

20 May 2019

JL/DF

Dear Parent/Carer

Relationships and Sex Education (RSE)

Next term your son's year group will receive part of the school's programme of Relationships and Sex Education. This year we will be using age-appropriate resources developed by Medway Public Health Directorate in collaboration with the PSHE Association. The sessions will be delivered by members of our own staff including Heads of Year.

Key Stage 3 lessons begin with themes such as puberty and healthy relationships and go on to include relationship values and expectations, parenthood, consent, sexual diversity, sexual health and contraception as detailed below:

Year Group	Form Groups	Date	Times	Themes
Year 7	B and W	Wednesday 5 June	1.35-3.40pm	Puberty Healthy Relationships Introducing Consent
	C and L	Friday 7 June	1.35-3.40pm	
Year 8	B and W	Wednesday 5 June	9.10 – 11.15am	Sexual Orientation and Gender Identity Relationship Values Capacity to Consent Introduction to Contraception Parenting
	C and L	Friday 7 June	9.10 – 11.15am	
Year 9*	B and W	Monday 8 July	9.10 – 11.15am 1.35-3.40pm	Beginning Relationships Capacity to consent Preventing STIs Contraception and Condom Negotiation Unplanned Pregnancy and Pregnancy
	C and L	Wednesday 10 July	9.10 – 11.15am 1.35-3.40pm	

*Year 9 students will also have 1-hour sessions on both First Aid and Mental Health First Aid.

Students will be asked to complete a very brief, anonymous questionnaire before and after the sessions so we may begin to gauge the anticipated increase in confidence in their knowledge.

Statutory requirements/withdrawal from RSE

Under Section 241 of the Education Act 1993 parents have the right to withdraw their children from any or all parts of the school's programme of relationships and sex education. The only exceptions to this are the biological aspects of human growth and reproduction that are essential elements of the science curriculum.

Requests for withdrawal should be put in writing and addressed to the Headteacher. In the first instance we would encourage you to contact your son's Head of Year.

Yours faithfully



Mrs J Livsey
PSHEC/RSE Co-ordinator