted at four different venues with 63 children experiencing this opportunity. Aqua Splash was held at Sleaford Leisure Centre and saw 218 children, 109 girls and 109 boys taking part. The Year 3/4 Gold medals went to Leasingham, Silver to The William Alvey and Bronze to St Botolph's. The Year 5/6 Gold medals went to Winthorpe, Silver to Cranwell and Bronze to Leasingham.



Mr Matt Evans
PE and Sport Advisor/School Games Organiser

Miss Emma Hudson Active Schools Co-ordinator

## Reminder of 2020 Dates for Your Diary

(dates are also available on the school calendar on our website)

#### Parents' Consultations

Year 7 Thursday 2 April Year 8 Thursday 19 March Year 9 Wednesday 4 March

#### Internal Examinations

Year 7 - week commencing 22 June
Year 8 - week commencing 22 June
Year 9 - week commencing 16 March
Year 10 - weeks commencing 23 and 30 March
Year 12 - week commencing 27 April
Year 13 - week commencing 24 February

#### **Term Dates**

Term 4 - Monday 24 February to Friday 3 April 2020

Term 5 - Monday 20 April to Friday 22 May 2020

Term 6 – Monday 1 June to Friday 17 July 2020

#### **Bank Holidays**

Friday 8 May 2020

Monday 25 May 2020

#### **Emergency School Closure**

As a matter of policy the school will make every effort to remain open. However, severe weather can sometimes lead to transport problems which make it impossible for the school to function normally. In the unlikely event that the school will be closed, a notice will be posted on the front page of our website at <a href="www.carres.uk">www.carres.uk</a> by 7.30 am. Information will also be posted on the Lincolnshire County Council website and the information will be broadcast on BBC Radio Lincs and Lincs FM.

The school has the facility to send text messages to inform parents of the school's closure. We will endeavour to notify all parents by text as soon as a decision has been made to close the school.

#### **Supporting Students with Medical Conditions**

No child under 16 will be given prescription or non-prescription medicines at school without their parent's written consent. Medicines that are brought into school without written parental consent will be stored in the school office but not administered until written consent is received. Medicines for a child under 16 must be brought into the school by a responsible adult, and not the child.

#### **Unplanned Absences from School**

If your son/daughter is absent from school for any reason, please contact the school office or email enquiries@carres.uk.

#### **Planned Absences from School**

Planned absences e.g. for funerals, family events, sporting activities etc should be notified to school via a leave of absence request form. This ensures the school is aware of any planned absences and means parents don't receive phone calls to check on absences, at what could be a sensitive time. <a href="https://www.carres.uk">www.carres.uk</a> - Parents/Forms/Leave of Absence Request

#### **Cashless Catering**

Cashless catering is in place in the school's Dining Hall ('The Chill'). Please could parents ensure that sufficient funds are uploaded onto ParentPay for their child's lunches. You should be aware that overdrafts are not permitted except in extreme circumstances.

#### Parents' Cars on the School Site

May we remind parents that for safety reasons we do not allow the dropping off of students on the school site after 8am. Similarly, in the afternoons, parents should not bring cars onto the site before 4.30pm.

### Free School Meals

Lincolnshire County Council has a new process to apply for Free School Meals which went 'live' for parents to use on Tuesday 4 September via the following parent portal link:

https://lcc.cloud.servelec-synergy.com/parentportal.

LCC will process eligibility checks for Free School Meals.

#### Is my child eligible?

Your child may be eligible if you are in receipt of one or more of the following qualifying benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
  - Income Support
  - Income-based Jobseeker's Allowance
  - Income-related Employment and Support Allowance
  - Support under Part VI of the Immigration and Asylum Act 1999
    - The guaranteed element of state Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more £16,190)
- Working Tax Credit run-on paid for four weeks after you stop qualifying for Working Tax Credit

Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

#### How to apply

Parents, guardians and carers can apply for free school meals online: https://lcc.cloud.servelec-synergy.com/parentportal. For more information, please call the Lincolnshire County Council Customer Service Centre on 01522 782030 or email -Free School Meals@lincolnshire.gov.uk

# Applying for School Transport for Students Starting Secondary School in September 2020

If your child is starting primary school or transferring to secondary school in September 2020 they may be eligible for school transport. If you think your child is eligible please apply for transport as soon as you have your offer of a school place. Applications can be made online at the website below or a telephone application can be made by contacting the Customer Service Centre on 01522 782020

For more information about the home to school transport policy and online applications please go to <a href="www.lincolnshire.gov.uk/school-college-transport">www.lincolnshire.gov.uk/school-college-transport</a>. Queries can be emailed to <a href="mailto:schooltransportapplications@lincolnshire.gov.uk">schooltransportapplications@lincolnshire.gov.uk</a>.

#### **Whirlpool Washing Machine Recall Programme**

In December 2019, Whirlpool alerted customers to a safety risk concerning certain models of Hotpoint and Indesit washing machines. They are urging owners of appliances purchased since 2014 to contact Whirlpool immediately to check if their washing machine is one of the models affected. Whilst the progress of the product recall is encouraging, Whirlpool knows there is still work to do and are urging all remaining customers who have not yet come forwarded to contact them immediately.

Whirlpool's message to customers remains that you can instantly check if your washing machine is affected by visiting washingmachinerecall.whirlpool.co.uk.

