

29 June 2017

RB/JB

Dear Parent/Carer

Year 7 PSHE Mornings - Monday 3 July (7BW) and Thursday 6 July (7CL)

During the mornings of 3 and 6 July half of our Year 7 students will be involved in a PSHE morning on each day. There will be three sessions during the course of each morning.

The Department of Education requires schools to provide students with information on personal relationships and personal safety that will enable them to make informed choices and thus safeguard their personal well-being. At Carre's we seek to deliver a valuable and coherent Sex and Relationship Education programme that provides students with age appropriate information, explores attitudes and values, and develops skills in order to empower them to make positive decisions and choices in their relationships and social activities. This will take place with consideration of the qualities of relationships within families or between individuals. Parents and carers, of course, might wish to support these sessions with their own discussions at home.

We are currently using material produced by Channel 4, a series of video diaries that explore key themes surrounding personal relationships. In Year 7 there are two sessions: Just Good Friends and Dating. In these sessions we will explore the nature of platonic friendship with members of the opposite sex as well as what are the characteristics of a positive boyfriend/girlfriend relationship. We also consider the pressures young people may face when embarking on dating and the importance of not being pressured into interactions they might not be comfortable with. I have reviewed the material we will be using and believe that it presents information that is age-appropriate and consistent with current health and education policy.

Parents have the right to withdraw their son from sessions that address sexual behaviour and relationships. Any parent wishing to exercise this right should in the first instance contact me at school.

The third session will focus on Personal Identity. In this session we will be exploring what shapes our identity as individuals and what diversity looks like in a 21st century society. In Year 7 our aim is to "open the discussion" rather than go into in depth exploration on such issues as sexual and gender identity; racism; religious or faith identity and radicalisation. We want our young people to be both confident in their own identity and to be able to understand and respect how others might arrive at a different identity. We would hope that your discussions at home will also support their exploration of these key issues.

Yours faithfully

A handwritten signature in black ink, appearing to read 'RB Brooks', written in a cursive style.

Rosemary Brooks

Designated Lead for Safeguarding and SRE Coordinator