

Dear Parent/Carer

The staff and students continue to show remarkable resilience at Carre's and it is testimony to everyone that we are able to work harmoniously in what feels like being far normal circumstances. As staff we recognise the strain that young people can be under, but also that adults, too, have many things with which to cope. We are working with Shaw Mind, a mental health charity that provides specific support for people in education (as well as in other spheres) to raise awareness with colleagues. On the Shaw Mind website there is a large library of PDF guides that are freely available for people to download, and it might be worthwhile having a look at these as sometimes adults forget about their own mental health whilst looking after that of others:

<https://shawmind.org/our-mental-health-guides/>

We are also working with students to help support them since we have returned to school and if you have any concerns please contact the appropriate Head of Year.

Wear Red Day

Friday 16 October is Show Racism The Red Card's annual *Wear Red Day* in aid of raising funds and awareness to support anti-racism education. This is something that we are working on with all members of our community and you should be aware that all staff have undertaken training in this area recently. Students will be having workshops with this group later in the year. If you are not already familiar with the charity you can find out more about it by looking at their website: <https://www.theredcard.org/>. Students should wear something red on the day – they do not have to wear school uniform but can if they wish, supplemented by something red and donate £1 in advance via ParentPay, with this procedure:

- Payment can be made from Wednesday 14 October to Monday 19 October
- *Log in to ParentPay**
- *Click 'Pay for items' tab*
- *Edit the amount (if applicable) on the appropriate service and 'add to basket'*
- *Go to checkout and then follow payment procedure*

*If you have yet to activate your account please contact the Main Office for login details.

The Wear Red Day will also provide opportunities for students to take part in activities and to donate small amounts in cash. We hope parents will join in, in their place of work or at home!

Appropriate Clothing

The weather is now definitely more autumnal but we still have to ensure ventilation in the classrooms which means that whilst the heating is on, we have to leave windows open. It would be prudent, therefore, for students to have warm clothing, which conforms to the school uniform code, of course, which would mean black V-neck jumpers; so, no round neck jumpers, no jumpers or sweatshirts of a different colour other than black and no hoodies under blazers. Similarly, students are outside at breaktimes so a coat is a useful addition to their attire. We keep the policy of being outside at breaktime under constant review, as we do with all of our current measures, and please be assured that when the weather is inclement students will move indoors.

Students in town and on the buses

This is a recurring message, I am afraid. Whilst our students are very good at adhering to the measures within the school environment we continue to have reports of students not being mindful of the social distancing and bubbles outside of the school. Once away from the school it is the student's responsibility to self-regulate and remember that they should not be in a group of more than six. Could I respectfully request that you have this conversation with your son/daughter and that they are mindful of the sensibilities of other people in town. Similarly, the LCC has asked us to remind all students who use school or public transport that they should put on face coverings before boarding the transport and keep it on for the duration of the journey.

Sleaford Neighbourhood Plan

A working group consisting of both Town Councillors and community representatives are tasked with developing a neighbourhood plan for Sleaford ensuring the views of local people are at its core.

Neighbourhood plans are very much a plan for the community undertaken by the community and carry real weight when planning decisions are made at District Council level.

The first opportunity to have your say is to take part in a short survey that will enable the group to begin to understand the issues, challenges and most importantly what people value about Sleaford. If you would like to find out more, the plan can be found at:

www.sleafordneighbourhoodplan.co.uk

The survey is at:

<https://www.surveymonkey.co.uk/r/Sleashort>

N M Law
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