Alternatively, use the freephone hotline 0800 3161442 where an adviser can assist seven days a week.



# **Lincolnshire Parent Carer Forum**

January 2020

Dear SENCo,

#### We need your help please!

We are conducting two **IMPORTANT** bi-annual County wide surveys of how the SEND reforms are progressing, to evidence "The State of SEND in Lincolnshire" in 2020.

#### Survey 1 - parent carers of children with disabilities/SEN

Lincolnshire Parent Carer Forum would be grateful if you could please distribute the white envelopes to each child on your SEND register (each one contains a parental questionnaire).

If you need any more copies please feel free to contact us on 07925 232 466 or photocopy as required.

#### Survey 2 - SENCos

We would also like to hear your views/experiences and have enclosed a SENCo questionnaire for completion. (Data is anonymised so you can express your views frankly).

Electronic versions of both questionnaires are available on our website at www.lincspcf.org.uk.

SENCos may wish to consider that participation in this project may be used as evidence of parental engagement towards any Ofsted Inspection in your setting.

Upon completion and return of the questionnaires, the information will be anonymised and results will be published on our website, circulated to our network and shared with Lincolnshire County Council, NHS Lincolnshire, the Department for Education and the Department of Health.

We will also endeavor to visit each SENCo briefing to outline key results during summer 2020.

As the recognised parent carer forum for Lincolnshire, supported by the Department for Education, our function is outlined in the SEND Code of Practice (2015) as follows:

'Parent Carer Forums are representative local groups of parents and carers of children and young people with disabilities who work alongside local authorities, education, health and other service providers to ensure the services they plan, commission, deliver and monitor meet the needs of children and families'.

Thank you in anticipation of your help.

Yours faithfully,

C.J.Cross

Coralie Cross Chair

LPCF, PO Box 1183 Spalding PE11 9EE ~ Registered Charity 1141060 ~ www.lincspcf.org.uk ~ admin@lincspcf.org.uk



#### Can I foster?

We consider each application on an individual basis so you can be a foster carer regardless of gender, ethnicity, sexual orientation, marital status or religion.

You do need to have a spare bedroom for a foster child or young person to use, and if you smoke (including e-cigarettes) you will not be able to foster a child under the age of

#### Support for foster carers

We offer you a great combination of support and rewards every step of the way on your fostering journey, including a competitive allowance, ongoing training and development, regular support groups, independent advice, an annual BBQ and Christmas party, and respite care.

### Ready to join the family?

You can complete the Initial Expression of Interest form online now at lincolnshire.gov.uk/fostering

Alternatively you can speak to one of our friendly staff or, for fostering brochure by calling our dedicated Recruitment Team on 01522 554114













#### What is fostering?

Fostering is a way of providing a stable family life for children and young people who are unable to live with their birth family. This allows children and young people to thrive in a loving and secure home with their foster and can be for a short or longer period of time.

Whilst fostering is extremely rewarding, the children and young people who live with foster carers come from a diverse range of backgrounds and may display some challenging behaviours depending on their

#### Fostering with your local authority

Children come into care through their local authority. In Lincolnshire we always strive to place children with our carers in-house first. As a local authority carer you'll get more regular placements.

#### Types of fostering

Foster carers may be required to care for a child or young person for a short period of time, perhaps due to a crisis in the child's or young person's birth family, or for longer periods of time where it has been decided that a child or young person can't be safely cared for within their birth family

11/

#### Short-term fostering

#### **Emergency care**

Being an emergency foster carer can be very rewarding. There are infants, children and teenagers all living locally who have a genuine and urgent need to be cared for away from their own homes for a short time

#### Respite care

Respite care is a short-term placement where a child or young person is placed with a foster family to allow birth parents or other foster carers time to recharge their batteries so that they can continue to care for their child. This can be a regular, planned arrangement where a child is cared for once a week or once a month as part of a support plan, or a one-off period of care if a foster carer is unwell or taking a pre-planned break

#### Task centred care

Task centred fostering is used to focus on a particular task for a child. This can involve looking after a child or young person whilst



family difficulties are resolved so they may return home, or decisions are made about their long-term future care and a permanent or adoptive family is identified. Placements may be from two days to two years, and the ages of the children and young people placed range from birth to 18 years.

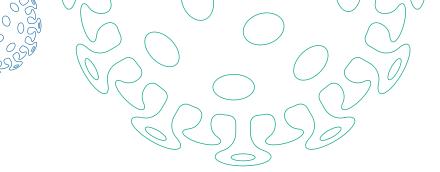
#### Long-term fostering

Some children are not able to return to their birth parents or wider family because it would not be safe for them to do so.

We strongly believe that permanent foster carers should be identified for these children where they can remain until they reach adulthood and beyond.

Permanent fostering requires a high level of commitment because the child may have experienced many moves, abuse and neglect before the decision to find a permanent placement is made





# Advice on the coronavirus for places of education

#### How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

#### How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

## How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it with a tissue



Bin it



Kill it by washing your hands with soap & water or hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks & sport activities



Before cooking & eating



On arrival at any childcare or educational setting



After using

the toilet

Before leaving home



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

## What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings **gov.uk/government/publications/guidance-to-educational-settings-about-covid-19**. Parents can visit **NHS.UK** to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Wuhan and Hubei Province in China should self isolate, and NOT attend education or work for 14 days. See **NHS.UK** for advice on coronavirus.

