



The Robert Carre Trust

Nutritional Standards Policy

Purpose

The Trustees are responsible for the provision of school food. They play a crucial role in creating and embedding a great school food culture. It is a statutory responsibility of the Trustees to consider whether the School Food Standards are being met and Ofsted is putting much greater focus on how schools are creating a culture and ethos of healthy eating.

DfE advises that a great school food culture and eating the right balance of healthy, tasty food helps children to learn and develop.

The Trustees will ensure that food provided in the schools, and advice given to the students, promote a healthy lifestyle.

Roles and responsibilities

The Executive Headteacher will ensure that:

- Information is made available on the revised standards for school food which came into force on 1 January 2015 and set out in the requirements for School Food Regulations 2014.
- Lunch provision at Trust Schools and any others supplied by the RCT Catering operation comply with these School Food Regulations.
- The provision of food served at break times contributes to compliance with the School Food Regulations 2014'
- Students have information supplied to them enabling them to make informed choices.
- Agreed standards for free school meals are implemented.
- Content, cost and provision of meals are monitored.
- Special dietary needs of children and staff are catered for.

All staff are expected to promote healthy eating in accordance with school guidance.

The Trustees will:

- Ensure that Lunch provision at Trust Schools and any others supplied by the RCT Catering operation complies with these School Food Regulations 2014.
- Establish standards for free school meals and monitor their content, cost and provision.
- Ensure that a Governor from each of the Trust's schools is appointed as Link Governor for catering and school meals.

Monitoring and evaluation

- The Trustees will receive annual reports from the Operations Manager (Robert Carre Trust) on the extent to which lunch and break provision conform to School Food Regulations 2014 in terms of content, cost and provision, and the number of students receiving free school meals.
- Surveys of students and parents will be undertaken at regular intervals to establish level of satisfaction with the quality of the meals offered.

Reviewed by Personnel & Welfare Committee on 12 July 2016

Ratified by the Board on 18 July 2016 with amendments ratified 14 September 2016

Next Review Due July 2019 (3 years)