

26 September 2017

Dear Parent/Carer

**Amy Winehouse Foundation Resilience Programme**

As part of our responsibility for safeguarding we educate students about the effects on the mind and body of different categories of drugs. We have therefore arranged the delivery of the Amy Winehouse Foundation Resilience Programme during the week beginning 2 October 2017. This preventative programme of drug and alcohol education is part of our on-going commitment to ensuring the good health and wellbeing of all students in our school. It will help us to ensure that students are aware of the risks associated with drug or alcohol misuse and understand some of the underlying factors that can contribute problems developing e.g. risky behaviour, peer pressure.

With funding support from the BIG Lottery Fund for the next five years, the Resilience Programme is delivered through a partnership between the Amy Winehouse Foundation and Addaction, a leading charity providing substance misuse services for young people.

Students from Years 8-13 will attend tailored assemblies and workshops throughout the week that will be facilitated by specialist staff and a team of highly trained volunteers in recovery. These volunteers are individuals who have in the past experienced and overcome their own problems with drugs or alcohol. They will be supported to share some of these experiences with students, in order that they can increase awareness and understanding of the negative consequences of substance misuse. This will help them to make more informed choices around their own well-being.

Staff training has already taken to place to help equip staff and increase their knowledge of drugs and alcohol related issues and to help communicate with and support young people regarding these issues. There will also be a Resilience Programme Parents' Evening on Tuesday 10 October, 6pm - 7.30pm. To enable us to prepare adequate seating, we would be grateful if you would complete and return the reply slip attached to the Main School Office by Friday 6 October.

I do hope you will be able to attend the Parents' Evening and if you would like to find out more information or have any further questions, please contact the school.

Yours faithfully



**Matthew Wilson**  
Pastoral Leader Years 7-11

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**Please return to: school office, Carre's Grammar School by Friday 6 October**

**Drug Awareness Day – Tuesday 10 October 2017**

Student's name: \_\_\_\_\_ Form: \_\_\_\_\_

I would like to reserve \_\_\_\_\_ seats for the Drug Awareness session on Tuesday 10 October 2017.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_